

Good Ideas

In September, President William J. Clinton signed into law an amendment to the *United States Code* that allows nonprofit agencies, including government services, to produce special-format books and magazines without first obtaining permission from the copyright holder.

Previously copyright permission usually had to be requested individually for each book selected for production, which often resulted in delay in getting material to readers. This measure will enable the National Library Service to initiate production of braille and recorded books sooner and therefore get books to readers more quickly.



Ohio Technology Related Assistance Information Network (Ohio TRAIN) and the Fifth Third Bank of Columbus, Ohio have teamed up to provide low-interest loans to purchase assistive technology for people with disabilities. Loans ranging from \$1,000 to \$10,000 can be used to purchase any type of equipment, product, or system used by a person with a disability to perform one or more major life activities such as walking, seeing, hearing, speaking, breathing, learning, or working.

Current interest rates on the loans through Fifth Third Bank are fixed at 5.5 percent, which is below market rates. There will be no loan origination fees and no minimum income requirements. Applicants must demonstrate their ability to pay back the loans. As loans are repaid, funds will be available to lend to others. The program, which officially began May 1, is open to any resident of Ohio with a disability. Contact Ohio TRAIN at 800/784-3425 voice/TTY.



In response to a Pennsylvania Department of Health study of service delivery which indicated that most families (and many providers) were unaware of programs available to families of children with

special healthcare needs, The **Special Kids Network** was developed to help coordinate, link, and make sense of the myriad of services and systems that already exist. Incoming calls are automatically referred to one of six regional offices. Call 800/986-4550.



The Access Board has printed nearly 8,000 copies of the *ADAAG Review Advisory Committee Report* which is a set of recommendations from the advisory committee to the U.S. Access Board but is not part of any rule-making. Changes to ADAAG are still a long way off, but to analyze the committee's report which takes a comprehensive look at the guidelines and recommends a number of changes, call the Access Board's publication hotline at 202/272-5434 and press (1) for publications, then (1) again. Request publication number S-29, the *ADAAG Review Advisory Committee Report*. Allow several weeks for delivery. Multiple copies are available for three dollars each.

For more information about ...

... The Seventh Edition of the **Resource Guide — Products and Services for Incontinence** is now available with an annual \$15 membership in the National Association for Continence, call 800/BLADDER.

... **The Asia Pacific Disability Rehabilitation Journal**, contact: Dr. Maya Thomas, Editor, J-124, Ushas Apartments, 16th Main, 4th Block, Jayanagar, Bangalore - 560 011, Karnataka, India, 91-0-6633762, or 91-80-6638045 FAX.

... **ABLED!**, a newsletter for "Active, Beautiful, Loving, Exquisite, Disabled Women," contact editor Andrea Lynn Troncalli, M.Ed. or assistant editors Peg Nosek and Deanna Roy at 12211 Fondren, Suite 703, Houston, Texas 77035, 713/726-1132.

... **Point of Departure**, a free newsletter designed for parents, advocates, educators, and profes-

sionals working with transition age students with disabilities, contact: TATRA Project at PACER Center, 4826 Chicago Ave. S., Minneapolis, Minnesota 55417, 612/827-2966, 612/827-3065 Voice/TTY, 612/827-3065 FAX, or mnpacer@edu.gte.net.

... The **National Myositis Association**, a national support group for myositis, contact Karan L. Zopatti, President, at 7720 B El Camino Real, Suite 367, Rancho La Costa, California 92009, 800/230-0441.

... The **Candlelighters Childhood Cancer Foundation**, an international parent support network, contact John W. Farrell, President, at 7910 Woodmont Avenue, Suite 460, Bethesda, Maryland 20814-3015, 301/657-8401; 800/366-2223, or 301/718-2686 FAX.

... The National Mental Health Services **Knowledge Exchange Network (KEN)**, a one-stop source of information and resources on mental health, call 800/789-2647 or contact <http://www.mentalhealth.org>.

... **Wheelchair Access**, a nonprofit organization committed to helping people with disabilities buy, sell, or rent wheelchair-accessible homes, contact Frank Gomez, P.O. Box 12, Glenmoore, Pennsylvania 19343, 610/942-3266, 610/942-0282 FAX, or www.inet-usa.com/wca/.

... the introduction of the **Community Attendant Services Act (CASA)** early in the 105th Congress, designed to provide equal access to home- and community-based services for the elderly and people with disabilities, contact ADAPT's Mark Johnson, Shepherd Spinal Center, 2020 Peachtree Road, NW, Atlanta, Georgia 30309, 404/350-7490.

... **Brain Awareness Week** — March 17-23, 1997, contact The Dana Alliance for Brain Initiatives Campaign at 301/657-9197, 301/907-0990 FAX, fharper@danay.dana.org, or www.dana.org/brainweek.

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Travel Tips

Travel for the Patient with Chronic Obstructive

Pulmonary Disease by Harold M. Silver, MD (Second Edition, 40 pages) is available for \$5.00 prepaid. Contact: Dr. Harold M. Silver, 8029 Herb Farm Drive, Bethesda, Maryland 20817-1309.



For a copy of Northwest Airlines' **Air Travel for People with Disabilities** brochure (GS0004), mail your request to: Northwest Airlines Distribution Center, 8711 Lyndale Avenue South, Minneapolis, Minnesota 55420-0073; 800/225-2525; 800/447-4747 international. The brochure is also available in braille/large print (GS005) and on audiocassette (GS006).



Wilderness Inquiry is offering **canoeing in the Florida Everglades.**

These six-day trips are offered January through May for \$645. For more details, contact: Wilderness Inquiry, 1313 Fifth Street SE, Box 84, Minneapolis, Minnesota 55414-1546; 800/728-0719; 612/379-5972 FAX.



For details on Denali Adventures, Prince William Sound, Kenai Peninsula, and **other sights and sounds of Alaska**, contact: Accessible Alaska Adventures, P.O. Box 91333, Anchorage, Alaska 99509-1333, 800/349-6301 (voice/TTY); 907/344-3259 FAX; 73540.2713@compuserve.com, or <http://alaskan.com/vendors/welcome.html>.



The Centers for Disease Control and Prevention (CDC) operates the **CDC Fax Information Service**, designed to help callers retrieve health information easily and quickly. This service is available 24 hours a day, year round. For documents you need for international travel contact 404/332-4565 and follow the prompts, or <http://www.cdc.gov> and choose Traveler's Health.

Publications

Surgery Electives: What to Know Before the Doctor

Operates, a guide for those considering elective surgery by John McCabe is expanded and completely revised. This second edition (ISBN 1-884702-22-8) is available through mail order by sending a check for \$19.95 plus \$3 postage (CA residents add \$1.65 tax) to Carmania Books, P.O. Box 1272, Santa Monica, CA 90406-1272. For more information, e-mail: CarmaniaBk@aol.com.

Rehabilitation Technology in Community Based Rehabilitation: A Compendium

is an instrument for locating information on the many aspects of rehabilitation. The compendium includes an annotated bibliography and 316 references in a coil-bound, softcover edition (\$29.95); or disk (\$24.95). Contact: The Compendium, School of Rehabilitation Therapy, Queen's University, Kingston, Ontario, Canada, K7L 3N6; 613/545-6776 FAX; or Olneys@qucdn.queensu.ca.

The Americans with Disabilities Act/ ADA Guide for Small Businesses

is available from the U.S. Department of Justice by calling their ADA Information Line: 800/514-0301, 800/514-0383 (TDD). Follow the instructions (essentially press 1, then 5, then 3) and leave your name and address. Internet access: <http://www.usdoj.gov/crt/ada/adahoml.htm>.

Program Development Associates, a distributor and producer of disability-related resources has released its new **1997 Disability Resource Catalog** which includes board games, videos, CD-ROMs, books, and computer software. The catalog contains 80 resources ranging in price from \$29.99 to \$429.00. A free copy is available by writing to PDA Catalog, 5620 Business Avenue, Suite B, Cicero, New York 13039, or calling 800/543-2119 from 9 am to 5 pm EST.

America's Telability Media (Second Edition; 1996-97) is a directory of mass media for persons with disabilities, listing more than 760 entries. The directory is available in

two convenient formats: print or diskette (WordPerfect 5.1) for \$40 per copy or \$75 per set. Contact: Charlie Winston, Editor, Telability Media, P.O. Box 1488, Columbia, Missouri 65205-1488, 573/445-7656.

The Center for Healthcare Information has updated and expanded its **Case Management Resource Guide**, which covers more than 40 categories of healthcare resources. The 5,000-page Resource Guide is organized into four regional volumes and is available in hard copy and/or electronic formats. A special pre-publication discounted rate of \$39 per single volume or \$150 per four-volume set (regularly \$60/each; \$225/ set) is available until the end of April. Contact: Center for Healthcare Information, 4000 Birch Street, Suite 112, Newport Beach, California 92660, 800/627-2244; or <http://www.healthcare-info.com>.

The Ragged Edge: The Disability Experience in America

premieres in January/February of 1997. Annual subscription rates for the bimonthly publication are \$17.50/individuals; \$35.00/organizations; international rate/\$42.00. To subscribe, send check in U.S. funds to: P.O. Box 145, Louisville, Kentucky 40201. *The Ragged Edge Magazine* was formerly the *Disability Rag & Resource*.

Videos

Catherine MacRae's **Gentle Fitness™** video is intended for people who are slowing down because of injury, surgery, age-related limits, arthritis pain, orthopedic joint or bone disease, cancer, COPD, multiple sclerosis, Parkinson's, stroke recovery, fatigue, or many other reasons. Each package is available for \$29.95 plus shipping and handling and includes a 2-video set and 16-page *Guide to Exercise*. The video (close-captioned) was developed by Catherine MacRae, who has multiple sclerosis. For information, call 800/566-7780.

Twenty videotapes are available of the educational conference **Exploring Breathing Support Options** presented by Citizens for

Independence in Living and Breathing on April 23-24, 1996. For further information, contact: CILB, 78 Golfwood Heights, Toronto, Ontario, Canada, M9P 3M2, 416/244-2248.

Etc., etc. ...

On August 22, 1996, the Personal Responsibility and Work Opportunity Reconciliation Act of 1996 changed the definition of disability for children under the Supplemental Security Income (SSI) program. Over 300,000 children and their parents received notices that they can expect to be reviewed under the new law.

The **new definition of disability for children** requires a child to have a physical or mental condition or conditions that can be medically proven and which result in marked and severe functional limitations; requires that the medically proven physical or mental condition or conditions must last or be expected to last at least 12 months or be expected to result in death; says that a child may not be considered disabled if he or she is working at a job that is considered to be substantial work. The new law also changes the way Social Security considers certain behavior problems caused by a child's condition or conditions.



Mobility International USA invites individuals from around the world and the U.S. to apply for its 1997 international educational exchange programs. The Adult Leadership and Disability Rights Exchange is open to adults ages 21-34 and is tentatively scheduled for July 10-August 7 in Eugene, Oregon. U.S. youth ages 15-20 can apply for the Youth Leadership and Disability Rights Exchange tentatively scheduled for August 14-19. U.S. citizens ages 16-25 can apply for the three-week Mexico Leadership, Minority and Disability Rights Exchange, tentatively scheduled for June 29-July 20. For more information, contact 541/343-1284 Voice/TTY, 541/343-6812 FAX, or miusa@igc.apc.org.



The nonprofit group Families of SMA (Spinal Muscular Atrophy) of Louisiana, Inc. has an **overview of Porta-Lungs**. Contact Louann Hood, Executive Director, 3108 Cleary Ave., Suite 209, Metairie, Louisiana 70002, 504/888-5900.

More About Polio

As of June 1, 1996, Rotary International has committed US \$254 million for the **global eradication of polio**.

As the key private partner in the effort to eradicate poliomyelitis by the year 2000 with certification in 2005, Rotary International and The Rotary Foundation of Rotary International is continuing its collaboration with WHO, UNICEF, Centers for Disease Control and Prevention, and others around the globe to collect personal contributions and millions of dollars of "in-kind" contributions, as well as mobilize thousands of volunteers for immunization activities to complete the job.

The World Health Organization (WHO) reports that 150 countries (including all of the Western Hemisphere) are free of polio caused by the wild, or naturally occurring, poliovirus. However, last year, 80,000 cases were reported from more than 60 countries.



Polio survivor, Peg Kehret, Washington State, has written her polio story in an 184-page book titled **Small Steps: The Year I Got Polio** (ISBN 0-8075-7457-0). Aimed at ages 8-13, Grades 3-8, the book would be an excellent gift (\$14.95) to your local elementary school or grandchildren's library. For ordering information, contact Albert Whitman and Company, 6340 Oakton Street, Morton Grove, Illinois 60053-2723, 800/255-7675, or in Illinois 847/581-0033. Peg has written several award-winning children's books.



Polio survivor, Ginger Sage, Washington State, has written a book titled **Parent's Blood**, which dramatizes well-documented historical events from 1938 when an old earthen dam

breaks during the construction of Grand Coulee Dam. The 220-page book with end notes and historical photographs and documents is available for \$16.95 plus tax and handling costs from Ginger Sage Books 800/484-6685 (Pin 2684).



Post-Polio Syndrome, edited by Lauro S. Halstead, MD, and Gunnar Grimby, MD, PhD, and published in English by Hanley & Belfus, Inc. has been translated into German by Rolf Kiessig. For more information about **Das Post-Polio-Syndrom** (ISBN 3-437-31036-4), contact publisher Gustav Fischer Verlag, tel: 07071/93 53 60, 07071/93 53 93 FAX.



John Salamone, President of the newly-formed **Informed Parents Against VAPP** (vaccine-associated paralytic polio) would like to connect with other families who have been affected by vaccine-associated polio. Contact Informed Parents Against VAPP, P.O. Box 53212, Washington, DC 20009 (888/363-8277).



International Polio Network has obtained a rebuttal by the Centers for Disease Control and Prevention and other Public Health Service agencies to the article in December 1996 *Money Magazine* regarding the dangers of vaccination including DPT and polio. Send a self-addressed envelope with 55 cents postage for a copy.



A polio survivor is wanting to connect with women who have had hysterectomies. Please contact the G.I.N.I. office. ■

REHABILITATION GAZETTE

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G.I.N.I.

4207 Lindell Blvd., #110
Saint Louis, Missouri 63108 USA

Phone: 314/534-0475

Fax: 314/534-5070

Relay MO: 800/735-2966 (TDD), 2466(V).

e-mail: gini_intl@msn.com

EDITOR: Joan L. Headley

Special thanks to Sheryl R. Prater

MORE TRICKS WITH STICKS

TO REACH ACROSS THE TABLE

Is it hard to reach an article in the middle of a table because your crutches bump the table edge? Try this: stop 12 or 18 inches from the table, then take a step with your good leg closer to the table, leaving the crutch tips those 12 or 18 inches from the table. Yes, your crutches will lean forward and your crutch tops will rest under your armpits with no weight on them. You will reach for the article you want with the hand on the side of your bum leg, but before you do that, reach across the front of your body with the other hand to hold in place the

crutch for your bum leg. With the free hand, move the article closer. Then move your hands to the correct crutch position as you carry your weight on your good leg back the 12 or 18 inches to where your crutch tips are, and you are ready to move again. A little practice will make this work for you.

WILLIE B. METZGER,
DAYTON, OHIO

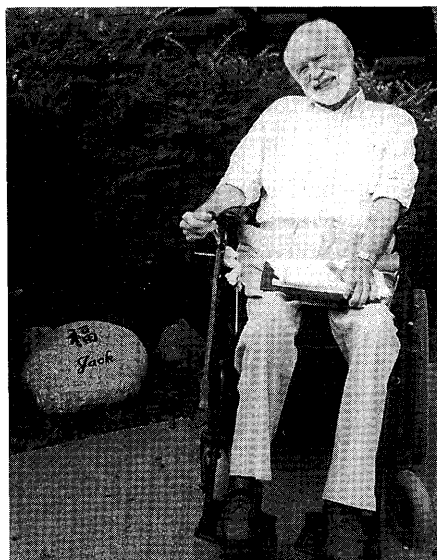
A CANE TRICK

I read in the latest issue of *Rehabilitation Gazette* the article "Tricks with Sticks" with much interest. Lots of good ideas for

those of us who don't use crutches (yet). Maybe Willie Metzger would like to hear my cane "trick." I am a polio survivor with partial use of my right hand and both legs, including weakness in right quad and left gluteus minimus requiring use of cane in right hand. Pushing open heavy doors was a chore until I found I could swing the cane up when approaching the door in time to contact the edge of the door at hip level and with the head of the cane against my hip use my body momentum to propel the door ahead of me. This uses no arm strength and is a great effort saver.

NORMAN, FLORIDA

• • • • About People You Know • • • •



Jack Genskow, PhD, retired last spring after 18 years of teaching at the University of Illinois (formerly Sangamon State University).

His colleagues presented him with a rock engraved with the "foo" sign, a long-time symbol adopted by Gini Laurie, founder of *Rehabilitation Gazette*. Jack added "Lil," his wife's name, to the rock, honoring her important role in his success.

Excerpts from the presentation ceremony by Bill Abler, PhD

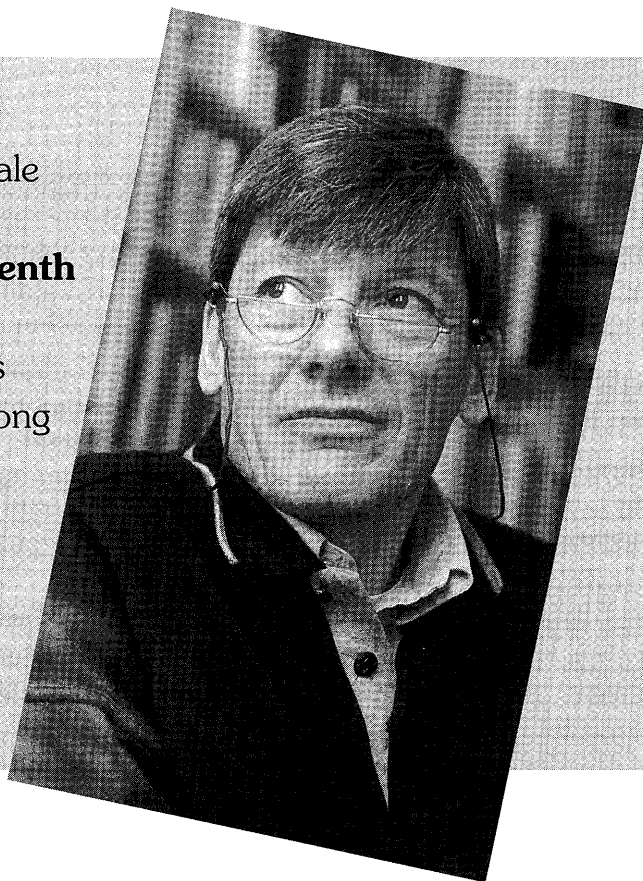
"... this memento of our affection 'really carries some weight.' ... (we) left 'no stone unturned' in our search for an appropriate retirement gift for Jack. ... over the course of human history we have fashioned gemstones, birthstones, touchstones, and worrystones. Tombstones, millstones, headstones, and gallstones. Cornerstones, keystones, capstones, and The Flintstones! ... When we're feeling particularly oppositional, we 'stonewall.' When hiding our feelings, we remain 'stonefaced.' ... As parents, we admonish our children that 'sticks and stones will break our bones ...' As counselors, we ask our clients to reflect on the assertion that 'rolling stones will gather no moss.' ... We sing songs ranging from 'Rock of Ages' to 'Rockabye-Baby' to 'Rock Around the Clock.' ... we must acknowledge that Jack is clearly leaving us 'between a rock and a hard place.' ... this particular stone was chosen because it has a face gazing upward. Not unlike Jack, its rough edges have been

smoothed and rounded by time and experience and life's challenges. On this particular face is carved Jack's name and our special message to him the message the 'foo' sign represents as he leaves us: health, prosperity, and all good wishes."

The Republic of Korea received the first **Franklin Delano Roosevelt International Disability Award** from the Franklin and Eleanor Roosevelt Institute. Making significant strides in improving education, rehabilitation, and the general welfare of its citizens with disabilities, Korea has enacted major legislation to mandate equal rights and full participation of people with disabilities and has made progress in fulfilling the United Nations World Programme of Action Concerning Disabled Persons.

The mission of the Franklin and Eleanor Roosevelt Institute is to inform new generations of the ideals and achievements of Franklin and Eleanor Roosevelt.

Tony Gould, author of the highly-acclaimed *A Summer Plague: Polio and Its Survivors* (Yale University Press), will be the honored guest and speaker, Thursday evening, May 29, at the **Seventh International Post-Polio and Independent Living Conference**. Gould's interest in polio is personal, having contracted polio in 1959 in Hong Kong at the age of 20. He has written several books and articles and has lectured on topics related to his extensive research on polio and its survivors. Gould, who resides in London, is currently in Nepal doing research for his latest book.



D. Armin Fischer, MD, retired Chief, Chest Medicine Service, Rancho Los Amigos Medical Center, Downey, California, died January 23 at the age of 71 from the complications of Alzheimer's disease. Dr. Fischer was a long-time physician and friend of respiratory polio survivors, assisting them in living at home with mechanical ventilation. He authored several articles and was one of the editors of the *Handbook on the Late Effects of Poliomyelitis for Physicians and Survivors*, published by G.I.N.I. in 1984. Together, Dr. Fischer and his wife of ten years, Judith Raymond Fischer, were dedicated contributors to G.I.N.I., Judith as the editor of *I.V.U.N. News*, a newsletter about home mechanical ventilation.

Contributions in his memory may be made to International Ventilator Users Network (I.V.U.N.) in care of Gazette International Networking Institute (G.I.N.I.).

Mr. J.H. Emerson, who will soon be 91, has been diagnosed with cancer. Friends may send notes to Mr. Emerson at J.H. Emerson Company, 22 Cottage Park Avenue, Cambridge, Massachusetts 02140.

In response to severe poliomyelitis epidemics in 1931, John Haven Emerson built a less costly tank respirator or "iron lung." The more simplified respirator was a quieter machine with a diaphragm creating the pressure changes. It also included a wider range of speeds than its predecessor, the Drinker and Shaw model. Emerson's prototype, now at the Smithsonian, provided another advantage. Opening and closing the iron lung was more convenient which provided for better nursing care.

The J.H. Emerson Company today continues to manufacture non-invasive respirators and supporting devices.

Daria A. Trojan, MD, MSc, and Neil R. Cashman, MD, both of the Montreal Neurological Institute and Hospital, authored the newly published monograph, **Current Trends in Post-Poliomyelitis**. Written for health professionals, Gazette International Networking Institute (G.I.N.I.) will send a copy to one physician of your choice, with an acknowledgment card, of any current subscriber to *Rehabilitation Gazette* who requests it and while the supply lasts. Additional single copies are available to subscribers and non-subscribers for pre-paid shipping and handling charges of \$3.00. Single copies are available with invoice for \$4.00. ■

PROGRAM OVERVIEW

(SUBJECT TO CHANGE ♦ ALL SESSIONS IN ENGLISH)

MAY 28, 1997

WEDNESDAY EVENING

6:00-8:00 pm
 Registration

MAY 29, 1997

THURSDAY MORNING

7:30 am - 2:00 pm
 Registration

8:30 am -12:00 noon

The Big Picture

Lessons Learned ... Future Challenges

Disability Scholarship: A Broader Perspective

Target 2000: Reaching the Goal

Post-Polio Motor Neurons and Units: What We Know for Sure

Strategies for Aging with a Disability: The Later Life Effect Study

What Is Wellness?

12:00 noon - 2:00 pm • LUNCH

THURSDAY AFTERNOON

2:00-5:00 pm

How Will I Support Myself?

Making Employment Decisions: The Physician's Role

Making Employment Decisions: Suggestions and Resources

Health Insurance: Hints on Optimizing the System

Employment Decisions: Options and Reforms within Social Security

Medicare/Medicaid: Procedures and Recent Changes

THURSDAY EVENING

7:00 pm • DINNER

Guest Speaker:

Tony Gould, author of *A Summer Plague: Polio and Its Survivors*

MAY 30, 1997

FRIDAY MORNING

7:30 am - 2:00 pm
 Registration

8:30 am -12:00 noon

How Can I Maintain Wellness?

The Team Approach to Wellness for Polio Survivors

Team Leader: The Polio Survivor

Primary Care Physician's Role

The Post-Polio Specialist's Role

The Breathing Specialist's Role

The Role of Activity

The Role of Complementary/Alternative Therapies

What Works: Results and Implications of Post-Polio Clinic Survey

12:00 noon - 2:00 pm • LUNCH

FRIDAY AFTERNOON

2:00-5:00 pm

(Choose one of four sessions)

Session I

How Will I Get Around?

Indicators for a Change
 Professional and Personal Concerns about Bracing

Determining Appropriate Seating

Surgical Options for Shoulders

How Will I Carry Out My Daily Activities?

Similarities and Differences between Acute Poliomyelitis Rehabilitation and Post-Polio Interventions

Physical Therapy: Not What You Remember

Occupational Therapy: Not Just Reachers

Rethinking Daily Activities

MAY 31, 1997

SATURDAY MORNING

7:30 am - 2:00 pm Registration

8:30-9:30 am

9:45-10:45 am

11:00 am - 12:00 noon

Breakout Sessions A-Q

Session A

Post-Polio Research: What Is Being Done and Needs to Be Done

Session B

Isolating and Managing Pain

Session I

Applying True Colors: A Rainbow of Diversity

Session J

Where Will I Live?

Session K

International Updates

12:00 noon - 2:00 pm • LUNCH

Session II

How Do the Late Effects of Polio Affect Those around Me?

From My Point of View

Maintaining Relationships during Change

Confronting Fears in Developing New Relationships

Relationships: A Two-Way Street

Five Ways to Find Peace with One's Self and the World

Know Your True Colors: Creative Communications

Gazette International Networking Institute (G.I.N.I.), coordinator of International Polio Network and International Ventilator Users Network, is gathering together the survivors of polio, the users of home mechanical ventilation, and the health professionals who treat them to once again catalyze the worldwide network.

The emphasis of the program is to go beyond awareness. It is designed to educate consumers and to enable them to help themselves. Members of the panels, both health professionals and consumers, will present options to address the issues and will discuss current needs to prepare for the future.

Registrants are asked to choose three sessions. The exact time and the number of times a session is repeated (or offered) will be determined by the demand.

Session C
Fatigue: Many Causes and Possible Management

Session D
Fibromyalgia and Post-Polio: Differences and Management Approaches

Session E
Bracing in Depth

Session F
Equipment for Driving

Session G
Wellness for Women with Polio: A Holistic Program Model

Session H
West Park Hospital Post-Polio Clinical Educational Outreach and Training Program

Session I
What Works?

Session M
Ventilators and Bi-Level Pressure Devices: What and How

Session N
Assisted Cough: Benefits and Techniques

Session O
Frogbreathing: Benefits and Techniques

Session P
Medical Concerns of Living Long-term with a Ventilator

Session Q
Forum for Therapists

Session III
Forum on Home Mechanical Ventilation

Life with a Ventilator
Ventilator Use in Denmark
Ventilator Use in Japan
The Misconceptions and the Consequences

Noninvasive and Invasive Ventilation: Who, When and Why

Latest in Facemasks

Session IV
Forum for Support Group Facilitators

Recognizing and Enhancing Leadership Style
Utilizing New Leadership Skills

Friday Night in St. Louis ...

Contact: St. Louis Convention and Visitors Commission (800/888-FUN1).

The St. Louis Cardinals will be playing the Los Angeles Dodgers at 7:05 pm Thursday, Friday, and Saturday.

Contact Busch Stadium 314/421-3060.

SATURDAY AFTERNOON

2:00-4:00 pm

The Personal, The Political, and You

Empower Yourself by Accepting Yourself

What's Happening in Washington and Internationally?

Respond to Your Needs: Champion Universal Change

Forum for Physicians will meet concurrently.

5:00 pm

Mass

SATURDAY EVENING

7:00 pm

Dinner and Entertainment

Entertainment by Pieces of 8,

a St. Louis-based a cappella octet

GENERAL INFORMATION

HOTEL

Space has been reserved at the Saint Louis Marriott Pavilion Downtown, One Broadway, St. Louis, MO 63102 (314/421-1776). The Marriott Pavilion Downtown is located just north of Busch Stadium on Broadway (one way going South) and between Market (two way with median) and Walnut (one way East), the street between the Marriott and Busch Stadium.

(Holiday Inn Riverfront, 200 North Fourth Street, has reserved accessible rooms for the conference dates. This Holiday Inn is one block east and then two blocks north of the Saint Louis Marriott Pavilion Downtown. For details and reservations, call 800/925-1395.)

Parking at the Marriott

Valet parking is available at the Broadway entrance (currently \$14 per day). To park in the hotel garage (currently \$11 per day), turn right off Market (going East) between the hotel and bank and then left into the garage. Hotel registration will be available at the garage entrance lobby (West Tower) on Wednesday and Thursday.

Parking is also available in the Stadium Park East garage (314/241-7475) at \$10 per day. Stadium Park East is located at 200 S. Broadway, southeast of the Marriott.

TRANSPORTATION

Airport Express (314/429-4950) is the limousine service to the downtown hotels. Their counters are located across from baggage carousels #1, #5, and in the east terminal on the baggage claim levels.

The fee is \$10 one way, or \$15 round trip. The service has lift-equipped vans. Those planning to use this Airport Express service are advised to call 314/731-1707 and ask for Rick.

MetroLink The airport station is located on the main level (not baggage level) on the east end of the main terminal, past the far end of the TWA ticket counter. Tickets are \$1.00 and can be purchased at the machines. Get off at the Stadium station. The stop is on the southwest corner of the stadium. The Marriott is to the northeast.

Taxis are available at Exit 7 on the baggage level. The fee will be approximately \$23 one way.

There are several options for reserving a lift-equipped van ride. To make arrangements, contact one of the following: ABC Cab Company (Paul's Handicapped Van Service) at 314/650-5508 (\$25 one way); Black and White Cab Company at 800/851-4513 (\$23 one way); CareCab at 314/644-1163 (\$30 one way); Richardson Transportation at 314/725-9111 (\$33.50 one way).

VENTILATORY EQUIPMENT

Individuals needing assistance with ventilatory equipment should make arrangements by May 1, 1997 with John Blevins, Respironics, 110 Northwest Parkway, Riverside, MO 64150 (800/669-9234 or 816/741-7667, FAX 816/741-4853). If you need a rocking bed or iron lung, please notify Mr. Blevins by April 15, 1997.

RENTAL VANS

Wheelchair Getaways, 6265 Clayton Avenue, St. Louis, MO 63139 rents fully-equipped accessible vans (\$100 per day, book early). Contact Betty at 800/781-0663.

PERSONAL ASSISTANCE SERVICES

Individuals wanting personal assistance services may contact Duane Gruis, Senior Independent Living Specialist, Paraquad, at 314/567-1558.

SMOKING

Smoking will not be permitted in the conference meeting rooms.

Saturday Evening Entertainment

Pieces of 8, a St. Louis-based a cappella octet, consists of four men and four women whose voices combine in rich harmony to create a seamless blend of sound. *Pieces of 8* was founded in 1992 by Charles Mead, now its Artistic Director, through the Professional Studies Program at the St. Louis Symphony School (formerly known as the St. Louis Conservatory and School for the Arts).

All of the music performed by *Pieces of 8* is written or arranged exclusively for the ensemble by Charles Mead, who considers his main musical influences to be Bach, Bartok, Debussy, James Brown, Tower of Power, and the Neville Brothers. Mr. Mead combines classical music influences with the sounds of gospel, Reggae, doo-wop, Cajun, and soul to create music with a rich, multi-layered orchestral texture.

DEADLINE: MAY 1, 1997

MAIL OR FAX TO:

Gazette International Networking Institute (G.I.N.I.)
4207 Lindell Blvd., #110
St. Louis, MO 63108-2915
Phone: 314/534-0475
FAX: 314/534-5070

REGISTRATION FORM

SEVENTH INTERNATIONAL POST-POLIO AND INDEPENDENT LIVING CONFERENCE
MAY 29-31, 1997 ♦ SAINT LOUIS MARRIOTT PAVILION HOTEL DOWNTOWN

Date _____, 1997

Name _____ Degree(s) _____
First Middle Initial Last

Institution (If applicable) _____

Address (Check one) home business _____

City _____ State _____ Zipcode _____ - _____ Country _____

Phone (Check one) home business _____ FAX _____

REGISTRATION (Includes continental breakfast on Thursday, Friday, and Saturday. See MEALS for lunch and dinner.)

Full Registration:

Individual with disability
Individual with disability and one attendant/family (name for badge) _____
Health Professional and Others

Prior to May 1	After May 1
<input type="checkbox"/> \$150	<input type="checkbox"/> \$180
<input type="checkbox"/> \$210	<input type="checkbox"/> \$240
<input type="checkbox"/> \$240	<input type="checkbox"/> \$270

Single Day Registration

 (Includes continental breakfast; see MEALS for lunch):

Individual with disability: Thursday Friday Saturday
Individual with disability and one attendant/family: (name for badge) _____
 Thursday Friday Saturday
Health Professional and Others
 Thursday Friday Saturday

(\$55/day) \$ _____	(\$65/day) \$ _____
(\$75/day) \$ _____	(\$85/day) \$ _____
(\$85/day) \$ _____	(\$95/day) \$ _____

In the event of cancellation, we will be able to refund 85% of the registration fee if cancellation is made by written notice before May 1st. Registration will not be refunded after May 1st.

For program accessibility, please list your special needs: _____

Meals

The complete meal package fee of \$130 per person includes Thursday, Friday, and Saturday lunches and Thursday and Saturday dinners. Please note if you have dietary restrictions. (There is no dinner planned for Friday evening. Thursday, Friday, and Saturday continental breakfasts are included in registration fee).

Individual meals:

Thursday lunch \$20 Saturday lunch \$20
 Thursday dinner \$35 Saturday dinner \$38
 Friday lunch \$20

Registration Sub-Total \$ _____

_____ Meal Packages @ \$130

Meals Sub-Total \$ _____

Registration Sub-Total \$ _____

TOTAL \$ _____

Registration Sub-Total \$ _____

Payment of Fees

Check or Money Order (U.S. dollars only, payable to G.I.N.I.)
 MasterCard Visa Card Number _____
Name on card (please print) _____
Expiration Date _____ Signature _____

Session Preferences:

Friday afternoon (choose one)
 Session I Session II
 Session III Session IV
Saturday morning: (choose 3)
Session _____ (please add letters of
Session _____ 3 sessions)

FOR OFFICE USE ONLY

PR	PD	RD
C		
MO		
CC		

PANELISTS

IN ALPHABETICAL ORDER ♦ CONFIRMED TO DATE

- James Agre, MD, PhD
 University of Wisconsin Hospital and
 Clinics, Madison, WI
- Augusta Alba, MD
 Goldwater Memorial Hospital,
 New York, NY
- John Bach, MD
 University of Medicine and Dentistry,
 Newark, NJ
- Margaret E. Backman, PhD
 New York, NY
- Linda Bieniek, CEAP
 Chicago, IL
- Thomas Bixby
 Missouri Department of Insurance,
 Jefferson City, MO
- Margaret L. Campbell, PhD
 Rehabilitation Research and Training
 Center, Downey, CA
- Neil Cashman, MD
 Montreal Neurological Institute and
 Hospital, Montreal, Quebec
- Nancy Caverly, OTR
 Bland, MO
- Susan M. Daniels, PhD
 Associate Commissioner, Office of
 Disability, Social Security Administration,
 Baltimore, MD
- Jessie K.M. Easton, MD
 Sioux Falls, SD
- Diane Engelsdorfer, MA, NCTMB,
 NMT
 Vital Resource, St. Louis, MO
- Marny Eulberg, MD
 Denver, CO
- Alan Fiala, PhD
 Falls Church, VA
- Anne Carrington Gawne, MD
 Spain Rehabilitation Hospital,
 Birmingham, AL
- Gail Genereau
 Appleton, WI
- Jack Genskow, PhD, CRC
 Springfield, IL
- Stuart J. Glassman, MD
 Bacharach Institute for
 Rehabilitation, Pomona, NJ
- Lauro S. Halstead, MD
 National Rehabilitation
 Hospital, Washington, DC
- Glenn Henry Ham-Rosebrock, CO
 Orthokinetics, Downey, CA
- Caroline Heckman, MA Ed, ADTR
 Masters and Johnson Institute,
 St. Louis, MO
- Karen Hirsch, PhD
 Paraquad, Inc., St. Louis, MO
- Ann E. Hueter, RPT
 Denver, CO
- Cyndi Jones
 Publisher, Mainstream, San Diego, CA
- Doris Jones
 Greater St. Louis Post-Polio Support
 Group, St. Louis, MO
- Burk Jubelt, MD
 SUNY Health Science Center, Syracuse, NY
- Robert A. Keegan
 Centers for Disease Control and
 Prevention, Atlanta, GA
- Mary Ann Keenan, MD
 Albert Einstein Medical Center,
 Philadelphia, PA
- Beth Kowall, MS, OTR
 Greenfield, WI
- Robbie B. Leonard, MS, PT
 Medical University of
 South Carolina, Easley, SC
- Steven Linder, MD, FCCP
 VA Medical Center, Palo Alto, CA
- Wendy Malisani
 West Park Hospital, Toronto, Ontario
- Michele Marshall, MSW, LCSW
 Masters and Johnson Institute,
 St. Louis, MO
- Frederick M. Maynard, MD
 MetroHealth Center for Rehabilitation,
 Cleveland, OH
- A.J. Nadeau
 Hazelwood, MO
- Kathleen Navarre, PhD
 Professor, Delta College, University
 Center, MI
- Grethe Nyholm, RNP
 Center for Home Ventilation, Copenhagen
- Linda Baker Oberst
 Missouri Governor's Council on Disability,
 St. Louis, MO
- Edward A. Oppenheimer, MD
 S. California Permanente Medical Group,
 Los Angeles, CA
- Paul E. Peach, MD
 Roosevelt Warm Springs Institute,
 Warm Springs, GA
- Ellen Fay Peak
 Birmingham, AL
- Jacquelin Perry, MD
 Rancho Los Amigos Medical Center,
 Downey, CA
- Shaaron Peters
 Professional Storyteller, St. Louis, MO
- Betty Plass
 Mount Prospect, IL
- Sarah Riley
 Respirionics, Westminster, CO
- Angela Radlinski
 Director of Student Activities, Delta
 College, University Center, MI
- Sunny Roller
 University of Michigan Medical Center,
 Ann Arbor, MI
- Robert Ronald, SJ
 Operation De-Handicap, Taiwan
- Greg Sacks
 United Medical, Florissant, MO
- Kimiyo Satoh
 Japanese Ventilator Users Network,
 Sapporo City, Japan
- Oscar A. Schwartz, MD, FCCP
 St. Louis, MO
- James G. Scott
 HCFA Region VII, Kansas City, MO
- Rich Stanfill, CO
 Advanced Orthotics and Prosthetics,
 St. Louis, MO
- Mark K. Taylor, COP
 University of Michigan Orthotics &
 Prosthetics Center, Ann Arbor, MI
- Daria A. Trojan, MD
 Montreal Neurological Institute and
 Hospital, Montreal, Quebec
- Joyce Ann Teply, LMSW/ACP, LPC
 Dallas, TX
- Agnes Wallbom, MD
 University of Michigan Medical Center,
 Ann Arbor, MI
- Martin B. Wice, MD
 St. John's Mercy Medical Center,
 St. Louis, Missouri
- Marianne T. Weiss, LPT
 University of Indianapolis, Indianapolis, IN
- Dorothy Woods Smith, RN, PhD
 University of Southern Maine School of
 Nursing, Portland, ME
- Stanley K. Yarnell, MD
 St. Mary's Hospital/ Stanford University,
 San Francisco, CA

HOTEL INFORMATION

The Saint Louis Marriott Pavilion Hotel Downtown, One Broadway, St. Louis, MO 63102 (314/421-1776) will be the site of the Seventh International Post-Polio and Independent Living Conference, May 29-31, 1997. The Marriott meets the requirements of the ADA. The percentage of individuals with disabilities attending the G.I.N.I. conference is high. To assure that we all have an enjoyable stay, we have compiled the following facts about the rooms, and have noted the possible modifications available. We ask that you cooperate with G.I.N.I. and the Marriott in booking your room.

◆ The conference meeting rooms are on the 2nd floor, just off of the guest elevators of the West Tower. Individuals who have trouble walking

should book in the West Tower. Individuals who are motorized should book in the East Tower.

◆ There are non-smoking floors available in both East and West Towers.

East Tower Room Information

The regular king rooms are 11 by 19; the queen rooms are 12 by 18; and the regular double/double rooms are 12 by 18. The beds are on pedestals; the clearance is 22 inches high and 80 inches deep. The space by each bed is 29 inches. The bathroom doors are 30 inches wide (the entry door is 36 inches) and opens in. The bathrooms are 5 feet by 7¹/₂ feet.

West Tower Room Information

The regular king rooms are 13 by 15; the queen rooms are 13 by 15; and

the regular double/double rooms are 12 by 17¹/₂. The beds are on pedestals; the clearance is 22 inches high and 80 inches deep. The space by each bed is 38 inches. The bathroom doors are 28 inches wide (the entry door is 32 inches) and opens in. The bathrooms are 5 feet by 7¹/₂ feet.

◆ Shower benches and commode units will be made available as a modification for the regular rooms in both towers.

◆ The accessible rooms are 13 x 15¹/₂. The beds are on pedestals; the clearance is 22 inches high and 84 inches deep. The space by each bed is 44 inches. The bathroom doors are 36 inches wide (the entry door is 36 inches wide) and opens out. The bathrooms are 6 feet by 9¹/₂ feet. ■

SEVENTH INTERNATIONAL POST-POLIO & INDEPENDENT LIVING CONFERENCE

HOTEL REGISTRATION FORM

(PLEASE PRINT OR TYPE)

Mr.
Mrs.
Ms. _____
First Last

Address Home Business _____

City/State _____ Zip _____ Country _____

Phone: Home Business _____

Company/Affiliation (if applicable) _____

Arrival date _____ Day of Week _____

Approximate Time _____ AM PM

of Rooms _____ # Adults (18 yrs.) _____ # Children _____

Departure Date _____ Day of Week _____

To avoid duplications of reservations, please submit only one form when sharing accommodations with one or more individuals.

Name of Person Sharing Accommodations _____

- Reservation request is subject to availability. There is a limited number of rooms set aside for your group.
- Reservation requests will be accepted on a first come/first serve basis.
- In the event rate or room type requested is not available, nearest available rate or room type will be assigned. Alternate hotels will be assigned as necessary.
- All rates are subject to state and local taxes.
- Guest rooms will be available for check-in after 4:00 p.m. Saint Louis time.
- Check-out time is 12:00 noon.
- If paying by check, please include total of first and last night's deposit.

MAIL TO ...

Saint Louis **Marriott**
PAVILION DOWNTOWN
One Broadway
St. Louis, Missouri 63102

OR RESERVE BY PHONE ...

314/421-1776 or 800/228-9290

Ask for "G.I.N.I. Post-Polio Conference"

ROOM GUARANTEE — To guarantee your room throughout your stay, a non-refundable first night's deposit will be required. The deposit can be applied by a major credit card or a check.

Credit Card # _____

Exp. _____

Amex Visa Discover
 Mastercard Diners Club

Signature X _____

Accommodations & Rates (Please check)

- Single (one person, one bed - \$96)
- Double (two people, one bed - \$96)
- Double/Double (two people, two beds - \$96)
- East Tower
 - Smoking Floor Non-Smoking Floor
- West Tower
 - Smoking Floor Non-Smoking Floor
- No modifications needed
- Will need a shower bench
- Will need a commode unit
- Must have an accessible room
- Must have the connecting room to accessible room for attendant

GAZETTE INTERNATIONAL NETWORKING INSTITUTE'S

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(G.I.N.I.)

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WINTER 1997

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Also publisher of
Polio Network News and **I.V.U.N. News**

SEVENTH INTERNATIONAL
POST-POLIO
AND
**INDEPENDENT
LIVING
CONFERENCE**
ST. LOUIS, MISSOURI, USA

REGISTRATION INFORMATION ENCLOSED

THURSDAY, MAY 29 THROUGH
SATURDAY, MAY 31, 1997,
SAINT LOUIS MARRIOTT PAVILION DOWNTOWN

1997 MARCH Sixth International Conference on Home Mechanical Ventilation, MARCH 5-7, Lyon, France. Contact: J.I.V.D., Service de Reanimation et Assistance Respiratoire, Hopital de la Croix-Rousse, 69317 LYON CEDEX 4 - FRANCE (33 78 39 08 43; 33 78 39 58 63; 1000732.3540@Compuserve.com).

APRIL Revolution in Neurology, the 49th Annual Meeting, APRIL 12-19, Boston, Massachusetts. Contact: American Academy of Neurology, 2221 University Avenue SE, Suite 335, Minneapolis, Minnesota 55414;

612/623-8115 or 612/623-3504 FAX.

JUNE 50th Annual National Conference and Exposition of the President's Committee on Employment of People with Disabilities (PCEPD), JUNE 4-6, Washington Hilton & Towers, Washington, DC. Contact: PCEPD, 1331 F Street, NW, Washington, DC 20004-1107, 202/376-6200, 202/376-6205 TDD, or 202/376-6219 FAX.

Seventh Meeting of the European Neurological Society, JUNE 14-18, Rhodes Palace Hotel, Rhodes, Greece. Contact: ENS '97, c/o. AKM Congress Service, Clarastrasse, 57, P.O. Box CH-4005 Basel/Switzerland (++41 61 691 51 11 or ++41 61 691 81 89 FAX).

1998 MAY Sixth European Congress on Research in Rehabilitation, MAY 31-JUNE 4. Contact: Congress Secretary ECRR-98, Mr. H. Kirsten, C/o BAR, Walter-Kolb-Str. 9-11, D-60594 Frankfurt/M, Germany, +49 69 605018 10 or +49 69 605018 37 FAX ■

Things to Do