Good Ideas

In September, President William J. Clinton signed into law an amendment to the United States Code that allows nonprofit agencies, including government services, to produce special-format books and magazines without first obtaining permission from the copyright holder.

Previously copyright permission usually had to be requested individually for each book selected for production, which often resulted in delay in getting material to readers. This measure will enable the National Library Service to initiate production of braille and recorded books sooner and therefore get books to readers more quickly.

Ohio Technology Related Assistance Information Network (Ohio TRAIN) and the Fifth Third Bank of Columbus, Ohio have teamed up to provide low-interest loans to purchase assistive technology for people with disabilities. Loans ranging from $1,000 to $10,000 can be used to purchase any type of equipment, product, or system used by a person with a disability to perform one or more major life activities such as walking, seeing, hearing, speaking, breathing, learning, or working.

Current interest rates on the loans through Fifth Third Bank are fixed at 5.5 percent, which is below market rates. There will be no loan origination fees and no minimum income requirements. Applicants must demonstrate their ability to pay back the loans. As loans are repaid, funds will be available to lend to others. The program, which officially began May 1, is open to any resident of Ohio with a disability. Contact Ohio TRAIN at 800/784-3425 voice/TTY.

For more information about...

... The Access Board has printed nearly 8,000 copies of the ADAAG Review Advisory Committee Report which is a set of recommendations from the advisory committee to the U.S. Access Board but is not part of any rulemaking. Changes to ADAAG are still a long way off, but to analyze the committee’s report which takes a comprehensive look at the guidelines and recommends a number of changes, call the Access Board’s publication hotline at 202/272-5434 and press (1) for publications, then (1) again. Request publication number S-29, the ADAAG Review Advisory Committee Report. Allow several weeks for delivery. Multiple copies are available for three dollars each.

... The National Myositis Association, a national support group for myositis, contact Karan L. Zopatti, President, at 7720 B El Camino Real, Suite 367, Rancho La Costa, California 9209, 800/230-0441.

... The National Mental Health Services Knowledge Exchange Network (KEN), a one-stop source of information and resources on mental health, call 800/789-2647 or contact http://www.mentalhealth.org.

... Wheelchair Access, a nonprofit organization committed to helping people with disabilities buy, sell, or rent wheelchair-accessible homes, contact Frank Gomez, P.O. Box 12, Glenmoore, Pennsylvania 19343, 610/942-3266, 610/942-0282 FAX, or www.inet-usa.com/wca/.

... the introduction of the Community Attendant Services Act (CASA) early in the 105th Congress, designed to provide equal access to home- and community-based services for the elderly and people with disabilities, contact ADAPT’s Mark Johnson, Shepherd Spinal Center, 2020 Peachtree Road, NW, Atlanta, Georgia 30309, 404/350-7490.

... Brain Awareness Week — March 17-23, 1997, contact The Dana Alliance for Brain Initiatives Campaign at 301/657-9197, 301/970-0990 FAX, fharper@danay.dana.org, or www.dana.org/brainweek.

continued on page 2
Travel Tips

Travel for the Patient with Chronic Obstructive Pulmonary Disease by Harold M. Silver, MD (Second Edition, 40 pages) is available for $5.00 prepaid. Contact: Dr. Harold M. Silver, 8029 Herb Farm Drive, Bethesda, Maryland 20817-1309.

For a copy of Northwest Airlines’ Air Travel for People with Disabilities brochure (GS0004), mail your request to: Northwest Airlines Distribution Center, 8711 Lyndale Avenue South, Minneapolis, Minnesota 55420-0073; 800/225-2525; 800/447-4747 international. The brochure is also available in braille/large print and on audiocassette (GS0005).

Wilderness Inquiry is offering canoeing in the Florida Everglades. These six-day trips are offered January through May for $645. For more details, contact: Wilderness Inquiry, 1313 Fifth Street SE, Box 84, Minneapolis, Minnesota 55414-1546; 800/728-0719; 612/379-5972 FAX.

For details on Denali Adventures, Prince William Sound, Kenai Peninsula, and other sights and sounds of Alaska, contact: Accessible Alaska Adventures, P.O. Box 91333, Anchorage, Alaska 99509-1333; 800/349-6301 (voice/TTY); 907/344-3259 FAX; 73540.2713@compuserve.com, or http://alaskan.com/vendors/welcome.html.

The Centers for Disease Control and Prevention (CDC) operates the CDC Fax Information Service, designed to help callers retrieve health information easily and quickly. This service is available 24 hours a day, year round. For documents you need for international travel contact 404/332-4565 and follow the prompts, or http://www.cdc.gov and choose Traveler’s Health.

Publications

Surgery Electives: What to Know Before the Doctor Operates, a guide for those considering elective surgery by John McCabe is expanded and completely revised. This second edition (ISBN 1-884702-22-8) is available through mail order by sending a check for $19.95 plus $3 postage (CA residents add $1.65 tax) to Carmania Books, P.O. Box 1272, Santa Monica, CA 90406-1272. For more information, e-mail: CarmaniaBk@aol.com.

Rehabilitation Technology in Community Based Rehabilitation: A Compendium is an instrument for locating information on the many aspects of rehabilitation. The compendium includes an annotated bibliography and 316 references in a coil-bound, softcover edition ($29.95); or disk ($24.95). Contact: The Compendium, School of Rehabilitation Therapy, Queen’s University, Kingston, Ontario, Canada, K7L 3N6; 613/545-6776 FAX; or Olney@qscdn.queensu.ca.

The Americans with Disabilities Act/ADA Guide for Small Businesses is available from the U.S. Department of Justice by calling their ADA Information Line: 800/514-0301, 800/514-0383 (TDD). Follow the instructions (essentially press 1, then 5, then 3) and leave your name and address. Internet access: http://www.usdoj.gov/ada/adahoml.htm.

Program Development Associates, a distributor and producer of disability-related resources has released its new 1997 Disability Resource Catalog which includes board games, videos, CD-ROMs, books, and computer software. The catalog contains 80 resources ranging in price from $29.99 to $429.00. A free copy is available by writing to PDA Catalog, 5620 Business Avenue, Suite B, Cicero, New York 13039, or calling 800/543-2119 from 9 am to 5 pm EST.

America’s Teleability Media (Second Edition; 1996-97) is a directory of mass media for persons with disabilities, listing more than 760 entries. The directory is available in two convenient formats: print or diskette (WordPerfect 5.1) for $40 per copy or $75 per set. Contact: Charlie Winston, Editor, Teleability Media, P.O. Box 1488, Columbia, Missouri 65205-1488, 573/445-7656.

The Center for Healthcare Information has updated and expanded its Case Management Resource Guide, which covers more than 40 categories of healthcare resources. The 5,000-page Resource Guide is organized into four regional volumes and is available in hard copy and/or electronic formats. A special pre-publication discounted rate of $39 per single volume or $150 per four-volume set (regularly $60/each; $225/set) is available until the end of April. Contact: Center for Healthcare Information, 4000 Birch Street, Suite 112, Newport Beach, California 92660, 800/627-2244; or http://www.healthcare-info.com.

The Ragged Edge: The Disability Experience in America premiers in January/February of 1997. Annual subscription rates for the bimonthly publication are $17.50/individual; $35.00/or- ganizations; international rate/$42.00. To subscribe, send check in U.S. funds to: P.O. Box 145, Louisville, Kentucky 40201. The Ragged Edge Magazine was formerly the Disability Rag & Resource.

Videos

Catherine MacRae’s Gentle Fitness™ video is intended for people who are slowing down because of injury, surgery, age-related limits, arthritis pain, orthopedic joint or bone disease, cancer, COPD, multiple sclerosis, Parkinson’s, stroke recovery, fatigue, or many other reasons. Each package is available for $29.95 plus shipping and handling and includes a 2-video set and 16-page Guide to Exercise. The video (close-captioned) was developed by Catherine MacRae, who has multiple sclerosis. For information, call 800/566-7780.

Twenty videotapes are available of the educational conference Exploring Breathing Support Options presented by Citizens for
Independence in Living and Breathing

The nonprofit group Families of SMA (Spinal Muscular Atrophy) of Louisiana, Inc. has an overview of Porta-Lungs. Contact Louann Hood, Executive Director, 3108 Cleary Ave., Suite 209, Metairie, Louisiana 70002, 504/888-5900.

More About Polio

As of June 1, 1996, Rotary International has committed US $254 million for the global eradication of polio.

As the key private partner in the effort to eradicate poliomyelitis by the year 2000 with certification in 2005, Rotary International and The Rotary Foundation of Rotary International is continuing its collaboration with WHO, UNICEF, Centers for Disease Control and Prevention, and others around the globe to collect personal contributions and millions of dollars of “in-kind” contributions, as well as mobilize thousands of volunteers for immunization activities to complete the job.

The World Health Organization (WHO) reports that 150 countries (including all of the Western Hemisphere) are free of polio caused by the wild, or naturally occurring, poliovirus. However, last year, 80,000 cases were reported from more than 60 countries.


Polio survivor, Ginger Sage, Washington State, has written a book titled Parent’s Blood, which dramatizes well-documented historical events from 1938 when an earthen dam breaks during the construction of Grand Coulee Dam. The 220-page book with end notes and historical photographs and documents is available for $16.95 plus tax and handling costs from Ginger Sage Books 800/484-6685 (Pin 2684).

Etc., etc. ...

On August 22, 1996, the Personal Responsibility and Work Opportunity Reconciliation Act of 1996 changed the definition of disability for children under the Supplemental Security Income (SSI) program. Over 300,000 children and their parents received notices that they can expect to be reviewed under the new law.

The new definition of disability for children requires a child to have a physical or mental condition or conditions that can be medically proven and which result in marked and severe functional limitations; requires that the medically proven physical or mental condition or conditions must last or be expected to last at least 12 months or be expected to result in death; says that a child may not be considered disabled if he or she is working at a job that is considered to be substantial work. The new law also changes the way Social Security considers certain behavior problems caused by a child’s condition or conditions.

Mobility International USA invites individuals from around the world and the U.S. to apply for its 1997 international educational exchange programs. The Adult Leadership and Disability Rights Exchange is open to adults ages 21-34 and is tentatively scheduled for July 10-August 7 in Eugene, Oregon. U.S. youth ages 15-20 can apply for the Youth Leadership and Disability Rights Exchange tentatively scheduled for August 14-19. U.S. citizens ages 16-25 can apply for the three-week Mexico Leadership, Minority and Disability Rights Exchange, tentatively scheduled for June 29-July 20. For more information, contact 541/343-1284 Voice/TTY, 541/343-6812 FAX, or miusa@igc.apc.org.
MORE TRICKS WITH STICKS

TO REACH ACROSS THE TABLE

Is it hard to reach an article in the middle of a table because your crutches bump the table edge? Try this: stop 12 or 18 inches from the table, then take a step with your good leg closer to the table, leaving the crutch tips those 12 or 18 inches from the table. Yes, your crutches will lean forward and your crutch tops will rest under your armpits with no weight on them. You will reach for the article you want with the hand on the side of your bum leg, but before you do that, reach across the front of your body with the other hand to hold in place the crutch for your bum leg. With the free hand, move the article closer. Then move your hands to the correct crutch position as you carry your weight on your good leg back the 12 or 18 inches to where your crutch tips are, and you are ready to move again. A little practice will make this work for you.

WILLIE B. METZGER,
DAYTON, OHIO

A CANE TRICK

I read in the latest issue of Rehabilitation Gazette the article “Tricks with Sticks” with much interest. Lots of good ideas for those of us who don’t use crutches (yet). Maybe Willie Metzger would like to hear my cane “trick.” I am a polio survivor with partial use of my right hand and both legs, including weakness in right quad and left gluteus minimus requiring use of cane in right hand. Pushing open heavy doors was a chore until I found I could swing the cane up when approaching the door in time to contact the edge of the door at hip level and with the head of the cane against my hip use my body momentum to propel the door ahead of me. This uses no arm strength and is a great effort saver.

NORMAN, FLORIDA

About People You Know

Excerpts from the presentation ceremony by Bill Abler, PhD

“...this memento of our affection ‘really carries some weight.’... (we) left ‘no stone unturned’ in our search for an appropriate retirement gift for Jack. ... over the course of human history we have fashioned gemstones, birthstones, touchstones, and worrystones. Tombstones, millstones, headstones, and gallstones. Cornerstones, keystones, capstones, and The Flintstones! ... When we’re feeling particularly oppositional, we ‘stonewall.’ When hiding our feelings, we remain ‘stonefaced.’ ... As parents, we admonish our children that ‘sticks and stones will break our bones ...’ As counselors, we ask our clients to reflect on the assertion that ‘rolling stones will gather no moss.’ ... We sing songs ranging from ‘Rock of Ages’ to ‘Rockabye-Baby’ to ‘Rock Around the Clock.’ ... we must acknowledge that Jack is clearly leaving us ‘between a rock and a hard place.’ ... this particular stone was chosen because it has a face gazing upward. Not unlike Jack, its rough edges have been smoothed and rounded by time and experience and life’s challenges. On this particular face is carved Jack’s name and our special message to him the message the ‘foo’ sign represents as he leaves us: health, prosperity, and all good wishes.”

The Republic of Korea received the first Franklin Delano Roosevelt International Disability Award from the Franklin and Eleanor Roosevelt Institute. Making significant strides in improving education, rehabilitation, and the general welfare of its citizens with disabilities, Korea has enacted major legislation to mandate equal rights and full participation of people with disabilities and has made progress in fulfilling the United Nations World Programme of Action Concerning Disabled Persons.

The mission of the Franklin and Eleanor Roosevelt Institute is to inform new generations of the ideals and achievements of Franklin and Eleanor Roosevelt.
Tony Gould, author of the highly-acclaimed *A Summer Plague: Polio and Its Survivors* (Yale University Press), will be the honored guest and speaker, Thursday evening, May 29, at the **Seventh International Post-Polio and Independent Living Conference**. Gould's interest in polio is personal, having contracted polio in 1959 in Hong Kong at the age of 20. He has written several books and articles and has lectured on topics related to his extensive research on polio and its survivors. Gould, who resides in London, is currently in Nepal doing research for his latest book.

D. Armin Fischer, MD, retired Chief, Chest Medicine Service, Rancho Los Amigos Medical Center, Downey, California, died January 23 at the age of 71 from the complications of Alzheimer's disease. Dr. Fischer was a long-time physician and friend of respiratory polio survivors, assisting them in living at home with mechanical ventilation. He authored several articles and was one of the editors of the *Handbook on the Late Effects of Poliomyelitis for Physicians and Survivors*, published by G.I.N.I. in 1984. Together, Dr. Fischer and his wife of ten years, Judith Raymond Fischer, were dedicated contributors to G.I.N.I., Judith as the editor of I.V.U.N. News, a newsletter about home mechanical ventilation. Contributions in his memory may be made to International Ventilator Users Network (I.V.U.N.) in care of Gazette International Networking Institute (G.I.N.I.).

Mr. J.H. Emerson, who will soon be 91, has been diagnosed with cancer. Friends may send notes to Mr. Emerson at J.H. Emerson Company, 22 Cottage Park Avenue, Cambridge, Massachusetts 02140.

In response to severe poliomyelitis epidemics in 1931, John Haven Emerson built a less costly tank respirator or "iron lung." The more simplified respirator was a quieter machine with a diaphragm creating the pressure changes. It also included a wider range of speeds than its predecessor, the Drinker and Shaw model. Emerson's prototype, now at the Smithsonian, provided another advantage. Opening and closing the iron lung was more convenient which provided for better nursing care.

The J.H. Emerson Company today continues to manufacture non-invasive respirators and supporting devices. Daria A. Trojan, MD, MSc, and Neil R. Cashman, MD, both of the Montreal Neurological Institute and Hospital, authored the newly published monograph, **Current Trends in Post-Poliomyelitis**. Written for health professionals, Gazette International Networking Institute (G.I.N.I.) will send a copy to one physician of your choice, with an acknowledgment card, of any current subscriber to *Rehabilitation Gazette* who requests it and while the supply lasts. Additional single copies are available to subscribers and non-subscribers for pre-paid shipping and handling charges of $3.00. Single copies are available with invoice for $4.00.
### Program Overview

(SEVEN INTERNATIONAL Post-Polio and Independent Living Conference
St. Louis, Missouri, USA)

<table>
<thead>
<tr>
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<tbody>
<tr>
<td><strong>Wednesday Evening</strong></td>
<td><strong>Friday Morning</strong></td>
<td><strong>Saturday Morning</strong></td>
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<tr>
<td>6:00-8:00 pm Registration</td>
<td>7:30 am - 2:00 pm Registration</td>
<td>7:30 am - 2:00 pm Registration</td>
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<tr>
<td><strong>Thursday Morning</strong></td>
<td><strong>Friday Afternoon</strong></td>
<td><strong>Breakout Session A-Q</strong></td>
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<tr>
<td>7:30 am - 2:00 pm Registration</td>
<td>8:30 am - 12:00 noon</td>
<td>8:30-9:30 am Breakout Sessions A-Q</td>
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<tr>
<td><strong>The Big Picture</strong></td>
<td><strong>How Can I Maintain Wellness?</strong></td>
<td><strong>Session A</strong></td>
</tr>
<tr>
<td>Lessons Learned ... Future Challenges</td>
<td>The Team Approach to Wellness for Polio Survivors</td>
<td>Post-Polio</td>
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<tr>
<td>Disability Scholarship: A Broader Perspective</td>
<td>Team Leader: The Polio Survivor</td>
<td>Research: What Is Being Done and Needs to Be Done</td>
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<tr>
<td>Target 2000: Reaching the Goal</td>
<td>Primary Care Physician's Role</td>
<td>Isolating and Managing Pain</td>
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<tr>
<td>Post-Polio Motor Neurons and Units: What We Know for Sure</td>
<td>The Post-Polio Specialist's Role</td>
<td><strong>Session B</strong></td>
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<tr>
<td>Strategies for Aging with a Disability: The Later Life Effect Study</td>
<td>The Breathing Specialist's Role</td>
<td>Where Will I Live?</td>
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<tr>
<td>What Is Wellness?</td>
<td>The Role of Activity</td>
<td><strong>Session K</strong></td>
</tr>
<tr>
<td>12:00 noon - 2:00 pm LUNCH</td>
<td>The Role of Complementary/Alternative Therapies</td>
<td>International Updates</td>
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<tr>
<td><strong>Thursday Afternoon</strong></td>
<td><strong>Friday Afternoon</strong></td>
<td>12:00 noon - 2:00 pm LUNCH</td>
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<tr>
<td>2:00-5:00 pm</td>
<td>(Choose one of four sessions)</td>
<td><strong>Session II</strong></td>
</tr>
<tr>
<td><strong>How Will I Support Myself?</strong></td>
<td><strong>Session I</strong></td>
<td>How Do the Late Effects of Polio Affect Those around Me?</td>
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<tr>
<td>Making Employment Decisions: Suggestions and Resources</td>
<td>Indicators for a Change</td>
<td>Maintaining Relationships during Change</td>
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<tr>
<td>Health Insurance: Hints on Optimizing the System</td>
<td>Professional and Personal Concerns about Bracing</td>
<td>Confronting Fears in Developing New Relationships</td>
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<tr>
<td>Medicare/Medicaid: Procedures and Recent Changes</td>
<td>Surgical Options for Shoulders</td>
<td>Five Ways to Find Peace with One's Self and the World</td>
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<tr>
<td><strong>Thursday Evening</strong></td>
<td><strong>How Will I Carry Out My Daily Activities?</strong></td>
<td>Know Your True Colors: Creative Communications</td>
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<tr>
<td>7:00 pm DINNER</td>
<td>Similarities and Differences between Acute Poliomyelitis Rehabilitation and Post-Polio Interventions</td>
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<tr>
<td>Guest Speaker: Tony Gould, author of A Summer Plague: Polio and Its Survivors</td>
<td>Physical Therapy: Not What You Remember</td>
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<td>Occupational Therapy: Not Just Readers</td>
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<td>Rethinking Daily Activities</td>
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Session II:

How Do the Late Effects of Polio Affect Those around Me?

- From My Point of View
- Maintaining Relationships during Change
- Confronting Fears in Developing New Relationships
- Relationships: A Two-Way Street
- Five Ways to Find Peace with One's Self and the World
- Know Your True Colors: Creative Communications
Gazette International Networking Institute (G.I.N.I.), coordinator of International Polio Network and International Ventilator Users Network, is gathering together the survivors of polio, the users of home mechanical ventilation, and the health professionals who treat them to once again catalyze the worldwide network.

The emphasis of the program is to go beyond awareness. It is designed to educate consumers and to enable them to help themselves. Members of the panels, both health professionals and consumers, will present options to address the issues and will discuss current needs to prepare for the future.

Registrants are asked to choose three sessions. The exact time and the number of times a session is repeated (or offered) will be determined by the demand.

<table>
<thead>
<tr>
<th>Session C</th>
<th>Session D</th>
<th>Session E</th>
<th>Session F</th>
<th>Session G</th>
<th>Session H</th>
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<tbody>
<tr>
<td>Fatigue: Many Causes and Possible Management</td>
<td>Fibromyalgia and Post-Polio: Differences and Management Approaches</td>
<td>Bracing in Depth</td>
<td>Equipment for Driving</td>
<td>Wellness for Women with Polio: A Holistic Program Model</td>
<td>West Park Hospital Post-Polio Clinical Educational Outreach and Training Program</td>
</tr>
</tbody>
</table>

**Session L**
What Works?

**Session M**
Ventilators and Bi-Level Pressure Devices: What and How

**Session N**
Assisted Cough: Benefits and Techniques

**Session O**
Frogbreathing: Benefits and Techniques

**Session P**
Medical Concerns of Living Long-term with a Ventilator

**Session Q**
Forum for Therapists

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**Session III**
Forum on Home Mechanical Ventilation

- Life with a Ventilator
- Ventilator Use in Denmark
- Ventilator Use in Japan
- The Misconceptions and the Consequences

Noninvasive and Invasive Ventilation: Who, When and Why

Latest in Facemasks

**Session IV**
Forum for Support Group Facilitators

- Recognizing and Enhancing Leadership Style
- Utilizing New Leadership Skills

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**Friday Night in St. Louis ...**

Contact: St. Louis Convention and Visitors Commission (800/888-FUN1).

The St. Louis Cardinals will be playing the Los Angeles Dodgers at 7:05 pm Thursday, Friday, and Saturday. Contact Busch Stadium 314/421-3060.
HOTEL
Space has been reserved at the Saint Louis Marriott Pavilion Downtown, One Broadway, St. Louis, MO 63102 (314/421-1776). The Marriott Pavilion Downtown is located just north of Busch Stadium on Broadway (one way going South) and between Market (two way with median) and Walnut (one way East), the street between the Marriott and Busch Stadium.

(Holiday Inn Riverfront, 200 North Fourth Street, has reserved accessible rooms for the conference dates. This Holiday Inn is one block east and then two blocks north of the Saint Louis Marriott Pavilion Downtown. For details and reservations, call 800/925-1395.)

Parking at the Marriott
Valet parking is available at the Broadway entrance (currently $14 per day). To park in the hotel garage (currently $11 per day), turn right off Market (going East) between the hotel and bank and then left into the garage. Hotel registration will be available at the garage entrance lobby (West Tower) on Wednesday and Thursday.

Parking is also available in the Stadium Park East garage (314/241-7475) at $10 per day. Stadium Park East is located at 200 S. Broadway, southeast of the Marriott.

TRANSPORTATION

Airport Express (314/429-4950) is the limousine service to the downtown hotels. Their counters are located across from baggage carousels #1, #5, and in the east terminal on the baggage claim levels.

The fee is $10 one way, or $15 round trip. The service has lift-equipped vans. Those planning to use this Airport Express service are advised to call 314/731-1707 and ask for Rick.

MetroLink The airport station is located on the main level (not baggage level) on the east end of the main terminal, past the far end of the TWA ticket counter. Tickets are $1.00 and can be purchased at the machines. Get off at the Stadium station. The stop is on the southwest corner of the stadium. The Marriott is to the northeast.

Taxis are available at Exit 7 on the baggage level. The fee will be approximately $23 one way.

There are several options for reserving a lift-equipped van ride. To make arrangements, contact one of the following: ABC Cab Company (Paul's Handicapped Van Service) at 314/650-5508 ($25 one way); Black and White Cab Company at 800/851-4513 ($23 one way); CareCab at 314/644-1163 ($30 one way); Richardson Transportation at 314/725-9111 ($33.50 one way).

VENTILATORY EQUIPMENT

Individuals needing assistance with ventilatory equipment should make arrangements by May 1, 1997 with John Blevins, Respironics, 110 Northwest Parkway, Riverside, MO 64150 (800/669-9234 or 816/741-7667, FAX 816/741-4853). If you need a rocking bed or iron lung, please notify Mr. Blevins by April 15, 1997.

RENTAL VANS
Wheelchair Getaways, 6265 Clayton Avenue, St. Louis, MO 63139 rents fully-equipped accessible vans ($100 per day, book early). Contact Betty at 800/781-0663.

PERSONAL ASSISTANCE SERVICES

Individuals wanting personal assistance services may contact Duane Gruis, Senior Independent Living Specialist, Paraquad, at 314/567-1558.

SMOKING

Smoking will not be permitted in the conference meeting rooms.

Saturday Evening Entertainment

Pieces of 8, a St. Louis-based a cappella octet, consists of four men and four women whose voices combine in rich harmony to create a seamless blend of sound: Pieces of 8 was founded in 1992 by Charles Mead, now its Artistic Director, through the Professional Studies Program at the St. Louis Symphony School (formerly known as the St. Louis Conservatory and School for the Arts).

All of the music performed by Pieces of 8 is written or arranged exclusively for the ensemble by Charles Mead, who considers his main musical influences to be Bach, Bartok, Debussy, James Brown, Tower of Power, and the Neville Brothers. Mr. Mead combines classical music influences with the sounds of gospel, Reggae, doo-wop, Cajun, and soul to create music with a rich, multi-layered orchestral texture.
**REGISTRATION FORM**

SEVENTH INTERNATIONAL POST-POLIO AND INDEPENDENT LIVING CONFERENCE
MAY 29-31, 1997 • SAINT LOUIS MARRIOTT PAVILION HOTEL DOWNTOWN

Date ___________________________ , 1997

Name ___________________________ First _______ Middle Initial _______ Last _______ Degree(s) ______________

Institution (If applicable) ________________________________________________________________

Address (Check one)  □ home  □ business __________________________________________________

City ___________________________ State _______ Zipcode _______ - _______ Country ______________

Phone (Check one)  □ home  □ business  □ FAX ____________________________________________

**REGISTRATION** (Includes continental breakfast on Thursday, Friday, and Saturday. See MEALS for lunch and dinner.)

<table>
<thead>
<tr>
<th>Full Registration:</th>
<th>Prior to May 1</th>
<th>After May 1</th>
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<tr>
<td>Individual with disability</td>
<td>$150</td>
<td>$180</td>
</tr>
<tr>
<td>Individual with disability and one attendant/family (name for badge)</td>
<td>$210</td>
<td>$240</td>
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<tr>
<td>Health Professional and Others</td>
<td>$240</td>
<td>$270</td>
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</tbody>
</table>

**Single Day Registration** (Includes continental breakfast; see MEALS for lunch):

| Individual with disability:  □ Thursday  □ Friday  □ Saturday | ($55/day) | ($65/day) |
| Individual with disability and one attendant/family: (name for badge) | ($75/day) | ($85/day) |
| Health Professional and Others | ($85/day) | ($95/day) |

In the event of cancellation, we will be able to refund 85% of the registration fee if cancellation is made by written notice before May 1st. Registration will not be refunded after May 1st.

For program accessibility, please list your special needs: ____________________________________________

**Meals**

The complete meal package fee of $130 per person includes Thursday, Friday, and Saturday lunches and Thursday and Saturday dinners. Please note if you have dietary restrictions. (There is no dinner planned for Friday evening. Thursday, Friday, and Saturday continental breakfasts are included in registration fee).

| Individual meals: | Thursday lunch $20 | Saturday lunch $20 |
|                  | Thursday dinner $35 | Saturday dinner $38 |
|                  | Friday lunch $20    |                      |

**Payment of Fees**

□ Check or Money Order (U.S. dollars only, payable to G.I.N.I.)

□ MasterCard  □ Visa  Card Number ____________________________________________________________

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Session Preferences:

Friday afternoon (choose one)

□ Session I  □ Session II  □ Session III  □ Session IV

Saturday morning: (choose 3)  

Session _______ (please add letters of)

Session _______ 3 sessions)
Panelists

IN ALPHABETICAL ORDER • CONFIRMED TO DATE

James Agre, MD, PhD
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Goldwater Memorial Hospital, New York, NY

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Publisher, Mainstream, San Diego, CA

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Paul E. Peach
Roosevelt Warm Springs Institute, Warm Springs, GA

Ellen Fay Peak
Birmingham, AL

Jacqueline Perry, MD
Rancho Los Amigos Medical Center, Downey, CA

Shaaron Peters
Professional Storyteller, St. Louis, MO

Betty Plass
Mount Prospect, IL

Sarah Riley
Respironics, Westminster, CO

Angela Radlinski
Director of Student Activities, Delta College, University Center, MI

Sunny Roller
University of Michigan Medical Center, Ann Arbor, MI

Robert Ronald, SJ
Operation De-Handicap, Taiwan

Greg Sacks
United Medical, Florissant, MO

Kimiy Satoh
Japanese Ventilator Users Network, Sapporo City, Japan

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Dallas, TX

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University of Indianapolis, Indianapolis, IN

Dorothy Woods Smith, RN, PhD
University of Southern Maine School of Nursing, Portland, ME

Stanley K. Yarnell, MD
St. Mary's Hospital/Stanford University, San Francisco, CA
The Saint Louis Marriott Pavilion Hotel Downtown, One Broadway, St. Louis, MO 63102 (314/421-1776) will be the site of the Seventh International Post-Polio and Independent Living Conference, May 29-31, 1997. The Marriott meets the requirements of the ADA. The percentage of individuals with disabilities attending the G.I.N.I. conference is high. To assure that we all have an enjoyable stay, we have compiled the following facts about the rooms, and have noted the possible modifications available. We ask that you cooperate with G.I.N.I. and the Marriott in booking your room.

- The conference meeting rooms are on the 2nd floor, just off of the guest elevators of the West Tower. Individuals who have trouble walking should book in the West Tower.
- Individuals who are motorized should book in the East Tower.
- There are non-smoking floors available in both East and West Towers.

**East Tower Room Information**
The regular king rooms are 11 by 19; the queen rooms are 12 by 18; and the regular double/double rooms are 12 by 17 1/2. The beds are on pedestals; the clearance is 22 inches high and 80 inches deep. The space by each bed is 29 inches. The bathroom doors are 30 inches wide (the entry door is 36 inches) and opens in. The bathrooms are 5 feet by 7 1/2 feet.

**West Tower Room Information**
The regular king rooms are 13 by 15; the queen rooms are 13 by 15; and the regular double/double rooms are 12 by 17 1/2. The beds are on pedestals; the clearance is 22 inches high and 80 inches deep. The space by each bed is 38 inches. The bathroom doors are 28 inches wide (the entry door is 32 inches) and opens in. The bathrooms are 5 feet by 7 1/2 feet.

**Shower benches and commode units will be made available as a modification for the regular rooms in both towers.**

- The accessible rooms are 13 x 15 1/2. The beds are on pedestals; the clearance is 22 inches high and 84 inches deep. The space by each bed is 44 inches. The bathroom doors are 36 inches wide (the entry door is 36 inches wide) and opens out. The bathrooms are 6 feet by 9 1/2 feet.

**MAIL TO...**
Saint Louis Marriott
PAVILION DOWNTOWN
One Broadway
St. Louis, Missouri 63102
OR RESERVE BY PHONE...
314/421-1776 or 800/228-9290
Ask for "G.I.N.I. Post-Polio Conference"

**ROOM GUARANTEE** — To guarantee your room throughout your stay, a non-refundable first night's deposit will be required. The deposit can be applied by a major credit card or a check.

- **Accommodations & Rates (Please check)**
  - Single (one person, one bed - $96)
  - Double (two people, one bed - $96)
  - Double/Double (two people, two beds - $96)
  - East Tower
    - Smoking Floor
    - Non-Smoking Floor
  - West Tower
    - Smoking Floor
    - Non-Smoking Floor
  - No modifications needed
  - Will need a shower bench
  - Will need a commode unit
  - Must have an accessible room
  - Must have the connecting room to accessible room for attendant

- **Reservation request is subject to availability.** There is a limited number of rooms set aside for your group.
- **Reservation requests will be accepted on a first come/first serve basis.**
- **In the event rate or room type requested is not available, nearest available rate or room type will be assigned.** Alternate hotels will be assigned as necessary.
- **All rates are subject to state and local taxes.**
- **Guest rooms will be available for check-in after 4:00 p.m. Saint Louis time.**
- **Check-out time is 12:00 noon.**
- **If paying by check, please include total of first and last night's deposit.**
REGISTRATION INFORMATION ENCLOSED

THURSDAY, MAY 29 THROUGH SATURDAY, MAY 31, 1997, SAINT LOUIS MARriott PAVILION DOWNTOWN

1997 MARCH Sixth International Conference on Home Mechanical Ventilation, MARCH 5-7, Lyon, France. Contact: J.I.V.D., Service de Reanimation et Assistance Respiratoire, Hopital de la Croix-Rousse, 69317 LYON CEDEX 4 - FRANCE (33 78 39 08 43; 33 78 39 58 63; 1000732.3540@Compuserve.com).


Seventh Meeting of the European Neurological Society, JUNE 14-18, Rhodes Palace Hotel, Rhodes, Greece. Contact: ENS ’97, c/o AKM Congress Service, Clarastrasse, 57, P.O. Box CH-4005 Basel/Switzerland (+41 61 691 51 11 or ++41 61 691 81 89 FAX).

1998 MAY Sixth European Congress on Research in Rehabilitation, MAY 31-JUNE 4. Contact: Congress Secretary ECRR-98, Mr. H. Kirsten, C/o BAR, Walter-Kolb-Str. 9-11, D-60594 Frankfurt/M, Germany, +49 69 605018 10 or +49 69 605018 37 FAX.