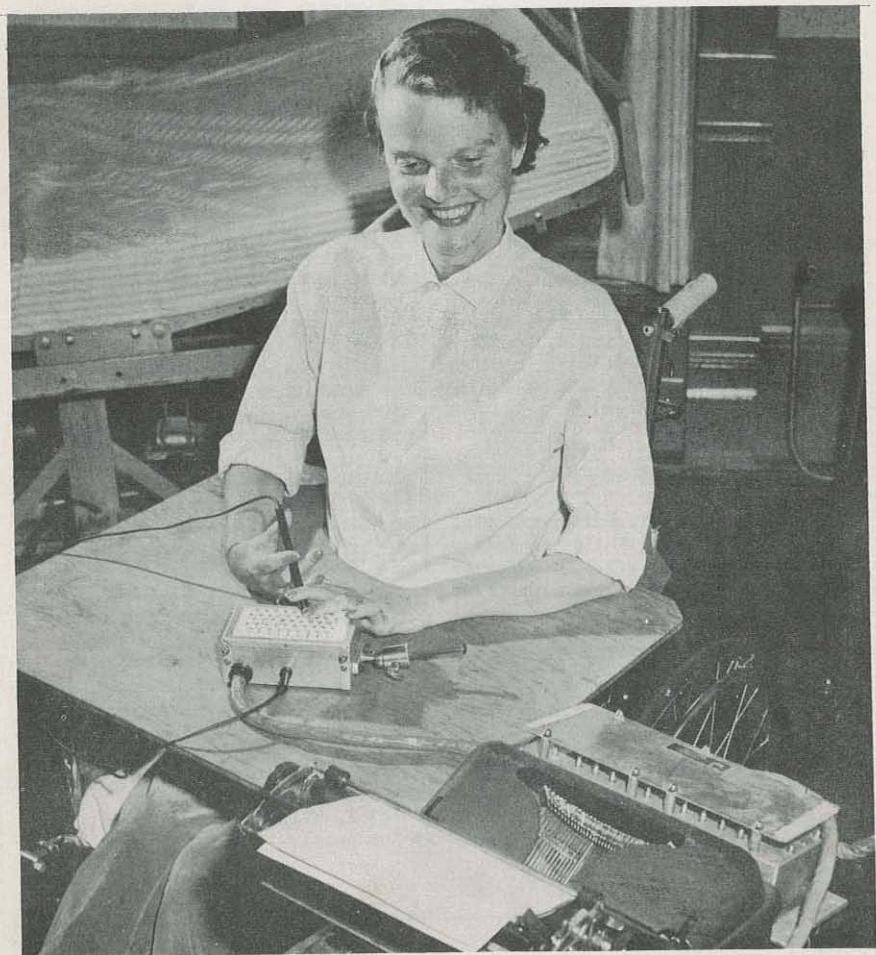


TOOMEYVILLE JR GAZETTE

VOL. I NO. 3

AUGUST 1958



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Vol. I, No. 3 August, 1958

The TOOMEYVILLE JR GAZETTE is published bimonthly by the Out Patients and Volunteers of the Respirator Care and Rehabilitation Center, Cuyahoga County Hospital, 3395 Scranton Road, Cleveland, 9, Ohio

Our aim is to reach the respiratory polios all over the world, to share the experiences, problems, thoughts and adventures that would be fun to know about each other.

EDITORIAL STAFF

Sue Williams.....Editor-in-chief
Sally Russell.....Assistant Editor
Flora Seelstad.....Reporter
Gini Laurie.....Reporter

WELCOME to our many new respiratory readers from the editors and all our regular news contributors.

This is the first issue of JUNIOR to reach many of you. Although it may appear that it is for and about local polios, all we need is to hear from you to make you a part of us.

We are especially interested in having this reach respiratory polios who have had little contact with others like themselves. We have all met such individuals who have been tucked away in their homes for years, thinking that they are one of a kind, and that no one has lived a fate quite like theirs.

There are several thousand of us in the world and we have much to gain by realizing this and sharing our experience, because our methods of meeting one another are limited by the very thing that makes us alike.

We hope that through this medium - our JUNIOR - we will be able to become acquainted and, in our small way, prove that "a burden shared, is a burden lightened."

WE WISH TO THANK:

Mrs. George I. Martin and Mrs. Joseph S. Laurie who donated the printing of this issue in memory of their sisters and brother - Virginia, Grace and Robert E. Wilson Jr. - who died of polio because they lived too soon.

The Cleveland Press holds out our hand

Our "Cover Girl" this month is our Editor-in-Chief, Sue Williams. This picture was taken by Bernie Noble of THE CLEVELAND PRESS and appeared with the following story on July 16, 1958.

Mrs. Sue Williams, Chagrin Falls, mother of three, shares a misfortune with a few hundred* people scattered over the entire globe that makes them, as she says, 'a race apart'.

She is in her 30's as are the others. All of them have been struck within the last five years or so with polio that paralyzed them pretty generally, particularly the respiratory system. All or were iron lung patients. All will have for all their lives the special problems of people who are almost immobile.

The Salk vaccine mercifully protects others who might otherwise join them in their special difficulties. Miraculously few people in that age group were so affected prior to about five years ago.**

That's the unique problem of this group and here's how Mrs. Williams suddenly entered it three years ago and what she proposes to do about it.

Three years ago Mrs. Williams called a doctor to minister to her daughter, Kirsten, then 5. The doctor took one look at Mrs. Williams and ordered both to a hospital. Mrs. Williams walked down the steps to an ambulance and remembers nothing much for the next six weeks.

During that time she was an iron lung patient and gave birth to Suzy, now 3. Another daughter, Heather, is 10. Her husband, Laurence, is a fifth grade teacher at Boulevard School, Shaker Heights.

For four months she was constantly in the iron lung and for another three or four months she was in it only at night. She now has to return to it for days or weeks when she gets a cold.

Nevertheless, at her home she is an executive mother, with others doing the housework, of course. She also has undertaken to publish a mimeographed paper for others so afflicted in Greater Cleveland, about 40 in number.

It will cost just under \$100 an edition to send the paper to all victims, all over the world, which is her aim.

The paper will contain medical and psychological news to this very special, small group of people; encouraging personal adventures and solutions they may have found and reported; names and addresses to facilitate personal correspondence and such helpful information.

Mrs. Williams hopes that others, individuals, funds or industries, will be struck with the unique service such a publication will perform and come to her aid.

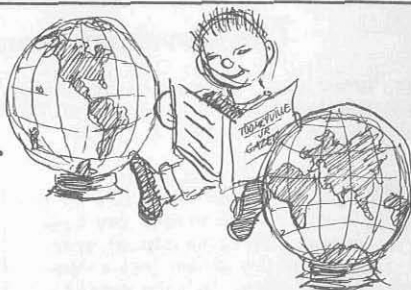


(Please note: Dr. Eiben makes the following corrections and additions:

* Several thousand in the world.

** There has been increasing incidence in the last 20 years in the adult age range.)

Junior is growing up ...



JUNIOR is growing rapidly. We are trying to establish a widened circulation and the search for interested respiratories has been exciting. Letters are slowly beginning to come in from all parts of the world. Here are some of them

HOLLAND

On May 29, 1958 the CLEVELAND PLAIN DEALER carried the story of Pieter H. Wenig, chief steward of the Prins Willem V who was collecting match covers for children in a Rotterdam hospital for polio and tuberculosis. His wife is a volunteer hospital aide there and distributes them to the children. He received hundreds of thousands of them from generous Clevelanders. One of JUNIOR's reporters sent some covers and a letter suggesting that his wife help to arrange pen pals and exchange letters with Toomey polios. Shortly thereafter, the following charming letter was received:

"Dear Mrs. Laurie

I received your letter from my husband and I am very glad fore your kindness help.

I certainly care for your wishes and I assure you will arrange things so that yours and our polio patients will write ich other. Forgive me that I am not so good in writing english but I hope to be abel to make things clear to you.

At the moment I am busy because of my husbands coming home and you will understand that there is a lot to do at this time, but I promise you will hear from my in a few weeks.

With greetings to you and
your polios
sincerely

Mrs. E. Wenig

Westerhouts tr. 13
Rotterdam, Holland"

We sent Mrs. Wenig a copy of JUNIOR suggesting we exchange publications. We are looking forward to hearing from the polios in Rotterdam.

We learn from the CLEVELAND PLAIN DEALER of July 29, that Mr. Wenig was in Cleveland again, still collecting matchcovers, and reporting that the story had been sent by the Associated Press to Holland and it had made him somewhat of a hero in his home town. He was hailed as a goodwill ambassador, met at the dock by newspapermen and cameramen, and appeared on four television programs.

FINLAND

The following letter from Finnish polios appeared in "The Weakly Breather" of Rancho Los Amigos Hospital, Downey, California. We have sent a copy of JUNIOR to Finland and suggested that we would like to correspond with them.

"We are glad to hear that also the American respiratory patients have formed an association of their own. It will be a pleasure to be in correspondence with you.

In case you are interested we give you some details concerning the Society of Respiratory in Finland. This society was formed in April 1956 and it now has about 25 members.

The society has following principles in its activity: (1) to encourage and help patients own activity in the work they are able to do; (2) to offer patients recreation of many kinds (movies, TV, garden parties, etc.); (3) to promote scientific research work in fight against poliomyelitis; and (4) to collect money by managing charity and other occasions.

We would appreciate receiving further information about your organization. Do you have any possibilities to visit home, your transportation and moving facilities, etc. Some of us visit their homes almost every weekend.

Until we hear from you we remain.

Yours truly,

Society for Respiratory
Patients in Finland
Olli Aro, Chairman

Aurora Hospital
Helsinki, Finland

KOREA

We saw a challenging publication by the National Rehabilitation Center in Pusan, Korea. We sent them a copy of JUNIOR and are looking forward to exchanging letters with them.

SEATTLE, WASHINGTON

We have had some interesting correspondence with the Polio Alumni in Seattle. Their president, Dr. Fred Cummings, sent us a list of 53 who would like to receive JUNIOR and we are looking forward to hearing from all of them.

Miss Joanne Ridenour, 508 Summit No. Apt H, Seattle, 2, Washington has agreed to act as Correspondent so if you would like to write to some of the 53, write to her giving information about yourself and she will "match" you up.

We appreciate Miss Ridenour's gracious statement: "I know I speak for our entire group in expressing my own pleasure in maintaining a correspondence with another group of polios."

ANN ARBOR, MICHIGAN

Dr. David Dickinson wrote: "We plan to place a large notice in our own publication, the Penthouse Press, inquiring which of our subscribers would also like to receive the Toomeyville Jr. Gazette. We shall forward this list to you as soon as replies are received."

Following is a delightful letter which we received from one Ann Arbor alumnae and we hope that many of you will write to her soon:

"I was a patient last year at the Ann Arbor Respiratory Center. I have been at home now since last Sept. 25. I am 27 years old and have two children. If there is any patient who would like to correspond with me I would like to hear from them.

I would also like to receive your publication of the Toomeyville Jr Gazette.

I had my name in at your Center but because I received a call from Ann Arbor first and also being a little closer to my home I went to Ann Arbor. I have a friend who was a volunteer at your Center. Her name was Jan Service but has moved to Arizona.

Will be looking forward to hearing and receiving a copy of your paper."

Yours truly,

Mrs. Betty Mielke
115 Bischoff Street
Fond du Lac, Wisconsin

AUGUSTA, GEORGIA

Mrs. Emily Paul, Director Patient Activities, Eugene Talmadge Memorial Hospital, Augusta, graciously sent a list of ten patients who would like to receive JUNIOR. She said, "Thanks for sending us your paper and I'm sure these patients will appreciate your thoughtfulness."

We suggest that you write to Mrs. Paul if you wish to correspond with any of the patients. We might add that nine of them are addressed "Mr" and one "Miss".

CALIFORNIA

One of the most stimulating publi-

cations by a polio alumni group is put out by alumni of Fairmont Hospital - The Bay Counties' Post-Polio Association, c/o Mrs. Jean Shelton, 16242 Via Rincon, San Lorenzo, California.

We have put them on JUNIOR's mailing list and written to Mrs. Shelton about corresponding with members of their group. If you wish to make contact with these California polios write to her

SAN LEANDRO, CALIFORNIA

We also had a cordial letter from Dr. Leon Lewis of Fairmont Hospital, San Leandro, California.

"Thank you very much for your nice letter of July 10th and the copy of the Toomeyville Gazette. I am sorry I did not have the pleasure of knowing Dr. Toomey, whose facial expression on the cover photograph is sufficient indication of the kind of man he must have been.

I have turned over your letter and one copy of the Gazette to Miss Dora Einert, our program director, for reply and to expedite exchange between our Centers. We publish a paper very irregularly now but in the future I hope that we shall have an opportunity to keep you informed about what we are doing."

We are sure that Miss Einert would be glad to help anyone who wishes to initiate correspondence with other respiratories.

LOUISVILLE, KENTUCKY

One of our own Alumnae, Sally Russell, has made contacts with some Vandervilt respiratories and started some of us on mail-type friendships.

So if you wish to make some new Southern friends, write to Sally and she will fix you up with the greatest of ease. Her new address is:
6405 Regal Road, Louisville, 7,
Kentucky.

OHIO

One of our younger alumnae is

It is difficult to find a method to reach respiratory people. We are depending greatly on your writing to us, and telling others to write to us. We will be happy to print your letters seeking polio correspondents and do our best to act as a "people-matching bureau."

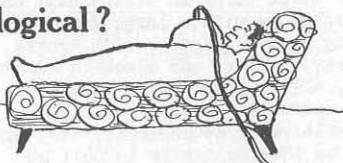
very anxious to work on her Spanish with some other polios. She is twelve years old and started to study it this summer with great enthusiasm.

She has two brothers, a cocker named "Blackie", and a constantly changing bird family. She is an excellent mouth-stick typist and a fine letter-writer. Write to: Kathy Harrigan, 1849 Beersford Road, Cleveland, 12, Ohio

For your FREE subscription to the TOOMEYVILLE JR GAZETTE
send your name and address to:
Editorial Office, Box 149, Chagrin Falls, Ohio



Can mucus be psychological?



One patient reports that if she goes any place without aid, she gets mucus; but if the aid is in the car and quite easily available, she does not get mucus and does not feel the need for aid.

Another reports that she will get mucus if she gets more than fifteen minutes away from aid.

Several of the patients think too that their mucus increases just

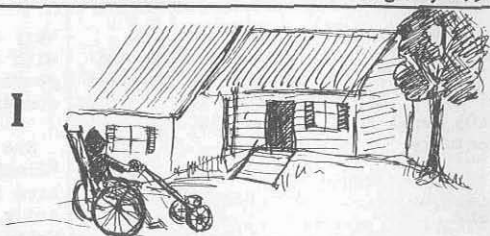
prior to their monthly periods.

What is your experience? Have you found that fear, anger, excitement, or fatigue increases your mucus? What are your methods of combating it?

We hope to hear from many of you - both your problems and your solutions. Please write to us and we will try to summarize all your experiences and conclusions in our next issue.

The Home and I

by Blaine Hart



Having been asked to tell of some of my experiences and equipment connected with post-polio home living, I must first say, a great deal of credit should go to several capable and generous friends who have helped me fix up my various gadgets, and devices. Since my own muscles, or mechanical equipment, largely refuses to work, it seems a few special devices make a world of difference in helping to make one's life more normal.

The employees and office personnel of the Deming Pump Company, where I worked for 15 years, before polio, and Nacmi still works in office half days, presented us with a large four wheel riding garden tractor, with brakes, reverse, battery and electric starter, etc., all very complete. There was also extra money to go toward mower, and cultivator attachments, etc. They gave us this primarily to pull my wheel chair trailer, that I had made last summer for our old garden tractor. Now I can take my family and we go visiting our neighbors.

When we started to adapt the home to me, one of the first items we made was a pair of ramps or loading plank, to get the wheel chair, or chaise longue in and out of our station wagon. We made these from wood 2 x 6's, as long as the inside of the wagon allowed. One by three strips were tacked along the sides to keep wheels from rolling off. A 5 x 5



steel plate was bolted to upper end of plank, extending over the end half way. A 3/8 x 2 rod welded to this plate fits through 1/2 inch holes in station wagon tail gate, keeping ramps in place.

Although we made great effort in building our house, to have it as convenient and efficient as possible, we never thought of needing it to suit wheelchair living in a year or so. Since the side porch was three steps up, we made a ramp with three rough-sawed 2 x 10 x 16' planks. Railings slightly lower than the chair armrests, and underneath bracing, make it very secure. Lath (3/8 x 2) nailed across the center plank, serve as nonslip cleats. A small ramp for the one

step into the house, is covered with roof shingles, making a good non-slip surface.

The storm door is held open for wheelchair entering by a simple cabinet door latch, at top of door. The plunger was made to work in reverse, with striking plate fastened to porch ceiling. A light rod extends down to near door handle height, so children can operate this.

My wife and I have found an easy and satisfactory method of getting me from my reclining wheelchair, to my rocking bed, and vice versa. We first get the bed with the foot on the up-stroke, and at fifteen degrees. The foot board is turned flat, with a good sized pillow placed under the upper edge, and down over top board and supporting bar. A long piece of nylon is then placed over pillow, and extends nearly to head of bed. The back of the wheelchair is placed down on top of foot-board, pillow, and nylon, with chair handles against frame of foot end of bed, and wheels are locked.

With my feet against her thighs, she grasps chair arms, and slides me up into bed until my feet are even with edge of chair seat. The next foot and a half is considerably harder, as she must grasp my feet and really push. With my buttocks then well on the bed, the chair is removed, and my feet hang down, just past the end of the bed.

She then snaps on switch of bed until the foot is at its extreme height. The remaining push is easy, as it is all down hill.



Using the same method in reverse, getting out of bed is easy, as it is all down hill. Provided the wheels of the chair are always locked, this method is much safer and more comfortable than being picked up, also takes less help, and is easier on their backs. We also have a windlass at the head of the bed, to draw me up into bed on a sling, but is more bother, and seldom used by anyone of average size.

I also get in and out of the auto by a method similar to this. After being slid onto the seat, with head under the steering wheel, I am straightened up, and turned around, then leaned forward and a back and head rest put behind me.

We added a 1" foam rubber pad, with plastic cover, to the back of my wheelchair, and it is a big comfort to my meatless shoulders. The armrest pads were replaced by ones 25" long, with extra length to the back, which gives my arms the much needed support while reclining, and also eliminates the problem of dangling arms when being raised to upright position. Heel blocks on footrests keep feet straight and comfortable. A simple plywood shelf under chair seat carries the portable respirator. Pockets on the inside of armrests are helpful. A stick slightly larger than a yard stick, placed across the armrests,

makes a comfortable handrest.

A unique tilt table or standing board, is made from $3/4$ plywood, and covered with foam rubber and plastic. Two bolts and thumbnuts, fasten it to blocks permanently fastened to foot-



board of bed. With it in place, and bed ten degrees low at foot, two people can easily slide me onto it. I am strapped fast, and foot end allowed to ride on floor, as foot of bed is turned up by turning belt by hand. Two people can swing board up on a stool, remove straps, then on up and am slid down hill, back on to bed. Standing board is then removed, foot-board folded, and stored under bed. Folding armrests support arms while standing.

A hinged reading rack for chair was made to extend from a few inches in front of the chest piece, to about a foot or so beyond armrests. Braces to hinges of footrests keep it just slightly higher in front than back. With long, bent mouthstick, I am able to turn pages readily. A soup can

fastened to left side makes a suitable mouthstick holder. When the chair is in reclining position, the rack may be easily stood up to nearly vertical, and slid back along armrests to desired position. Then even children can easily turn pages for me.

The first Christmas I was home, my wife's fellow employees had a desk made for us that is just the correct height and width for a wheelchair. We now have my electric typewriter permanently mounted on the desk, tipped to correct angle, etc. With blocks under desk to stop wheelchair at the exact position, it is very easy to get set for typing.

Two mouthstick holders are fastened to typewriter stand, so they are right ready to use, one being for my typing stick, and the other for the long one with which I can move papers on desk



or pick up envelopes or papers and put in typewriter. I have a little copy board that hooks to typewriter, with one foot resting on desk. This brings your copy up easy to see, and can turn or move papers with short

mouthstick. These mouthsticks both need to be bent, to suit me. The short one for typing has a series of ball bearings where the bend is, replacing the plunger rod. The long stick has a spring at upper end, with old guitar string through tube which is soldered to hook at lower end. This can be extended with tongue to pick up papers, etc.

For telephoning, I have a "Fonadek" mounted on a pullout board, left of the typewriter. This instrument holds the ordinary telephone handset, and amplifies the incoming voice over either a loud speaker, or light comfortable ear piece. The speaker is nice when I want an attendant to write down any statistics of the phone conversation. It seems to be a problem for me to get close enough to make the party on the other end hear me clearly, sometimes.

I am able to write on single sheets very limitedly, by means of a short ball point pen in a holder, which is brazed at an angle, to a sewing thimble that had the end cut out. For this, I must wear my hand splint, with rubber bands to extend all fingers. Rubber tips on loop of thumb and third finger give traction to walk hand across paper.

A sort of trough was arranged to hold manila folders. With long mouthstick, I am able to turn pages in folder, remove a page, or replace.

A handy coffee or drink holder was easily made by soldering a soup can to an old fashioned sad iron. With iron placed on chair armrest, and end of handrest stick, a tall plastic cup is securely held in the soup can. Then with a 15" plastic drinking tube I am able to drink at my own free will. This not only saves time for

my attendants, but lets one feel more independent, and free to drink more leisurely. By connecting the 15" tube with a short rubber tube to a standard glass tube, I am able to drink when the chair is in reclining position.

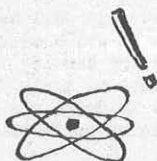
We moved my big respirator to the bedroom adjacent to the living room and made a hole in the wall for the



chest piece tube to pass through. This nearly eliminates the chronic, continually irritating noise of respirator, and also saves much space in the already crowded living room that was not built for wheelchair living. I feel it is much safer to have such expensive and complicated equipment out of sight.

Experience and time have taught us many methods of making home living quite normal and comfortable.

If any of you have any further questions to ask Blaine about his many interesting adaptations and inventions, write to him and he will be happy to help you. R.D. #3, Fairview Road, Salem, Ohio.



BRAINSTORMS

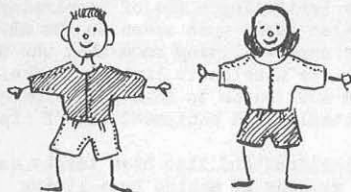


Dress like a doll --- it's a snap!

by Ida Brinkman

A neighbor and I were inspired by front-and-back doll clothes to design some for me.

SHORTS: The shorts are made with snaps on both sides and on the inner side of both legs. When completely unsnapped there are just separate pieces. They are easy to launder and easy to put on me. The fronts have two small unpressed pleats on either side for a better fit. My neighbor whipped them up in no time without a pattern. You could easily rip up an old pair for the first pattern.



SHIRTS: Our success with the shorts spurred us on to create a special design in shirts for the chest piece. The shirts are made with snaps across both shoulders and down the sleeves, as well as snaps down the front. A soft padding of flannel is sewed on

the inside front and side to protect against chest piece irritation. In the diaphragm area the front has shirred rows of elastic thread to prevent the blouse being sucked up into the chest piece hose.

They are made extra long so they will tuck way down and not pull out when I am lifted. They are made of combed cotton so they can be washed often. It has been fun to think of different ways to jazz them up: the sleeve gands and collar can be made of contrasting colors, or trimmed with lace or soft ties. The backs and fronts of the shorts can be interchanged if you feel zany.

About BATHTUBS...

PORTABLE TUBS Susan Armbrecht is enthusiastic about the Sears, Roebuck folding tub. It is a lovely blue-gray color rubber, and is supported on well-finished wood legs. It folds compactly and very easily. Total cost, including tax and shipping: \$13.23. Susan uses hers in the kitchen, filling it from the kitchen sink and draining to the basement along the pipes to the sink.

Ida Brinkman uses the same Sears tub in her living-bedroom. She is lowered into it with the lift. It is filled from the basement and siphoned out with a long hose to the basement.

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"BRAINSTORMS" - continued

EXTRA LONG TUB Wanted by Vern Colburn, to fit his 78" plus length. We had a letter from Vern saying that he had tried to find the source of the long and very shallow tub in Room 107 at the hospital but was unsuccessful. He had been discussing it with a local manufacturer who could make it in fiberglass reasonably if there were enough others ordering them to pay for the original mold. Vern would like your ideas and suggestions.

Here are a few: the very tall husband of one of the editors suggests using a fiberglass canoe, raised on wood



supports, plumbing added, surrounded by murals of a quiet lake scene.

Don Heston suggests a therapy tub, without the expensive extras, which he ordered from a firm in Defiance, Ohio. Cost: \$138. Don's tub is about 7' long. It is raised about 8" off the floor and the space used for storage. A canvas hooks onto the tub to keep his head and shoulders high - away from his trach. It takes about 40 gallons of water, so he can really submerge.

If any of you had additional fine brainstormers on the subject of bath tubs, will you send them along?

HOME CATALOG OFFICE



by Don Heston

It was so good to get back to my home and to my new business in Bryan, Ohio. While I was at the hospital, the community built on my office-bed room. It is 24' x 16', big enough for all my equipment and my customers. It has overhead tracks and hoist in the ceiling, air conditioning, TV, and generator. My own bathroom is part of the room but hidden by curtains for convenience and privacy.

There is a big open cabinet right in front of my rocking bed and all the catalogs are there. When a customer comes in, he will say what he wants, then I tell him which one to look at - I have them all memorized from looking at them so often. The customer writes up his own order. On most of the items I handle, I get the commission immediately and the purchase is shipped C.O.D. to the customer.

I have an ad in the daily local paper and I am working through our phone book (population 9,000) calling to tell others of my business.

I handle business printing, calendars, advertising specialties, Christmas cards, all occasion cards, all types of jewelry, all types of uniforms - and almost anything you can think of, including lawn and household furniture.

Book matches with imprinted names are my best sellers. I also handle all the good name brand watches and have some good specials on nurse's watches.

I have done very well on both the nurse's and waitress' uniforms.

If any other policos are interested I shall be glad to help you in any way. My business is gradually building up and I find it is a very easy and pleasant way to be with people.

COLLECTING OHIO SALES TAX STAMPS

By Bob arnold

For the last couple of years I have been collecting, sorting and turning in Ohio Sales Tax Stamps. The sorting is very tedious so I do it while

I am watching TV or keeping my wife company as she irons and works around the house.

The smaller ones are put in bags and weighed, the larger ones separated into the different amounts, counted, and held together with a rubber band.

All of my friends are collecting them for me and bring them by and visit with us. Of course, I try to get the big fat ones from automobiles and appliances. So remember me when you make a big important purchase.

My address is: 68 West Street, Akron, 3, Ohio.

MEET A PEOPLE . . .



Sally Russell

6405 Regal Rd., Louisville, 7 Ky.



This month's PEOPLE is our Assistant Editor, Sally Russell. She has been working so hard typing our mailing labels and devising a system of Captains and Teams of 7 or 8 Toomeytes, so that news will flow in and circulate out more freely. A copy of her lists is included herein for all you Toomey Alumni and alumnae to study. You will all be hearing from your own Captains soon. So, please all help us to pass your news around.

Sally sent us the following outline on which to base a profile of her. We think they are so well done and so typical of Sally that we are printing them just as she sent them in:

Subject: Sally Russell
Age: 30-ish (37 to be exact)

Education: High School and College - Michigan State and Wayne U.

Majored in: Commercial Art

Married in: 1942 in Detroit, Michigan

Moved: to Cleveland in 1948, lived in Shaker Heights until '51 then bought a house in Willowick.

Son: David born March 17, 1952

Stricken: Sept. 17, 1953. Son, David, also stricken at same time and both were in same room until Sally was put into iron lung. David normal now.

Iron Lung: about 7 months until out completely. Uses aid all but 6 hours a day, uses rocking, chest shell and positive pressure. Sleeps all night with chest shell. Has feeders - loves them!

Hobbies: spends many hours each day typing. Does typing work for church. Corresponds with many friends. Loves her new work on JUNIOR.

At Home: has a housekeeper who takes care of house (lives in). Husband, Allen, travels most of the time - he is home on weekends. He is a sales representative for Michigan Chrome and Chemical in Detroit. Sally's Mother, Mrs. Brower, lives with her and helps run the house and take care of David. Does many things to help Sally with her many hobbies. Has a nurse who comes in 4-5 hours a day to give Sally her complete care.

Trip to Cleveland: had a wonderful time. Learned so many new things while there. Is real "excited" about the Toomeyville JUNIOR. Is so anxious

to get everybody (alumni) to write in all the news about what they are doing. Sure hopes the "Team" idea with "Captains" will work.

The only thing that I forgot to mention is that I have a sweet little "Sausage Dog" called Trinka, who never leaves my side (even sleeps with me) and a silly parakeet called Chippy who doesn't talk but loves to drink coffee with me. He is so tame, always wants to kiss everybody.

One other bit of news about me: I was on the local TV station (a program like Dorothy Fuldheim's) to help push polio shots. There were two doctors on with me. One was head of the county polio program, the other was just a doctor who is interested in polio. The program is called "Small Talk" and is done by Phyllis Knight. I enjoyed doing it - (ham that I am) and was sorry when it was over.

LET YOUR MAILMAN

PLAY SANTA CLAUS



Hurry! Hurry! Hurry! Send for your Christmas Catalogs now. There are only 115 days until Christmas!

With the Harvest Moon just filling out, this may seem too early to plan for Christmas. But it is such fun to dream through a big stack of catalogs and enjoy changing your mind.

We have made up quite an assorted list, so there will be something for everyone - no matter how patchworked your list may be as to ages and tastes.

All are FREE. Just send your request on a 3¢ postcard.

BRECK'S OF BOSTON, 100 Breck Bldg., Boston, 10, Mass. (An old standby. A little bit of everything and worth careful study)

WARD PHILLIPS CO, Main at Washington, Carpentersville, 17, Ill. (Very interesting collection of unusual and inexpensive gifts)

MARK CROSS, Fifth Ave at 55th, New York, 22, N.Y. (leather goods)

THE COUNTRY STORE, One Monument St., Concord, Mass. (Ivy League, tweedy clothes for everyone)

CASCO BAY TRADING POST, Freeport, Maine. (Deerskin clothes, etc.)

ELIZABETH McCaffrey's GIFT GALLERY, Northport, N.Y. (Small catalog with some unusual items)

L. L. BEAN INC., Freeport, Maine (Has personality - hunting clothes, camping, moccasins, just fun to read)

TAKAHASHI, 1661 Post St, San Francisco 15, California. (Exciting brochure of Japanese dolls, puzzles, treasures)

HELEN GALLAGHER FOSTER HOUSE, 413 Fulton St., Peoria, Ill. (Varied sorts of gifts for the house)

TWINING AND BUCK, Salisbury, Conn. (Small catalog of well selected gifts)

SCOTTISH IMPORTS LTD., Rm 43, 352 Sutter St., San Francisco, 8, Calif. (Bagpipes to jams - edible not sessions. Very interesting to study)

F. A. O. SCHWARZ, 745 Fifth Ave., N.Y. 22, N.Y. (World's greatest toy store)

FRANK BROTHERS, 9 E. 57th St., N.Y. N.Y. (Men's clothes and gifts)

MARSHALL FIELD & CO, Chicago, Ill (wonderful department store)

ABERCROMBIE & FITCH, 360 Madison Ave., N.Y., N.Y. (super sporting goods)

FASCOLE CORP., 229 Fourth Ave., N.Y. 3, N.Y. All sorts of interesting gadgets for assorted handicaps - card racks, reachers, etc. Dont miss it)

MAID OF SCANDINAVIA, Minneapolis, Minn. Unusual cookie cutters and baking supplies.

LEWIS & CONGER, Mineola, N.Y. (Quite unbelievable collection of gadgets)

GEORG JENSEN, 667 Fifth Ave., N.Y. N.Y. (Very plush, but a few inexpensive and beautiful gifts)

BEST & CO, Fifth Ave at 51st St., N.Y. 22, N.Y. (Simple children's clothes, tailored-type teens and women's)

IMPERIAL WEAR, 555 Ave of the Americas, at 15th St., N.Y., 11, N.Y. Men's clothes - extra long and extra large)

THE TALL MEN STORES, 46 N. Franklin St., Hempstead, L.I., N.Y. Tall men clothes - 6' to 6' 11", sizes 37 to 58, ties to pajamas, shoes, etc.

HAMMACHER SCHLEMMER, 145 E. 57th St., N.Y., 22, N.Y. (The most in gadgets)

AMERICAN HOUSE, 32 E. 52nd St., N.Y., 22, N.Y. (Exciting modern gifts, many imports)

PACIFIC SHOP, 219 Sutter St., San Francisco, 8, Calif. (Unusual contemporary gifts, carefully chosen)

D. CORRADO, INC., 26 N. Clark St., Chicago, 2, Ill. (Large collection of fine cutlery, knives, shears)

BAZAR FRANCAIS, 666 Sixth Ave., N.Y. 10, N.Y. (Paradise for gourmets)

B. ALTMAN & CO., Fifth Ave at 34th, N.Y., 16, N.Y. (Excellent catalog, arm chair trip through a big department store)

SCANDICRAFTS, Ardsley, N.Y. (Very exciting catalog of Scandinavian gifts)

PLUMMER, 734 Fifth Ave., N.Y., 19, N.Y. (Fine china - a pleasure to dream through)

MILES KIMBALL, 96 Bond St, Oshkosh, Wis.



MUSICARNIVAL

Ida Brinkman said she was inspired by the April JUNIOR to try it. She saw "Annie Get Your Gun" and reports that everything worked out and it was real terrific. So easy to get in and out on the ramps. You were so very inconspicuous. Even your motors don't bother anyone because there is so much other noise. So pleasant to be way at the top of the back so you could see everything but not be in anyone's way. Be sure to take a light blanket if you're the chilly kind.

Donna McGwinn had a wonderful time there too. The Tuesday Evening Volunteer Group took her to see "Finian's Rainbow". She reports the same fine arrangements. She emphasized how very cooperative the management was. But be sure to call ahead of time so they can arrange to plug you in.

AIRPORT

Go there for a vicarious trip around the world. Get out on the upper level and all will be smooth wheeling. You can eat hot dogs or cold lobster, watch the planes and invent stories about the travellers.

CLEVELAND ZOO

The everpresent rain didn't stop the Brinkman family expedition and they all had a wonderful time. The ramps

are good, all the paths are paved, and it is easy to go into the new Bird Building in a wheelchair. Ida has a platform built under her chair for motors and batteries and it was quite simple to use the chest piece and batteries. You can take your own picnic lunch or buy one there and eat in a pleasant pavillon.

NATURAL HISTORY MUSEUM

Ida says it is easy to go in on the Main Floor and the children had a wonderful time seeing the exhibits.

POP CONCERTS

Mary Jo enjoys the happy summer music there. She suggests that you go in the 6th Street Entrance. There are only two small steps. Most of the seats are on the main floor.

AQUARIUM - THOMPSON AUTO MUSEUM

Frank Gearhard reports interesting and successful wheelchair tours to these two sights.

DRIVE-IN THEATRES

Just a re-reminder, because they are made to order for children, courting and respiratories.

TERMINAL OBSERVATION TOWER

We have been wondering whether this wouldn't be an exciting and easy thing to do some clear day. If any of you have tried it in a wheelchair, will you give us a report, so that we can share the experience. Maybe one of you brave souls will try it for us.



The Reading Rack

PAPERBACK BOOK NEWS AND REVIEW. 210 East 39th St., New York, 16, N.Y.

This is a paperback magazine published monthly for \$3 per year. It has lists as well as reviews of the new paperbacks. It is as handy as having one of the revolving racks in your own living room (except there is no opposing human on the other side who wants to turn it counter you-wise).

OVER MY DEAD BODY. By June Opie. E. P. Dutton & Co., Inc. 1957

A story of a young woman from New Zealand who visits England and en route catches a respiratory polio bug. It is interesting to read the British terminology for the various pieces of respiratory equipment and to study their approach to treatment. It is a human story and has a charming and happy ending. Courted all through the early stages by a shipboard love, she finally decides that she cannot marry him because if she went out to the garden to get parsley for his scrambled eggs, she might fall, and he would have a scrambled wife instead. The next day, she received a box of flowers and a note: "You could always grow your parsley in boxes outside the kitchen window. So now what?"

If you can still find an August CORONET magazine, you will find a good summary in their "condensed" book section.

INTERNATIONAL SOCIETY FOR THE WELFARE OF CRIPPLES, 701 First Avenue, New York, 17, N.Y. Send for their free list of publications.

SELECTED US GOVT PUBLICATIONS, Supt. of Documents, Government Printing Office, Washington, 25, D.C. Biweekly. Free. Just send your name and address and ask that your name be put on the mailing list for the Selected US Govt Publications. You will find listed some astounding ones.

We have been asked to repeat some of the magazines listed in April which are for polios and/or paraplegics:

PARAPLEGIA NEWS. Monthly. \$2 yearly. 240 Lee Ave., Stroudsburg, Pa.

THE CALIPER. Quarterly. \$1 yearly. 153 Lyndhurst Ave., Toronto, Ontario.

POLIO LIVING. 12 Ryan Drive. Bloomington, Illinois. Quarterly. \$2 year.

TOOMEY MOVIE SCHEDULE

		7:00 pm
Tuesdays		
Sept. 7	"Away All Boats"	
9	"Against All Flags"	
16	"Black Horse Canyon" with Alan Ladd	
23	Bingo. Prizes.	
30	"Desert Legion"	
Oct. 7	"Walk the Proud Land" with Audie Murphy	
14	Bingo. Prizes.	
24	"Satellite in the Sky"	
28	Halloween.	
Nov. 4	"The Kettles in the Ozarks"	
11	"Angels in the Outfield" with Paul Douglas, Janet Leigh	
18	"Interrupted Melody" with E. Parker, Glenn Ford	

TOOMEY ALUMNI NEWS

ERIC FRIEDRICH went home on July 3. His address is now Route #3, Jefferson, Ohio. He was so happy to be going home. He said that the whole town is back of him. He will be very busy for the next six months, studying accounting by correspondence and waiting for the Stork which is due in November.

DON KOLLAR was in for a short and painful visit. He passed a few more kidney "gems" and then went back home again.

We all enjoyed visiting with that cheery gentleman, DON HESTON, when he came back for a couple of weeks check up in July. He said that he whizzes down his ramp every day to be outdoors. He doesn't have a car lift yet but he can get someone to lift him in the car and he loves to ride around.

He hopes to go calling on CHARLIE CRILL soon. Charlie was in the hospital for ten weeks, but was back home, with each closed and doing fine.

KATHY HARRIGAN's Spanish is progressing rapidly. She can now count well and has quite a vocabulary. We hope to find a Spanish writing friend for her soon.

Our sweet MARY JO SANDS was in being up-checked. We are not sure that we

should speak to her because she confessed that she hadn't found time yet to read the June JUNIOR. But she did promise to write about Bedford Springs.

Everyone who sees him says the same thing: "What a lot of weight you have gained." But it doesn't dim the grin on BOB ARNOLD's happy face. He was in for a bit of checking in July. Bob said his children are a lot of help to him. John is now 14 and Patsy is 10. John had just spent three weeks working on a farm and had a delightful hard-working time. The man who runs the farm was an orderly at Akron Hospital and he is a relative of that doll, VERA OVERHOLT. Bob plays a lot of cards and has a fine new card holder. He gets out a lot now that he has a car lift and enjoys riding around and calling on his friends. To make gadding even easier, they have a pulley and winch that pulls the chair up the ramp of their house.

Bob sees DONNIE BUTTERBAUGH often and Donnie is now going to school and still doing exactly what he pleases.

We are still being teased by FRANK GEARHART because we made a mistake in the June issue and said that he would be 10 years old instead of 19 on July 25. On that day, his family brought the picnic fixings and they all went to Euclid Beach Park to celebrate.

Frank has been sightseeing and touring around Cleveland. He is most fascinated by the draw bridges over the Cuyahoga River. He went to a baseball game but Cleveland lost a double header to Boston that day. He has been to the Aquarium, the Zoo, and the Thompson Auto Museum.

Frank's big smile is an asset to Div 27 and we all enjoy watching his very

hearty appetite since he uses the Multilung at mealtimes.

RUTH DAVIS says she has spent the entire summer entertaining her children and hasn't had time for much else.

BERT BACON comes home on weekends from Crile and is doing well.

Rosalie and JERRY HILL had a baby girl recently. The lucky godmother was LOUISE GODEC.

MICKIE McGRAW had planned a great picnic for Sunday, August 24, but it was literally drowned out that day and her Rain Checks are being saved for a later reunion.

JOHN LAMBOUR was in during July with a bit of pneumonia. We are saving space for one of his fine amusing stories next month.

The busiest gal in Wadsworth, Ohio is our Becky Krieger. BECKY has a new nurse, reunions with many long lost relatives, missionary meetings of the Lutheran Church, a big showing of her Christmas cards, a trip to Ft. Wayne - plus "getting my three kids ready for school. My baby goes to kindergarten this year and boy does that make me feel old!!!"

LIZ ARNOLD's house moves along slowly to completion. She had an appendectomy in July, took it quite in her stride and is quite recovered now.

ADELE MOCKBEE is at Warm Springs. She said the sun is beautiful and she would love to sit in it, but there is never a minute's rest except on the weekends. It is work work work all the time there. There is one very bright spot: FRITZ PHILLIPS was in the next room and he and his friends

were teaching her card tricks. Fritz is home again. We hear exciting rumors of their progress and when she returns we will get them both to report their experiences in the next issue.

JEAN LANG made an expedition to Chagrin Falls and has another Laurie Siamese kitten. While Bob and the kids were away, LOUISE GODEC visited her for three days. They lived it up like two gay bachelor gals - drinking Drambuie and such.

Our party gal has gone again. SALLY RUSSELL flew back to Louisville with even more fanfare than when she arrived. She was heard to remark that Div 27 seemed like a Country Club now.

Sally said that BOB ABARE was in to visit and that he is more handsome than ever and drooling with personality. He told her that he is so prolific, he thinks he should start a "children farm".

DICK HASENFLUE was another of Sally's callers. He is now postmaster of Birmingham, Ohio. And he has a good watch and jewelry repair business. His address is: RFD #1, Wakeman, O

RITA FORD's new address is R.F.D. #1, Norfolk, N.Y. In her last letter she said that she was home, but still doesn't have the twins, and that she expected to go to Montreal to the hospital.

IDA BRINKMAN was in for a two week check up in July, going home over the weekends. She visited David and Dean at Stoney Glen Camp. They were really having fun, but glad to get back home. She was excited about a new gadget that attaches to her shoe - it has ball bearings and with it she can roll a shuffle board disc and join

the family in their games on their driveway. She has been trying to learn to write with a pencil in her mouth - but it isn't going very well - yet. Meanwhile, she is doing mouthstick typing for the church and typing her sister's theses for her physical education masters work. John is managing the Little Leaguers and they go to the park almost every night. She sits in the car so she can watch. They tie a string to her good foot and to the horn ring so that she can blow it when she needs help.

Larry and SUE WILLIAMS had a very gay picnic - combination fish fry and big steak roast - on Friday, July 25. Among the guests were VERN COLBURN and Marian, Florence and JOHN LAMBOUR with their Christie and Timmy, Martie Gregor and Ellen Schmidt, Gini and Joe Laurie, and Sue's local volunteer, Marge and Bob Durrin. VERN looked like a gay blade in a pink shirt. His house is progressing but not as fast as he had hoped.

We had a kind letter from BOB DICKUN complimenting us on the news in our JUNIOR and requesting the address of CAROL KNEEBUSCH.

Our pretty brunette, JULIA LUDWIG, is looking prettier than ever. She went home for a long long weekend over the Fourth and had a wonderful time with lots of callers. Her children are now 2, 4, and 6. Her six-year old, Sandra, can feed her her lunch and dinner, even serving coffee when rocking. She is learning to write in OT. She says it looks fair and is even readable. She is now sitting up 45 minutes in the morning and a half hour in the afternoon. She said it seems slow, but at last progress is starting. She is looking forward to the happy day when she can feed her-

self. Now she is working hard on her breathing and hopes to make it on her own soon.

Welcome to our new patient - a very charming blonde and unmarried - EVELYN PETERS. She is 21 years old, had had polio for six years. First time she went to the hospital it was Friday the Thirteenth. Her home is Massillon, Ohio. She lives at home with her mother and a brother aged 13. She has a married brother with three children and a married sister with five children.

Evelyn finished high school with a tutor. She loves music, especially Rock 'n Roll. And she enjoys TV, preferring the medical shows.

She said that she is finding out a lot of things she didn't know about polios - especially other respiratory polios. She used a rocking bed at home. Here she is learning to use a chest piece and positive pressure. She hopes to learn how to get from bed to wheelchair. And she is now looking forward to getting a new '58 model wheelchair to replace her own obsolete model.

She does typing at home for her therapist and plans to take short-hand eventually. She has sold Christmas cards in the past but has been in the hospital so much in the last year that she had to give it up. She has also done some telephone work for a salesman of cutlery, making appointments, etc., for him. She is full of plans for the future and we wish her good luck in whatever business she decides to try.

Akron's Titian beauty, BETTY O'LEARY was in again. She said she is an "Executive Mother" too. We think she

would have to be with her big family of four children: a boy 5, a girl 7, a boy 8, and a girl 10. She loves to read, to typewrite, to ride around, to eat out and to raise children. She said she had been in the hospital with CARL TUCKER. Has anybody any news of him?

Moving day is any day soon for RUTH MECKLER. Her new home is near Green and Fairmount Roads and the address is 24115 Sitting Borne Lane, Cleveland, 24, O. She is anxious to show it off to all her friends. Her 15-year old daughter, Susie, is fine but a little sad because the change of school will put her back a half year. At last, Ruth has very capable help after some troubles. Her telephone is FAirmount 1-4726.

Some of the Volunteers are planning to drive Louise Godec to see JANET RUEHLING soon. We are anxious to have news of the glamorous Janet and look forward to their report.

August is a month of congratulations for MIKE GOODIEL. First, he graduated from the 8th grade on August 4th when he passed last of his finals. Then, on August 26th he was 14 years old. He hinted gently that he wanted more records and miniature dogs. On a recent weekend home, a couple of his boy friends came by and played Elvis records, and one of them pushed him down the road to his house.

FRANCES HUVLER was in for a bit. She said she is like a bad penny that keeps turning up. She said she has to come in "to get pumped" up when she runs out of air.

She has two daughters: Karen who is 8 and Crystal is 7. She lives in a boarding house and, except for a regular attendant for about 3 hours in

the morning, it is catch as catch can and she never knows who will answer her call - so life is never dull and she has lots of different company.

She spends most of her time with her children or on the phone. She talks to all the Akron polios within a no-toll range and enjoys keeping up with all their doings.

Frances has some fashion notes of her own to add to our collection. Since she wears a chest piece for 24 hours a day, she has found that only a T-shirt is really comfortable. But she loves to look feminine, so she has the sleeves cut out and replaced with gay nylon puff sleeves - made with draw strings, not elastic. She adds a scarf to hide the trach. She likes to wear Chinese-type jackets over the chest piece. The standup collar is becoming and they are full enough to conceal the shell bulge.

We have two new '58 polios who have just arrived on Division 27. We will have more about them next month. ANNA COLBERT is 13 years old and lives at 4114 Woodland, Cleveland. CHARLES WALLACE is 5 years old and lives in New London, Ohio.

We have sad-making news to report: On August 15, Susan Armbrecht's mother passed away after an illness of many months. In the eleven years that she has been and out of Toomey with Susan, everyone has known and loved Mary Armbrecht for her charm and marvelous zest for living and loving. Through the years she has comforted, cheered, and made life more fun for everyone. All of us join her many many friends in sending our deepest sympathy to Susan and her family.

VOLUNTEERS

Betty Henn, head of Volunteers, is busy with the approaching wedding of her daughter on September 13th. And she has more exciting news to report: she now has a grandchild! Their son, Dick, and Jean had a little girl on August 1, whom they have named Karen.

Big goings on in Flora Seielstad's life too. She is happily aflutter over welcoming a new daughter-in-law on July 30th. Mary Schreiner of Lakewood married their son, Douglas, on that date. After a brief honeymoon, the young people are now living at Devon, Connecticut.

Barnsie baked one of her big mouth-watering cakes for Mike's birthday party on August 26th. She is an old time Bingo fan and ran the wild game at the party. There were 18 prizes, most of them packages of her quite fabulous homemade fudge.

Babs Ogilvie has a fine movie schedule planned for Tuesday nights. She is assisted every other Tuesday night by The Tuesday Evening Volunteers. This same group of young people also had a grand birthday party for Frank Gearhart and took Donna McGwinn to Musicarnival with great success.

Bini Laurie's cat family now numbers 13, plus one Guest Cat, and includes seven silly Siamese kittens. Their Basset Hound manages to retain her sanity in spite of them.

Grace Loeb is cooking some fine Fall party plans.

STAFF DOINGS

Dr. Eiben attended the meetings of the Federation of Catholic Physicians' Guild in San Francisco in June. He also visited the Respiratory Center near Los Angeles. In the middle of August, he and Mrs. Eiben took a week off to relax in Florida with several friends. He reports briefly that they had a good rest and that they went fishing and he caught a shark.

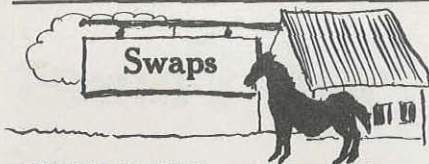
Dr. Coyne went to New York state for three days and then left on August 7th for a week in Los Angeles. From there she went to Philadelphia for the annual meeting of the American Congress of Physical Medicine and Rehabilitation.

Miss Scahill had a delightful visit in Atlantic City and an even better time in New York on her way home.

Miss Gregor and Miss Schmidt came back to our welcoming arms on July 14th. All of Div 27 is happy to have Miss Gregor as head nurse again. They are both bursting with knowledge acquired in California.

Ralph Wehr, our brace fixer, was married on June 29. He took his bride on a fishing trip honeymoon. Mrs. Wehr is the former Edna Riehl, sister of Elmer Riehl, who works with Ralph in Adaptive Equipment.

Eulah Shannar, who used to be an aide on Div 29, has retired to her home town, Louisville. She stayed with Sally's mother while Sally was here recently and they had a lot of jabber-jabber when she returned.



UNWALKED ON SHOES, very assorted.
Reason: boredom. Size 7½B.
Swap for same, but different.
Sally Russell.

BLOUSES. Have a large selection.
Size 34 (14). Would like to swap
plains for gay plaids.
Jean Lang.

PICK for Tenor Banjo. Name your
swap.
John Lambour.

STAMPS - US MINT. "Found I have
a lot of Mint US stamps in blocks
and singles dating to around Scotts
number 900, also some complete and
broken sets previous to Scotts 900.
These are well centered stamps for
collections which I would be will-
ing to sell, trade, or what have you.
Have some marginal inscription
blocks of 4 and some singles of
United Nations also. Anybody who
is interested in buying, trading,
send me your want list. I special-
ize in US Mint stamps." Vern
Colburn, RFD #4, Rogers Rd,
Willoughby, Ohio

FOR SALE

AMBULANCE CART - used. Can be seen
at 269 College Street, Wadsworth,
Ohio, or write to Becky Krieger at
that address.

Sponsors

The following have made contributions
to the City Hospital Volunteer Service
to be used for the printing of the
TOOMEYVILLE JR GAZETTE.

We wish to express our appreciation
to them and to suggest that others join
them in helping to make JUNIOR possible.

Mr. Vern Colburn
Prof. and Mrs. Paul Essert
Mrs. Kai Jakobsen
Mr. and Mrs. Joseph Laurie
Dr. and Mrs. George Martin
Mrs. Carlton Shmock

Our thanks to Mr. Ben Gray and his
daughter, Susie, who set type, letter
and illustrated this issue.

And thanks to Mr. Al Tenny, editor of
The Chagrin Valley Herald and printer
of this issue, for his patience with
our ignorance.

Send us your Want Ads, Swaps, and
For Sales. Everything is FREE to
Respiratory Polios everywhere.

Send to our Editorial Office:
Box 149
Chagrin Falls, Ohio