

TOOMEYVILLE JR GAZETTE

For
and About

RESPIRATORY POLIOS

SUMMER 1959

Volume II, Number 2

A LEISURELY QUARTERLY



Carol's "Bob" keeps guard in positive pressure dome. Story on page 24.

Letters from Abroad	3
Bed Bath Tub	10
Homemade Car Aspirator	13
Special Floor Plans	20
"Looking Up"	37
Electronic Nerve Cell	38

FREE to Respiratory Polios

TOOMEYVILLE JR GAZETTE

Vol. II, No. 2 Summer 1959

The TOOMEYVILLE JR GAZETTE is published quarterly by the Alumni Out Patients and Volunteers of the Respirator Care and Rehabilitation Center, Cleveland Metropolitan General Hospital, Cleveland, Ohio
Address correspondence to:
Editorial Office, T.J.G., Box 149
Chagrin Falls, Ohio, U.S.A.

Our aim is to reach the respiratory polios all over the world, to share the experiences, problems, thoughts and adventures that would be fun to know about each other.

EDITORS

Sue Williams
Sally Russell
Ida Brinkman

MANAGING EDITOR

Gini Laurie

PROMOTIONAL EDITORS

Lowell Weissert
Basil Wiley

ARTIST

Joan Kerber

REGIONAL CORRESPONDENTS

Elaine Allison, Canada
Mary Lee Barnes, Ohio
Elaine Brockway, California
Ira E. Holland, New York
John L. Jordan, Indiana
Charles R. Lyser, California
Bea Shmock, California
Helen M. Swanson, Minnesota

Our writers are the readers. We are completely dependent on the material sent by you, the "respo" readers.



Gini Laurie

Heads,
you win!

Sometimes, when I am digging in the garden, or walking in the woods, I feel a sadness because my respiratory friends cannot participate.

Then I cure these thoughts with my memory of volunteer work at a mental hospital and recall the excessive mobility in the disturbed wards.

How different is the emotional climate of respiratory polio people. Their living has been filtered of much of the fluff and the best of humanness remains.

My gentle, perceptive, fun-loving respiratory friends recall Ecclesiastes: "Wisdom is better than strength." Because they still have their heads, these breathless characters relax, enjoy life and add depth to the lives of others.

ED NOTE: We have coined a new word to describe us - "Respos"





"I (Jurgen Erbsleben) flew from Antwerpen to Hamburg with a poliomat." See "Letters", T.J.G., Spring, 1959

WONDERFUL LETTERS FROM ABROAD! We've received such warm, friendly, enthusiastic letters from our fellow respiratories in far off countries that we reprint on the following pages some excerpts so that we may all share these friendships.

From Jurgen Erbsleben, Hamburg-Altona, Altonaer Krankenhaus, Allee 164, Western Germany

"Thank you very much for the Gazette I got last month. I am very proud because the doctors are pleased that I am writing to you and sending you some stories about polios I find in the newspapers".....

(The following excerpt is from a letter written by Jurgen to Lowell Weissert:)

"I have been delighted with your letter, especially because it is from a polio patient like myself, a man who is in the best manner instructed in my illness. I am astonished with regard to your supply. Here in Germany the treatment for us is still in the beginning phase."



From Dr. Tapani Kosonen, Helsinki, Finland

"There are in Finland at this moment 21 long term respiratory patients. Most of them are in a little ward in Helsinki. I am the leading doctor at this little hospital founded just for long term patients. The name of it in Finnish is 'Kroonisten Hengityshalvauspotilaiden Hoitokeskus' (Center for long term respiratory patients). We have 13 of the 21 here, the rest are at other hospitals."

These pictures were taken at a ceremony during which a sightseeing car was donated by the Finnish Scouts. The polio patients enjoy their bus for outings and to visit their homes in the country.

In the pictures you will see Mr. Pyhajarvi is 25 years old and can frog breathe very well. His home is in North Finland, near Lapland. Both he and Mr. Kananen, whose home is in North Finland too, visited there last summer by air. Mr. Kananen is quite independent of the respirator during the day, but uses his rocking bed at night. While he was home, his brother made

Mr. Pyhajarvi (Wow!) Mr. Kananen (light sweater)



Timo (with cap)

dr. Jaakko Tola Mr. Olli Aro

him a homemade rocking bed of boards and an old electric motor. On the far right is dr. Jaakko Tola, who is the chairman of the Society for Respiratory Patients. She has had polio for $3\frac{1}{2}$ years. Next to her is Olli Aro, executive manager of the Society, who has had polio for $4\frac{1}{2}$ years. Both dr. Tola and Mr. Aro do a lot of translating from English into Finnish and both are radio and television critics at two big Finnish newspapers.

We use only intermittent positive pressure respirators which can be operated by compressed air. Under the seat of Timo's wheelchair you can see the pressed air container. These wheelchairs are very convenient for "Promenades" and sightseeing.

"I would be pleased if you gave my regards to your doctors and would enjoy exchanging ideas with them and receiving reprints of medical articles dealing with the treatment of respiratories."

Finnish Stamps: "I want to exchange Finnish stamps to stamps from all the world. I want beautiful stamps and as much as possible." Yrjo Riekko (13 years) Kroon.heng.halv.potilaiden hoitokeskus, Unionink.38, Helsinki, Finland.

From Mrs. Heather Ruffell,
Age 24, Rush Green Hospital
Ward 11A, Romford, Essex,
England

(Nearly two years have passed since she contracted polio. At the end of 5 months, she began to learn to frog breathe and eventually gained complete independence from the lung during the day.)

"Of all the lessons I have had to learn in life, patience has been the hardest and I have yet to conquer it."

(After several short jaunts from the hospital, Heather crossed the Channel for a wonderful holiday at the Brussels Fair. Here is an account of her journey:)

"Monday, October 13th was the date we had chosen. Excitement had been mounting increasingly as the day dawned nearer. Permits were frantically sought from the Ministry of Health to allow us to take respiratory equipment out of the country. Passports hastily sent off for renewing - nurses rushing here and there packing sheets, macs, enema requisites and other necessary equipment. However, everything was organised and the great day dawned pouring with rain. I travelled on a stretcher with my head resting on a disguised rubber bedpan. Taking with me two sisters from the ward, one armed with the hand bellows and the other

Heather at a
ward sister's wedding

checking the Pump Unit and Tunnicliffe Respiratory jacket, and own personal luggage, we were all tightly packed in the back of a Builder's Van (kindly arranged by our local Rotary Club) and so we all splashed our way to Southend Airport.

"We were met at Ostend by my somewhat harrassed Father and friends with whom we were to stay. It had taken 7 hours from door to door and my first desire on arrival was to exchange the position of the bedpan from under the head to the tail!

"After refreshments I retired to bed very thankfully in the jacket, as the journey had been undertaken without any respiratory aid.

"The next few days were spent receiving and visiting friends, trips to the shops, a wonderful day at the Fair, and the first post-polio visit to a cinema.



"On all these excursions we were accompanied by the small hand bellows but fortunately my 'frog breathing' (G.P.B.) sufficed.

"Monday a very tired, but happy, trio returned to the ward where the whole holiday was relived many times in accounts to fellow patients."



Heather, pre-polio, in fur coat bought with pools winnings

From Erika van Dijk and Jaap Rhijnsburger, Zaal 3a, Gem. Siekenhuis Zuidwal, The Hague. (Holland).

Written to Basil Wiley:-

We also get the Toomeyville Jr Gazette. It is important to read about life of respiratory polios in America and other counties.

Now we would tell you something about our Respiratory Centre. (There are 14 of us here now). We use here iron lungs and rockingbed too but moreover poliomatics and lundias.

The poliomatic is a apparatus by which the air is blown through the trachea in the lungs. It is not an electric apparatus. It works by compression of air. The lundia is however an electric respiratory apparatus by which air is pressed into the lungs by a kind of pair of bellows.

A short time ago our respiratory centre was quite rebuilt and modernised. Now it is very cozy and comfortable with all the new furniture and the fresh modern colours.

Now we should like to tell something about ourselves. My name is Erika van Dijk. I'm 29 years old. I got Polio in August 1952. I was discharged from the hospital but now I'm in this respiratory-centre for checking my respiration. This about myself. Now I'm calling upon Jaap Rhijnsburger.



Jaap speaking:

(continued from page 7)

I'm 28 years old and I got Polio in October 1956. I was kept alive by means of a poliomat. Now I can breathe by myself and can walk leaning a little bit on some body going at my side. I'm allowed to go home for a weekend once a month and in summer I sometimes make a trip in a car with friends.

Dear Basil:

You like your fish-aquarium don't you, for looking at the swimming fishes never bores. We also got an aquarium a month ago in the hall from an "Aquarium-Club". We don't have so many fishes as you have. I think we have about 20.

We did not yet learn frog-breathing but they intend to teach it within a short time.

We look at the T.V. about three times a week. We don't have so many broadcasts as you have in America. There are no broadcasts in the day-time in Holland, only the evenings, except on particular occasions. Advertisement is not allowed in the Dutch broadcasts. We should like to hear something about American TV. Will you tell us something about?

Could you tell us what you mean with "selling magazine subscriptions" for it is not quite clear to us?

If you would like, we will tell you something about our country and our town. There are many American tourists here in summer to see Holland. Now we have to finish our letter.

From Monica Le Monnier, Rodriguez Pena 34
Buenos Aires, Argentina

"Your Gazette, which was received by ALPI and lent to me, I read with great interest. I am Argentine, 19 years old, speak Spanish, French and English and was paralyzed in 1956. Your (magazine) has opened new horizons...All of this is so terribly important to us. I am totally paralyzed, being able to move my head a bit, as I paint with a brush in a mouthstick, and have a lot of strength in my mouth as I can grasp the rubber round the inside of the iron-lung (when it is open) with my teeth and hold myself in a sitting position and am also able to make a knot in a polyethylene thin tube with my tongue. So you can imagine that our hopes soar high when we read of all the new discoveries, and still believe in the old saying 'where there's life there's hope'.

"We do not have a cuirass with batteries. Electric typewriters. Never heard the word. Telephones for polios. What's that? With me, twenty other polios are anxiously waiting your letters."

ER HANS HJEMME OG ER GLAD, MEN:

Det besværlige er, at jeg ikke selv kan trække vejret

Henning Laurson paa Mariendalsvej, som politen læsede, halvtræde og for men fandt polio-vaccinen



HENNING SIKT OG VIL
GLYDDE SIKT SIKK-
SELV FROD A SIKKE
SUKKAFOD.

DE SIKKE: "VHAT IS HE
TAKTOD WITH HE SIK,
FROD HE SIKK-
FROD."



Henning Laurson, age 35, Godtaabsvej
176 C st, Copenhagen F, Denmark

"I was employed as a clerk in a bank of this city when in December 1952 I got dangerously ill. It was ascertained that I suffered from polio and was operated. Since then I have been in a respirator completely paralysed.

"Having spent 3½ years at a hospital in Copenhagen, where I was awfully depressed as I could not resign myself to my fate, I was - thanks to my wife's self-sacrifice - brought home where she has nursed me ever since.

"By the assistance of the municipality I have got an excellent flat (especially fitted for an invalid) where I can follow the life in the street again. Furthermore, the bank where I was employed, did not discharge me, but has continued to pay me as if I still worked.

"Thanks to these things and my faithful wife's touching care life has become bearable for me. Even if spring is a terrible time for me as I still cannot quite reconcile myself to what has happened to me."

OUR READERS
SHARE THEIR
EQUIPMENT
IDEAS



THE VOGUE IS TO VOLKS

Janet Ruehling, 900 Bruce
Road, Kent, Ohio

In the German language, "Volks" means people; hence, the literal translation of Volkswagen is "Peopelwagen". Just perfect for those of us whose myriad equipment takes up much room.

Both back seats are removable. Enough room for chaise lounge or one removed for the wheelchair. Note the frame-

work attached to back seat, (A) above, and the steel pins which anchor my chair to it.

Due to an ingenious electrical system which my father and a mechanic devised, my power problem is solved.

This electrical system is all contained in the engine compartment which is in the rear and under the baggage space. It is designed to operate only the respirator and is entirely separated

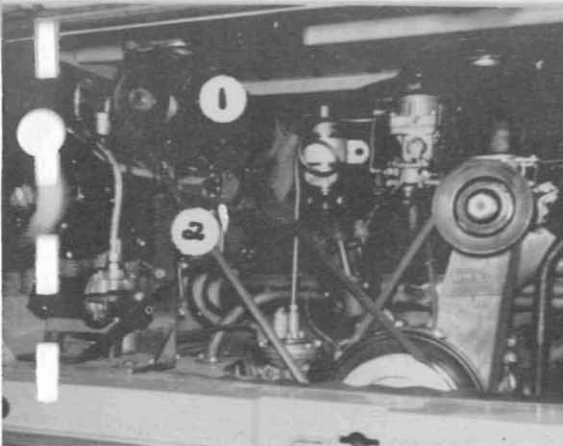
BED BATH TUB

(With thanks to Bay Counties Post-Polio Assoc.)

This series of pictures shows the wonderful bed bath tub idea designed by Charles A. Hoffman.

The complete unit is contained in its own storage cabinet.





- 1) Generator which supplies power to extra 12-volt battery.
- (2) Belt to drive generator.



"The piece hanging down the back of the chair is not a ground wire, it's my braid."

from the system which runs the car starter, lights, etc. I also use this setup for an emergency generator at home in case of power failure.

Switching from German to French, the coup de grace of the "Marvelous Micro" is the price, only \$2344.99 including tax. And its intangible worry-free travel is, of course, priceless.

For more detailed information on the equipment shown, write to:

T.J.G.
Box 149
Chagrin Falls, Ohio

We like it because it involves no patient lifting, the back of the bed can be cranked up, pillow or pads placed outside the tub for extra comfort where needed.

Tub is emptied by siphon method utilizing water pressure at faucet.



HYDRAULIC CHAISE-LIFT

Sue Williams, Box 149, Chagrin Falls, Ohio

"I wanted a way to leave my bed during the day, that would be simpler than the lift and more comfortable than the chair. I followed Susan Armbrecht's lead and ordered an ambulance cot that could be raised and lowered hydraulically. I ordered it extra wide, extra soft, rocking bed height and with a special adaptation that lowered the feet slightly when desired. The cot did not exceed the combined value of a lift and an ambulance cot. Executed by Bomgardner Mfg. Co."

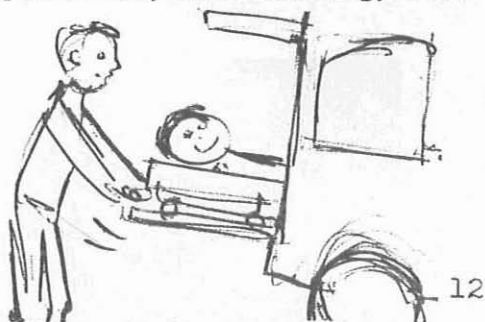


When cot is pumped up to rocking bed height and hooked on to frame of bed, one person can roll the prone character onto the cot.

Raised, the cot can be used as a therapy or dressing table and is wide enough to allow rolling the patient on his side. Convenient for post-bath, hair-washing, etc.

Lowered to chair height, cot becomes a chaise lounge at sitting level of people around. Very thick foam rubber mattress and leath-erette cover make it possible for all-day comfort.

With foot dropped and back raised, patient arrives at a sitting position to enable him to do table work, mouth stick work, etc.



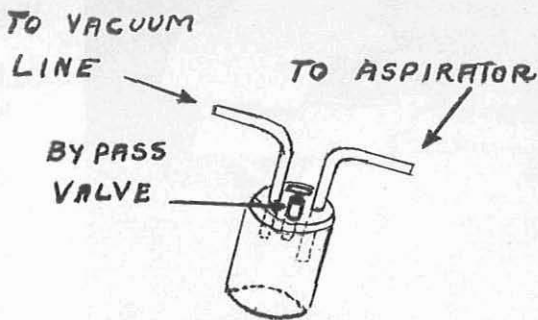
HOME MADE CAR ASPIRATOR

Ida Brinkman, 224 East 326th
St., Willowick, Ohio

Use Y-connection on the vacuum line of the windshield wipers. This vacuum supply goes to a glass jar which serves as a reservoir. (A small glass peanut butter jar with copper tubes soldered in the metal lid is fine). On the reservoir there must be a by-pass valve (a radiator drain valve will do nicely). This valve is necessary to control the amount of suction.

Regular windshield wiper hose should be used for the supply line. A thin-wall hose would collapse.

Testimonial: "My hubby made one of these units for my first trip out of the hospital. I found it less irritating to my throat and still did a better job of aspirating than the commercial machine. Now traveling is a real pleasure with the aspirating problem eliminated."

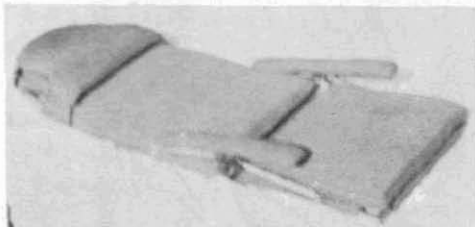


SIT-UP STRETCHER

Jane Boyle Needham, 1184 Martin Ave.,
San Jose, California

William Lester, S.J. writes:

"Two people lift Jane from the lung and lay her on the chair which at this time is flat like a stretcher. Now the back is brought up (the arms along with it) to any angle Jane finds comfortable. The arms lock the back into position. Two people can now lift Jane in the chair with great ease into cars, wheelchair, up or down stairs, or what-have-you. It saves all sorts of wear and tear on her."





WHEELCHAIR TABLE

Cliff Mullen, 251 Ash St.,
Winnipeg, Manitoba, Canada

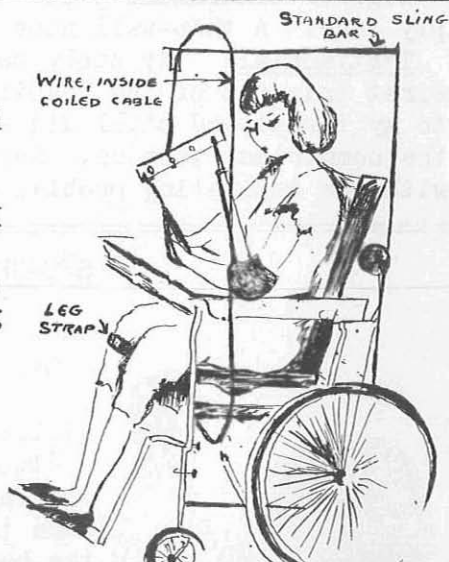
Cliff sent us blueprints of this sturdy, but cheaply constructed table. If you are interested, we will send these blueprints on to you. Cost between \$2.50 and \$3 to make. It is fastened solidly so that it cannot slide off chair, but can be unfastened in 5 minutes and can safely wheel 60 lbs.

LEG-OPERATED ARM SLING

Mary Lou Spiess, 977 Litchfield
Ave., Sebastopol, California

For your gadget department, I submit this gadget designed by Robin's Aids of Vallejo, Calif.

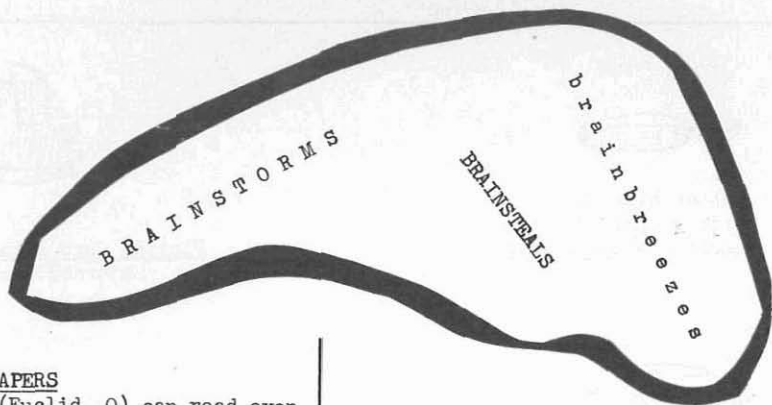
External rotation of left leg raises right arm which has no lift of its own.



OVER-BED TYPEWRITER MOUNT

Clendon Richardson, Route 4, Box
268, Asheboro, North Carolina

This mounting arrangement, made of pipe, permits the typewriter to be raised or lowered, moved left or right, angle adjusted or the whole mount lowered. It was made for Clendon by Mr. Harry Doll. He types with a mouthstick having a plastic mouthpiece custommade with an impression of his teeth.



STAPLED NEWSPAPERS

Don Kollar (Euclid, O) can read even the Wall Street Journal with a mouth stick if 4 or 5 staples have been set along the outside of the fold edge so the pages won't slither apart.

ELECTRICAL PLUG LOCK

3 for \$1.25. Miller's, 60 W. 33rd, New York City, 1, N.Y.

STEP-BACK HINGES

They make door openings 1" or 1 1/2" wider because the door can open back completely out of the way.

Bill Wood, Cleveland Heights, Ohio

MOUTH-GRIPPERS

Use the smallest size of pure rubber heel on the end of every paint brush for mouth-gripping. Make a slit with a knife, whittle paint brush to a broad flat end and insert.

Bill Wood, Cleveland Heights, Ohio



\$1 BOOK HOLDER

Red, blue, black or green plastic. Fascole Corp. (The "Shopping Center" for the Physically Disabled - send for FREE catalog) 229 Fourth Ave., New York, 3, N.Y.



MORE ABOUT BATHTUBS

Vern Colburn (Willoughby, O) had a plywood coffin made. Inside corners were coved. Two layers of fibre-glass put on inside. Finished off with drain and built up off floor with a frame.

Ruth Meckler (Cleveland, O) had her conventional, but large tub set on 3 pieces of 2 x 12's. A sheet of plywood across the legs made a platform for the tub.

PICK-ME-UP

For a fast, fragrant between shampoos pick-me-up, try a light flowery cologne or toilet water. (Careful, not perfume).

Janet Ruehling, Kent, O

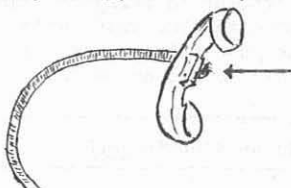
SLING BUMPERS

Small rubber balls make excellent "bumpers" for over-head sling rods. Lisbeth Hild, Houston, Texas

CHEEK-OPERATED TELEPHONE SWITCH

Micro switch mounted on grip between earpiece and speaker. Both telephone and switch wire threaded through goose neck bolted to bed. Switch tripped by cheek. Designed by Mr. Grady Perigan of Pacific Telephone Co.

Mrs. Mary Merry, Altadena, Calif.

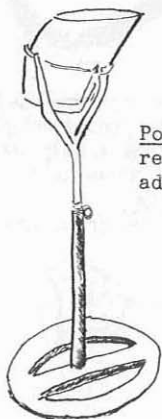




Rubber bicycle grip - stuffed with corks - elastic grip

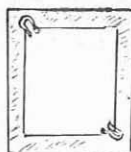


Playing Card Holder
Upturned brush



Polio drinking cup - requires no handling, adjustable height

Writing Aid



Magnets to hold paper steady on sheet metal

Page Turner



Plastic Tubing secured by bulldog clip or used with feeding cup



Paper clips attached to pages - turned over with magnet on dowel rod

(Reprinted from booklet published by the West Sussex Association, Oriel House, County Hall, Chichester, Sussex, England)

SUGGESTION:

CO-OP HOUSE-TRAILER FOR VACATIONS

John Jordan, 520 Melody Lane, New Castle, Indiana, suggests a group of "respos" band together and remodel a house trailer to carry rocking bed, tank or other breathing aids.

Write your opinions and thoughts on this idea to him or to TJG.

TYPEWRITER INDEPENDENCE (Once I'm set up - Sally Russell, Louisville, Ky.)

Long Armed Pincher - to put paper in and out of typewriter.

Long Armed "T" Reacher - to lift the carriage bar, so paper can get thru.

Long Armed Gripper - to reverse the carriage in case of mistakes.

Please send in YOUR BRAINSTORMS, brainbreezes, and BRAINSTEALS

RESPIRATORIES' HOME JOURNAL

Since I've been home, my husband's paid
Domestic help to ply their trade,
Each claimed to be the soul of skill,
Each claimed she'd really fill the bill.

Now Agnes (a rejected wife)
Talked constantly about her life,
She trapped my guests with tales of woe,
Till they found somewhere else to go.

Mary liked whiskey and gin and rye,
And anything else that would make her high,
She was fifty five and she'd had three men,
And was perfectly willing to marry again.

Irene was a worker; extremely clean,
She'd wash everything in the house but Irene,
She scrubbed the walls, she scrubbed the floors
She scrubbed the ceilings, woodwork and doors.

I try not to be dull or cross,
Or critical, or act like "boss",
But someday I expect to see
A housemaid's poem, depicting me.

Poem and Drawing
by
Eileen Martin
282 Granvil Drive
Louisville, Kentucky



MY

PERSONAL

ANGELS



"My Personal Angels #1 and #2"

Floy Schoenfelder
11808 Navy Street
Los Angeles, 66
California

We all like to be told that we are "well-adjusted". Our families give us all the credit. They are likely to say that we have been "brave and wonderful" through it all, or we have displayed "unusual faith and unbelievable courage" or that we have pulled ourselves back to a useful life by "sheer determination". Read any newspaper account on us and you will almost certainly find these trite phrases.

True, we must keep trying - but no one facing a personal tragedy recovers even to the smallest degree without somebody else's faith and effort.

A Personal Angel differs from a Heavenly Angel in the very ways you would expect. He is human and has neither halo nor wings. He is full of problems and vexations of his own. We are painfully aware that he often seems grossly unkind. We may be deeply hurt by his imperfect behavior, his occasional unthinking remarks and sometimes his careless neglect of our needs. If we are childish and immature, we will be bitter and defeated. We will perhaps lose our potential Personal Angel. If so, this will be largely our own fault.

On the other hand, we can, by our own efforts, develop any righteous person into a Personal Angel. Such people are needed in the lives of everyone, but our need for Personal Angels is even greater because of our disabilities. Therefore our efforts to win them and our gratitude to them should also be greater.

Do we skillfully show our gratitude with our facial expressions and our casual remarks? It is a habit well worth acquiring. Some people go on for years, serving in the role of Personal Angels without knowing that's what they are. Let's be sure they are told! Their wages are paid only in the golden coin of appreciation.



THE BOLDEST JOURNEY

"My 'journey' was very short. I was sitting in the den meditating on my potty chair, still in the hydraulic lift that put me there. My wife was outside hanging up clothes. My two year son decided to help his Dad so he pumped the lift handle to leave me dangling in mid air. The more I would tell him to stop the more helpful he became. He then thought I needed a journey so he rolled me into the living room. Well, you guessed it. A friendly neighbor lady entered then without knocking. End of journey."

Jim Tuttle, Torrance, California

FASHIONS
fashions

Especially designed for physically handicapped by Helen Cookman.
Developed in consultation with the
Institute of Physical Med. & Rehab.



Photo courtesy of ST. LOUIS POST-DISPATCH

← **WRAP-AROUND DRESS** - Buttonless. Lock and bar closing at waist (3" waist adjustment). Roomy raglan sleeve cut. Crease-resistant, washable fashion of 50% Acrilan and 50% Viscose Rayon. Navy, turquoise, beige. Sizes 12-20. #2A2000. Price \$9.98

↑ **WHEELCHAIR CAPE** - (Capes are really terrific!) Wool zibeline 3/4 length cape. Can be worn over anything, including bed clothes and no one will know the difference. Closes with Velcro closure (grips with two surfaces of nylon tape which adhere to each other). Medium gray with gray rayon satin lining. Sizes 10-20. #6A6000. Price \$19.98



← **WOMEN'S SLACKS. MEN'S SLACKS.** - Both have 2-way heavy duty side seam gripper zippers that open either top or bottom. Wide zipper facings protect leg and prevent snagging underclothing. Button tab waistband fastenings. Inside half belt that may be worn either toward back (for back drop).... or toward front (for front drop). Belt may be adjusted by changing button location on side of waistband. Women's have tapered legs in washable rayon, Orlon nylon, sheen. Little or no ironing. Navy, brown, charcoal. Sizes 10-20. #4A4000. Price \$16.98. Men's are 65% Dacron, 35% Viscose rayon gabardine. Pleated fronts, pre-cuffed bottoms. Zipper fly front closing. Navy or charcoal gray. Waist 30-42. Inseam length 29-33. #3A3000. Price \$19.98. Postage paid on all.

Distributed by **CLOTHING RESEARCH, INC.**
342 East 26th Street, New York 10, N.Y.

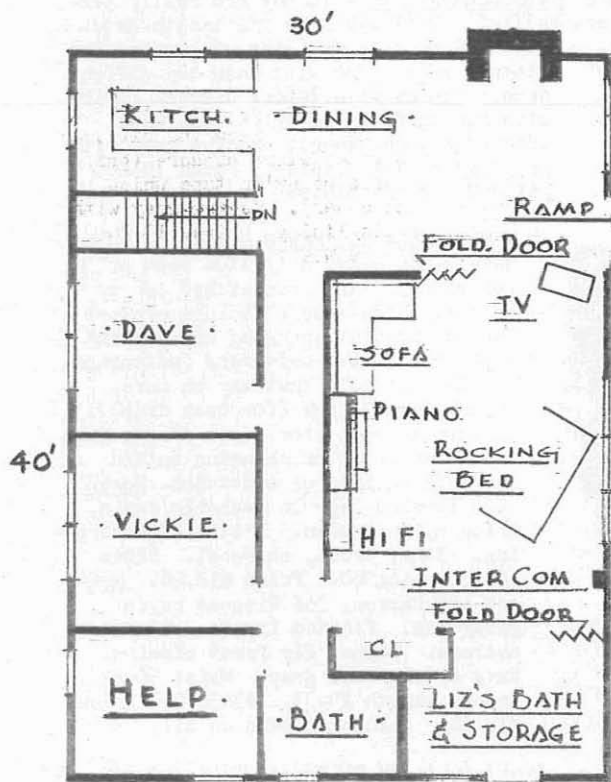
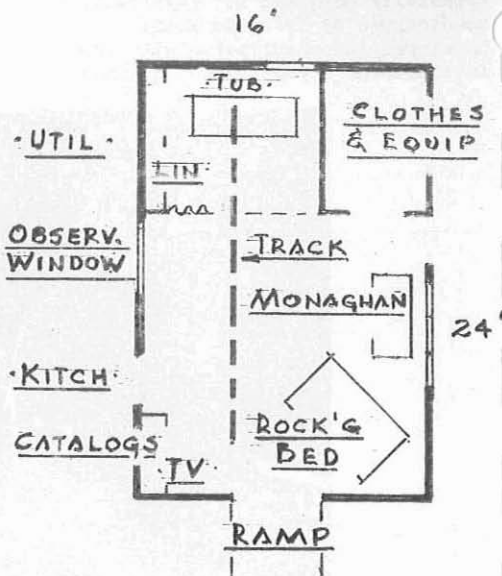
DON HESTON'S SPECIAL ADDITION TO HIS HOME

232 E. South St., Bryan, Ohio

The addition is 16' x 24'. Floor is vinyl tile. The ceiling track is 20' long. It was made of two 10' garage door tracks welded together and the wheels are standard garage-door type. The bed is rolled over under it, and with a sling from the track, one person can put him in tub, wheelchair or chaise lounge.

The TV is placed high above the catalog rack. Don has a successful home order business. (See T.J.G., August, 1958, page 17)

In case of power failure, he has an emergency generator in the garage.



LIZ ARNOLD'S SPECIAL HOME

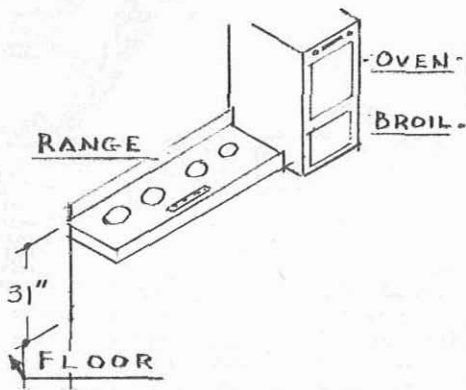
RFD 2, North Manchester, Ind.

"From the picture window beside my bed I have a view of elm and oak trees. TV is perched up by the ceiling. Folding doors at both ends of my room close for privacy. In front of me I see the fireplace and the kitchen (when the doors are open). We have a gas generator for power failure and sockets all over the place. The garage, play-room and utilities are in the basement. I am in the center of everything."



ADELE MOCKBEE'S REMODELLING

4977 East 84th Street
Garfield Heights, 25, Ohio



My kitchen has been and still is in the process of remodelling. My greatest joy is a new gas range (built-in) type. Burners and oven are 31" from floor, supported by wall brackets only allowing complete freedom to wheel under both burners and the broiler.

Burners are in a row of four with controls at front. One is thermal eye control. I have a formica work space, cutting board and cutlery drawer.

The oven controls are out of reach, but this is unimportant because someone must reach up - both to place dish and turn on control. The broiler, which I use frequently, is very usable.

I have an electric can opener whose virtues I could not begin to describe.

I have operated an automatic washer-dryer at Warm Springs and some day I hope to have one installed in my own kitchen.

BETTY LEWANDOWSKI'S REMODELLING

8765 Riverview Road, Brecksville, Ohio

In my bathroom, my washbowl is built so that my wheelchair can go under it. The spray on the left can be used to clean a bedpan over the toilet.

The toilet is on a step 5" above the floor so the seat is wheelchair height. My shower has a built-in marble seat with handy grab bars. The shower head is on a 54" gooseneck.

In the kitchen, my main work space is a low snack bar where I can use the electric skillet, waffle iron, write letters, etc. Next to the oven door is a pull out work shelf at the same level. I pull dishes from the oven that I cannot lift. The doors of my refrigerator pull out and all the lower cupboard shelves also pull out on nylon glides.

To do my laundry, I push buttons with my head. (I have to be careful not to fall in head first) and, sometimes, I have to reach in to a remote part of the dryer with my foot to get clothes.

HOUSING PLANS READY

"Wheelchair Houses", a 12-page pamphlet containing floor plans, front elevations and pertinent data on eight homes, is now ready at the Paraplegia News, Stroudsburg, Pa.

Published by the Paralyzed Veterans of America, the 8" x 10" booklet is available to any paraplegic, civilian or veteran, free of charge.



HELP PROBLEMS

Elaine Allison, 11419-76 Edmonton,
Alberta, Canada



I mostly have teenagers, and therefore life is never dull. The majority of youngsters who want to try their hand at 'house-work and me', are those bereft of homes and schooling; they are kind one minute - 'hard rocks' the next. Their life stories would break one's heart.

I now consider myself an expert on 'young love', 'wedding dresses', 'boys with manners', 'boys without manners', 'gang passions', and western music.

Friends are always suggesting we get an older person, but I never feel right asking an older lady to 'listen to me once in a while' - I do rather enjoy house keeping and with younger girls I am more involved with running my own house.

"Now, I'm not scolding you, Janie, but it really isn't very tidy to hang the dish-cloth over the door-knob..."

"I'm not cross, but it was agreed when you came that you would be up by 8:10 and I do think 9:30 is a bit late..."

"No, we had better not use the margarine, I fear there may still be broken glass in it.... I know it wasn't your fault....the telephone did ring...but is it entirely necessary to talk to your girl friend three times a morning?"

Once the meat from the freezer was laid, so neatly, on a pile of fresh laundry.

Just last week my "latest" was sent to the store with a list of items to purchase. She forgot to read the list and returned with the wrong articles - and - a present for me. Can't win, can I?

DAILY

Day with Davis or in a Rut with Ruth



Twelve hours after a stay at Toomey Pavilion. Looks like there will have to be some big changes made. Got to figure out a new routine that will include an hour free for stomach-lying.

Hi, Robbie. Did you turn off the alarm? Now wake Daddy so he can wake David and Nancy so Nancy can wake Henrietta so Bonnie can go out.

I try to snatch more sleep while I still have the chestpiece on. Early morning hospital routine is good training for this.

Bus gone? Okay, then I better get over on my stomach right now while I can still talk myself into the idea. That TV Quiz Man better not call. He couldn't understand why I couldn't talk.

After dressing, we congo into the dining alcove and my hospital bed and I'm set for business. First thing I have to look out the picture window and check that everything is the same in the neighborhood.

The baker comes. That is a number one test for willpower.

All the Azaleas have bloomed this morning? Think I'll have ham sandwich for lunch. Then we'll have to figure out the menu for next week and I'll call the order in. Also have to get that order mailed to Aldens.

Have to get up and type. Push the bed over, wheel the chair in. The electric typewriter is ready to go. The mouthpiece is in the desk and the paper and letters to answer are on the over-bed table leaning into the typewriter. I'm sure the typewriter is under all that mess!!

As soon as I get up the phone starts ringing. Ida - know what she wants. Better not call her back until I finish

SCHEDULE

Davis, 7575 Craigleigh Dr., Parma, O



this article. Call Vernon too...got to remember to tell him the joke Sally sent. Two homeroom mothers call about donations for the P.T.A. Bazaar. Have to check with them. Third homeroom mother yet to call--maybe I should call her.

Mommy, can I go to Gary's? Change your clothes.

Can I have popsicle? After you have changed your clothes.

David, Mr. Kelly left the card for your new customer. And don't spend all your money on bubblegum.

Nancy, we have some celery leaves you can take to Barbara's bird.

Suppertime. No youngsters in sight. Henrietta, clang the bell then give them 5 minutes.

Mae comes in to say hello.

Telephone some names to verify them for the church directory.

Vi comes in looking for Gary.

Mrs. Jones calls to find out if Kathy is here. Send Henrietta to yell down the basement stairs, see if anyone answers to that name. One does.

Clear basement, backyard and garage of little people. None belong to us. Clang the bell again.

Henrietta goes to run the bathwater. A little "stranger" comes scurrying out.

Missed Cheyenne completely. May be able to get enough of Earp to figure it out. Henrietta checks the Indian schedule so we won't miss that!!

Don't know if I can stay awake for eleven o'clock news. Dave is going to watch the movie. I'll reverse my morning procedure ending up in the bedroom. Tomorrow I'll try again to get everything organized.

Good night

REDECORATING

Donna McGwinn, 2304 Ashurst Road,
University Heights, 18, Ohio



To my pleasant surprise, I was the one chosen to select the New Wallpaper. This was recognized as quite an honor and I afforded it the dignity it deserved by proceeding with my selection quietly and authoritatively, respectfully listening to, but not heeding, the suggestions of others. Huge wall paper books were brought in over which I pondered for hours; in fact, so long, that all the designs and colors began to look exactly alike. This unpleasant hallucination forced me to terminate my scrutiny after only seven days, much to my regret. I do so hate to hurry! Nevertheless, I demurely admit to having made a splendid selection: green bamboo, wispy white and gold flowers - a cool Oriental paradise. Spectacular! Modern!

Alas, there was no joyous acclaim for my Beautiful Wallpaper. Just polite silence or expostulations of "hideous!" I was momentarily crushed. But not for long! I realized that it was simply that my critics were incapable of appreciating the Wallpaper because they couldn't comprehend it. One has to understand Wallpaper, a fact of which few people are aware. Obviously, my interior decorating ideas were too advanced for the average person and, therefore, doomed to go unappreciated for a few years.

With this gloomy but soothing thought I consoled myself. 'Tis dreadfully lonely to be ahead of one's time.

Told to: Carol Hicks, R.R.3, Hamilton Road, Wapakoneta, Ohio

My name is Robert Grant Hicks - Bob or Bobby for short. I am a dog. I live in Wapakoneta. I also work there. I am a companion-guard-chaperone to a girl. Her name is Carol and is thirteen years old. She had polio in 1952 and she spends many hours in an iron lung. Mine is an important job.

Mornings, I must bang an old bone around to get Carol to wake up - she is a sleepy-head. Often I give her a morning kiss and if my nice, juicy tongue hits the specific target - that's really an eye-opener.

Mealtimes, I set the pace for good eating habits. As you can see from the picture (SEE COVER!), I'm at home anywhere I'm eating. When Carol drops any tasty tidbits in her respirator dome during dinner I'm right there proving the old adage, "Waste not, want not."

I am Carol's around the clock guard. Which means I must catch my sleep as I can and sleep all over everything and anything handy - even her. If I've had a run through mud or water, clean white bedspreads are very conducive to sleep for me, for some peculiar reason.

Twenty-four hours a day, unless, of course, I happen to fall into a near coma from fatigue, I guard my charge against many dangers, such as dogs (of same or smaller size than I) and strange noises of every variety.

I hope the importance of my career, be it in bubbles, in beds, or barking off bullies, has been made clear to you. I wouldn't want anyone to think I'm immodest to claim that I'm not just an employee or member of the family, but kingpin and lord of the whole Hicks domain.



CARL HARTMAN is 11 years old and lives at 722 S. 34th St., Louisville, Kentucky with his parents and nine brothers and sisters. He has a volunteer teacher who comes to his house one day a week. He has had polio since August 1952. Spends most of his time in an iron lung but during the Summer he spends some time outside the lung.

Carl is a fan of Jack Webb of Dragnet and of Bob Hope and has received mementos from both of these celebrities. He likes to tell jokes and riddles and to play with straws stuck in his mouth. (His teacher thinks he can learn to write with a mouthstick. Anybody want to give him some pointers?) His birthday is July 4th.

BILLY BROWNE is 12 years old and lives at 4011 Lambert Ave., Louisville, Kentucky. He uses his iron lung at night and free breathes all day long. He is able to write, brush his teeth and feed himself with arm slings. He types on an electric typewriter, collects stamps and watches TV.

Billy keeps up with his class by using an intercom telephone system. In this way, he can hear the classroom activities and recite like the other children, simply by pushing a button. His birthday is August 22.



FEATURE COLUMNISTS



Don
the Beachcomber

Don Heston
232 E. South St
Bryan, Ohio

I like to sell things - a salesman at heart. If you are interested in getting wholesale catalogs and starting a home catalog business, get "Salesman's Opportunity" - available at any newstand.

I figured those rubber rings that are so comfortable for bathtub and other hard places were a little expensive at \$7. Now I have found that for \$1 you can't beat an inner tube from a boat trailer. The size is perfect.

Did I tell you about the ceiling track I installed in my house? The ones made for transference of big fellows like me cost \$50 - \$60. I use one made for garage doors and it only cost \$10.

They think we don't notice sometimes but we really do. Volunteers and nurses deserve our special thanks always. Things like Miss Gregor taking to cutting hair, parties, etc. And that Miss Schmidt, she sings like a bird.



Parenting
on the Recline

Ida Brinkman
224 East 326th St
Willowick, O

Both my hubby and I enjoy having our family to ourselves for at least part of the day. Of course, this is a decision that each respiratory family must make for themselves. We all live under different circumstances. I have three youngsters who are individually fully capable of carrying the ball at times. This not only provides them with a sense of responsibility, but registers their importance as a vital link in the family. Ours are old enough so that they can be fairly reliant. On week-ends and evenings we live it up on our own. Understand, I am not unsociable nor purple people eater, just love indulging in occasional solitude.

My blonde daughter, Bonnie, and I have worked out this new Braille by voice. The desire to write to her grandmother obsessed her. I was determined to help her write her letters without turning her over to someone else. Since my hands refused to cooperate it was time to light up the light bulb, and this is what came to light:

Each letter became an amusing description from which Bonnie was able to form her letters. Our A was pictured as an Indian tepee with a ladder-step across the door. A small "d" a straight line down with a fat stomach, "Q" a circle with a curly pig tail, etc. We had a good laugh together, and by golly, she learned to write to boot.



Laugh with the
real Danny
Williams

Danny Williams
803 Indiana Ave
New Castle, Ind.

The old farmer was driving home from town after having imbibed freely. In descending a hill, the horse stumbled and fell. Either it could not or would not get to its feet again. At last the farmer bawled savagely, "Goldurn your hide! Git up ther, or I'll drive right smack over ye!"

This highway adage I have found has much wisdom in it: If motorists would give more ground, there'd be fewer in it.

Burglar: "I'm not really to blame, your honor. I was without food, home or friends."

Judge: "You move me deeply; shelter, food and companionship shall be yours for the next six months."

Pat: "And so yer name is Riley. Any relation to Tim?"

Mike: "Very distant. I wuz me mither's first child and Tim wuz the seventeenth."

You writers are invited to join us as a regular or irregular columnist. Choose your subject and send them to us.

Louis "Bud" Dabney, 8354 Edgedale Road,
Baltimore, 4, Maryland

Before my visit to Toomey on June 4, 1957, I did not do very much of anything, but sit in my chair for a couple of hours and lay in bed with a chest piece on. Now, some days the time goes by so fast, you wonder where all the time has gone. In that way, you forget about your polio, and that is the biggest fight with someone who has polio. (I think so any way).

The four months I spent in the hospital, I picked up some good ideas from other patients, got some new equipment and learned about typing with a mouthstick which I enjoy very much. I can now type 15 to 20 words a minute at times. I also had my right kidney removed which has improved my health. Now, I am doing more, sitting in my chair most of the day, also taking longer trips in our car and my portable respirator enables me to stay away from home over night.

In September '58, I passed my State Insurance Examination which made me an insurance agent to sell any place in Maryland. After I passed my test, I needed a desk that my wheelchair could roll under and big enough for some one else who might come in to buy insurance. I needed a telephone that I could use while I was getting information over the phone to type, and when I was alone.

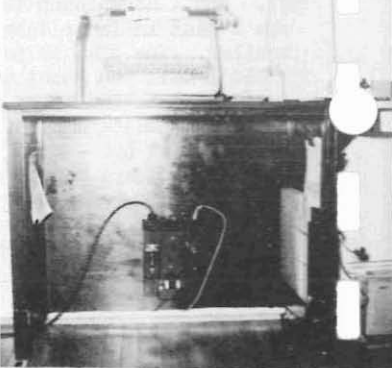
So I supervised the building of my desk which is 6 ft x 2 ft x 31½ in. It has two shelves and a little switch board with three switches. One is for my positive pressure typing stick, one is for the electric typewriter and the third switch is for a wall light over my desk which I use when I do telephone work at night. (I do most of my insurance work at night, that seems the best time to get the man of the house at home.) By the way, I do not have any use of my arms or hands, but my legs are in pretty good shape, as you will see later in my letter.

My telephone is one with an operator's head piece. I have the phone mounted on a board 10" x 13" with a large handle so that I can lift it with my foot and move it around to where I want it. Once someone puts the headpiece on my head, I can sit in my chair and talk for hours. I turn the phone on and off with my foot, talking to as many people as I want. I have a manual phone, I just push a button to get the operator and she gets my number. During the conversation if I get tired I just roll my chair over to my positive pressure and get a few puffs of air, then back to the conversation.

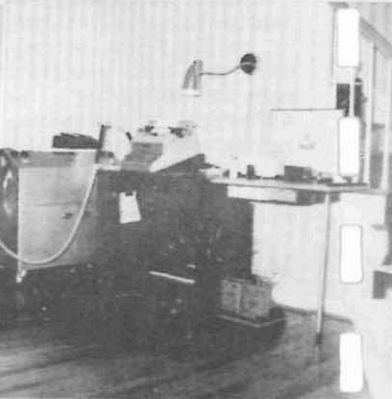
Some of the few other things that I can do myself seem to make things a little more enjoyable. Once I have my corset on, I can get in and out of bed by myself, as I have a switch on the foot board of my rocking bed, so that when I stop the bed with the foot end down and roll on my side to get my foot under the frame of the bed in order to pull myself up, then I just step off the bed.



"I get information on my phone and type at the same time."



"The little switchboard under my desk has switches which work with my foot, one for my breathing-typing stick and another for my typewriter."



"If I get tired, I just roll my chair over to my positive pressure and get a few puffs of air."

When I want to get back in bed, I step on a stool to sit on the edge of the bed and just fall on my right side and start the rocking bed going. I learned the trick of getting out of bed from Jerry Hill of Cleveland.

I have switches on just about every thing that I might want to turn off and on. One of the big helpers for me in new equipment is my hand resuscitator. It is a handy thing for me around the house. It enables me to walk up and down stairs with someone pumping, then I am not too tired when I get to where I am going, like the bath room several times a day or just to take a bath or a shower. It has been used when I take short rides and many different ways.

THE GAME OF LIFE

Life can be called an unending game;
Perpetual motion, simple and plain.
I leave to my children my place on the team;
May they always play hard and always play clean.
Our God keeps the score in Heaven above;
He watches us all with undying love.
The rules are the same for one and for all;
The stout and the lean, the short and the tall.
The tongue that you speak, the name that you're called,
Your color of skin doesn't matter at all.
In each player you'll find some good and some bad;
Some courage, some weakness, some riches are had.
There'll be a little sunshine, there'll be a little rain,
There'll be a little gladness, there'll be a little pain.
There's not much to win and not much to lose;
You can do either - whichever you choose.
To lose is to scorn, to curse, and to hate
What seems to us now a miserable fate.
To win may look small in the eyes of the world;
But God sees within where one's love is unfurled.
So, remember my children to always play fair,
And God will reward you, if not here, then up there.

William Hoelzer Jr. (Akron, Ohio)

*Our Own International
Art Show
Spring 1960 Exclusive! First of its
Kind*

*ART BY RESPIRATORY
POLIOS - EVERYWHERE!*

→ SET UP THROUGH T.J.G. →

*FEATURING ART BY
MOUTHSTICK, FOOT, &c!*

*It's quantity,
not quality
we want.*

*So.... FILL in your
ENTRY BLANK.....*

*Show will open
in Cleveland and
then
"hit the road"*

*Maybe we can
sell every
painting*

149

THE MAIL
BOX

..I have had the pleasure to read your "Junior" and it has been fun to see how polios in other countries live...Now I would like to make friends with an American polio patient and ask you for help. You can find someone who would like to write to me? I am a Norwegian girl, 21 years old. I have had polio 6 years, and I have to use a respirator...

Jorunn Skaar, Avd I K, Ulleval sykehus, Oslo, NORWAY

..I am afraid you have put me down on a filing card* for name and address with an (a) or (b) label, since you have heard nothing from me until now. Well, I am not as bad as that and, as I see no reason why I should not send you news from Denmark now and then, you may run the risk and let me have (e)..

*See Editorial, TJG, Winter, 1958
Vagn Hasseriis Jensen, p.t. Blegdams-
hosp.afd.26,Copenhagen N., DENMARK

..I am very grateful for the things you do to cheer my wife. She is very dear to me. She is 2½ hours journey from home. We have been married 11 years and, with God's blessing, she will be home again one day, I trust...She wants pen-friends in the U.S. who could help her overcome her nervous tension...

Ronald C. Newberry, Shoeburyness,
Essex, ENGLAND

..I am still in the respirator, which is an AGA, a very handy overpressure respirator of Swedish manufacture... Last year I began to do business on a limited scale. I import Portuguese silver jewelry and I am now trying to expand. I will try to introduce an American encyclopedia in Sweden...I have my own car, a lifting device, and I type by mouth...

Mr. Helge Bjorkhammer, Blackebergs sjukhus,Avd.A rum 6, Bromma,1,SWEDEN

..I have had polio for 3 years, I must have gotten it in Cyprus. Luckily, I just got back to England with one day to spare before I went to a hospital... I am happily married with 2 little girls who go to a boarding school. We were in Cyprus for 2 years. My husband had a job in the Police and we saw quite a lot of the unpleasant troubles...I have a trach and so use a Radcliffe machine.

I'm hoping to learn to do frog breathing soon...

Alice Ricketts, R Unit,
Churchill Hospital
Oxford, ENGLAND

..Regarding: I am 20 years old, a young man, and have very heavy polio... Now it bothers me for my future...The United States of America are rich and good to help others and the littlest help I like to appreciate and thanks very much if you could do it...(Translation by Ursula Lottes)

Alois Fasolt, Goldrain #74, Val Venosa, Prv. Bolzano, ITALY

Ed's note: We too are looking for rich Americans.

..I would like to send you a list of my helps such as a device my husband fixed so I could suction myself in the lung, etc...

Sra. Mary Ann deHopkins, 13 Matamoros Magdalena, Sonora, MEXICO

..We hope it is possible our polio-myelitis children are allowed to write letters to your children. I think it will be very interesting...

Dr. Brunni Wachter, Wiederstellungsanstalt, Hermagor, AUSTRIA

..I am a physical therapist dedicated especially to respiratory polio patients and I consider them as members of my family...

Alfredo Cuello, B.A., ARGENTINA

Thanks.....

..What a pleasant surprise when in my mail today I found the TJG. Thanks for the chance to know other polios...

Mabel Taylor, El Monte, CALIFORNIA

..I am a respiratory polio and use the iron lung and chest piece. Being in contact with other people like myself makes me feel good...

Jo Richard Sesser, Gregton, TEXAS

..I have gotten more ideas in this one copy of TJG than I have gathered in the five years since my onset...

Sally Manns, Livonia, MICHIGAN

..I know I am far from being alone in this class, but at times it is easy to get to thinking one is...

Velda Ruth Green, Canon City, COLO.



THE MAIL BOX

..When I read it I felt so much at home, like I knew you all...

Florence Cecil,
Mt. Pleasant, TENNESSEE

..My wife and I enjoyed it together, especially the wonderful sense of humor and lack of "poor me" in its writings and cartoons...

Don Higgins, Denver, COLORADO

..I specially like the article "The Home and I". Each one of us has different problems, but we can get good ideas

Eliz. Anderson, Morris Plains, N.J.

..Chock full of the most helpful information...

Pat Gagner, Bridgeport, CONNECTICUT

..Your magazine was specially interesting to me because I have never known another respiratory polio even though I have been one since '51, and spent 23 months in 3 hospitals. I did not know such typewriters and phone adaptations were available...

Edw. D. Dunkeson, Torrington, WYO.

..All of we respiratories seem to have a certain bond with one another. I happily found that I have enough muscle power left to make use of many of the adaptive devices you feature...

Hope Woolley, Winter Park, FLORIDA

..We were especially interested in the equipment that was described. Bob has a headset phone with a dial he can use with a mouthstick...

Mrs. Bob Reynolds, OTR, Charleston, W.Va

..Have received several helpful tips...

John M. Larson, WASHINGTON, D.C.

..I am surprised and grateful that you found me with your publication away out here in the tall timber of Montana...

John Kidder, Ronan, MONTANA

..May we receive back issues...This certainly is an excellent publication.

Mr. George C. Beckman Jr., GEORGIA
WARM SPRINGS FOUNDATION

..We have enjoyed and gained much insight from your informative and encouraging Gazette. The patients who

already have subscriptions have told us how inspiring it is to them...

GEORGE WASHINGTON UNIVERSITY HOSPITAL

..This is a very interesting publication and I am sure it is of great help. ...I have noted with particular interest the letters you have received from other countries, many of whom are friends of mine, such as Dr. Noel in Belgium and Dr. Pejme in Sweden...

Donald V. Wilson, Secretary General,
INTERNATIONAL SOCIETY FOR THE WELFARE OF CRIPPLES

..Most interesting and highly informative, and I am sure it is just that among respiratory polios who read it and contribute to it...We should like the opportunity to review its contents for possible notice in "Rehabilitation Literature" as well as to make it available to the Society's staff of professional consultants...

Earl C. Graham, Editor
REHABILITATION LITERATURE

..I am acquainted with Ian Bompas and I am an occupational therapist at the Muthari Hospital in Nairobi. I am very interested in your magazine...

Dora Mowat, OT, Kenya, BR. E. AFRICA

..Having seen the copy of your journal which was sent to one of our patients, I would very much like to be on your mailing list. Would it be possible that we have one always for the use of the Occupational Therapy Department? I assure you it would be very valued...

E. Dormor, M.A.O.T., Royal National
Orthopedic Hosp., Middlesex, ENGLAND

..I am no longer at the Buffalo Center, having taken a new position as a director of Medical Education for the Youngstown Hospital Association. Nevertheless, I am still interested in polio and continue to do a little writing in this field...

Wm. D. Loeser, M.D., Youngstown, OHIO

..When I get the bugs out of my control panel, I'll do an article on it for you. From my bed, I turn the bed off and on, work the radio, TV, tape recorder and amplifier...

Chas. F. Theis, Cambridge, MARYLAND



THE MAIL
Box

..In spite of a V.C. slightly over 200, and a weight slightly under 200, I've managed to reach the point where productive activity has crowded out TV, hi-fi, and other amusing activities...

Burton H. Fern, M.D., Stratford, CONN.

..I'm writing a novel. It can be summed up in a very few words. It is the story of my life since polio...

Mildred Button, Fresno, CALIFORNIA

..I do look odd with my ball-bearing feeders attached to my brace, but it is wonderful to be able to walk, and "use" my arms to feed myself, type and scratch my nose...I use a chest shell at night...

Eleanor Billmire, Baltimore, MARYLAND

..Ida Brinkman's foot attachment for playing shuffleboard led me to other foot attachment ideas. The bug bit me upside down. If someone will lift me and stand me on my feet, I can walk without braces, but walk is limited by a low VC...I am now back home on the farm with my husband, 3 dogs, a saddle horse and a new baby colt. We have a combination housekeeper and attendant who lives in...

Norma Jo Pavy, Calumet, OKLAHOMA

..I have a husband, Roy, and 3 children and they are all a big help. We get along fine with the help of an attendant and part-time housekeeper for 5 days. We are on our own for weekends.

Ruth Hoelke, Claremont, CALIFORNIA

..I have progressed to the standby respirator. It took $3\frac{1}{2}$ years of playing "in again, out again"...

Lois Jenkins, Phoenix, ARIZONA

..A quick MO on myself. Bitten Oct. '54 (by a drunk bug). Result: paralyzed except for right finger extensors and wrist. Chest shell at night. VC 500. Occupation: Journalistic student, U. of Michigan, age 23...

Patricia Klinger, Perrysburg, OHIO

..Speaking of summer, that is our family's favorite time of year, as we are a fun-loving gang. My husband has turned the entire running of the house over to me. I pay the bills since the

bank verified my signature. I write with my mouth. The children keep me busy trying to keep them busy. They are my dishwashers

and housecleaners and remain A students at that...

Enid Whitley, Riviera, TEXAS

..What is this jazz? - Polio in Africa, India, England? I thought it was a southern California commodity. Just goes to show you how far a virus will go to do it's dirty work. I am paralyzed from the neck down. Other facts of doubtful interest. (Ed's note: Bob goes to Long Beach State College by home-to-school telephone)...

Bob Rubin, Long Beach, CALIFORNIA

..Sally, our Dennis the Menace, was born in the iron lung 3 months after I got polio. I have found running a home and raising 3 children is a full-time job, no matter where you are - in a lung, wheelchair or on your own feet.

Mary Ellen Davis, Denver, COLORADO

..I have had polio for 8 years. I am now 17. I am in an iron lung and can move only my head. I love my school work and have a wonderful teacher. I read and study my Bible and pray someday I will get out of this lung and walk again...

Carol Sword, Houston, TEXAS

..I did what I thought was impossible last summer - I took a trip and enjoyed it. I thought that with all the equipment and everything we wouldn't be able to enjoy New Orleans, but boy was I wrong? We had the time of our lives and did everything from eating in the French Quarter to going out to Lake Ponchartrain...

Miriam Moore, Nashville, TENNESSEE

..I spend most of my time with mouth-stick work, mainly painting, reading and writing. I'll do fine if my teeth hold out. I wonder if I could insure them as Betty Grable does her legs...

Peggy McCormack, Fayetteville, ARK.

..My husband, Pat, got polio 10 years ago. He uses lung, rocking bed (home-made) and chest shell. We have 3 sons, the youngest, Danny, is 8...

Mrs. Pat Carey, Hawthorne, CALIFORNIA

M E E T

A

P E O P L E

Christmas Editor: CHARLES R. LYSER, 717 Liberty St., El Cerrito, Calif. Take note of this VIP who will edit our 1959 Christmas Issue of TJG! His staff will be the Bay Counties Post Polio Association.

Polio '54, age 52, single. Have home bookkeeping and tax service in own home with young man college student who helps with meals. Editor of "The Spokesman", post polio news letter. Have super system for playing chess by mail, hi-fi, tape recorder, etc. Struck in crazy pattern, legs weak but walkable, use neck-muscle breathing during day, rocking bed at night, fairly good lover arms and, with muscle transplant, have near-normal hand.



HELEN M. SWANSON, 956-12th Ave. N.E. Rochester, Minn. Polio '52, age 23, single. Live with aunt and uncle and their 2 teenagers. Love music, books, TV, crossword puzzles, and mostly, to make new friends through the mail. Can use my hands enough to feed myself, write and read - things that don't take shoulder muscle. Still have trach problems. Use rocking bed at night.



ELAINE R. BROCKWAY, 1931 Gates Ave., Redondo Beach, Calif. Polio: '49. Age: 21. Home: live with parents, brother, plus 6-day attendant. Involvement: complete. Activities: love to play chess, studying short story writing by mail, large correspondence, number paint and type with mouthstick, do mosaics with artificial muscle.



JOHN M. JORDAN, 520 Melody Lane, New Castle, Ind. Polio '38. 27-year old bachelor. Live with parents, have three sisters - a housewife, a doctor, and an honor student at U of Ind. Got polio before starting 1st grade. Graduated from high school #2 in class and president of student council. Went to Respiratory Center in '57, received much needed breathing aid, "put life on rebound". Now use positive pressure and tank at night. Write sports column, do publicity work for an athletic conference, take correspondence course in short story writing.



MARY LEE BARNES, 420 S. Parkview, Columbus, 9, O. Polio '54. Married to most wonderful man in world, 3 children. Keep busy as chairman of speakers bureau of county NFIP and helping children with music, homework, etc. Paralysis complete except partial use of hands. In wheelchair most of day without aid. With help of gadgets, can feed myself, type, apply makeup, phone.



BETTY WILLETT, Pomfret, Maryland. Polio '55, age 26, married, 2 daughters, age 6 and 7. "One thing that increases my breathing time is that the TV is not in my room." Learned GP breathing, use rocking bed 16 hours a day, chest piece for emergency and travelling only. Paralysis complete, except left biceps and wrist supernator which I use for oil painting.



EDITH MEEK, 3938 Durango Drive, Dallas, 20, Texas. Polio '52, age 39, married, 3 children. "I arrived in New York from London as a war bride on the day FDR died. Got polio 7 years and 3 children later. Can't think of a nicer country for it to happen in." Have enough movement in fingers so that, with arm slings, can use electric typewriter, dial specially notched dial. Executive mother and do church work. Would like to paint while lying in bed. Anyone have ideas how this can be done?



LESSIE BEAM, 120 Emil Rd., San Antonio, 2, Texas. Polio '50. Age 36. Live with parents and 12-year old son. Type with mouthstick, write short articles for monthly devotional magazine and have large correspondence. Full-time rocking bed and chest piece. "Naturally, I would prefer being up and around but since I cannot I am happy and thankful for God's wonderful gift of life."



TOM ROGERS, 1001-25th Ave.Ct.
Moline, Ill. Age 25, Polio
'53. "I entered aldermanic
primaries for city council,
but was defeated. May try
again." Like bridge, chess,
all card games. Have organ-
ized an investors club. Just
before polio, finished one
year engineering school at
Cornell. Use rocking bed at
night. With Hoyer lift, get
to movies, meetings, parties.



NANCY QUINN, 409 Gordon Circle
La Grange, Ga. Age 28. "Got
polio in '52 on honeymoon in
Nassau. Now live with wonder-
ful hubby, dog and parakeet.
I run our home, have an elec-
tric typewriter, do textile
painting (with my nurse's
help). We have planted a
vegetable garden - a big
thrill for me. Use chest
shell at night, have use of
lower right arm and hand,
recently learned to frog
breathe. Hope we can build
our own home soon.



CLENDON RICHARDSON, Rt 4, Box
268, Asheboro, N.C. Age 20.
Polio '53. Main interest:
cars, hot-rods. Hope to have
'57 Chevy and customize it.
Love car racing and rock and
roll. Use chest shell part
of day and all night. Find
frog breathing a big help.
Live with parents on large
farm. (No, he's not married,
that his niece on his lap).



WILLIAM L. HOWELL, Box 374, Rt #1, Fern Creek, Ky. Polio '52, Age 31. "Have VC of 75-100 - that's straining, perspiring, eye-popping, like a stomped-on toad, but can frog breathe to 2000. Use rocking bed, chest shell. Home with wife and 7 year old son. Earn spending money by TV monitoring and greeting cards.



JOHN P. LONGSTAFF, 5318 Devers Ave., Louisville, 14, Ky. Polio '52. Age 29 Live with wife (a nurse) and 3-year old son. Junior in Medical School at U. of Louisville. Works at Gen. Hosp 7 pm to 7 am in emergency room and does heart research. No longer uses aid, weak trunk and arms.



FLOY SCHOENFELDER, 11808 Navy St., Los Angeles, 66, Calif. Polio '46. Got my polio at age 27, in days of prehistoric equipment. Gruesome trip by train from S. Dakota to Calif. in strange portable respirator. Fair use hands and forearm, half of day in chair, sleep in chest shell. Type with 2 fingers, write for publication, habitual contestor. Married 18 years (See "Personal Angels", p.20)



ROBERT B. BREITEN JR., Box 23, Dunlay, Texas. Polio '52. Son had polio at same time, he made complete recovery. Use pneumobelt to sit up and do my leather work. Used to use chest shell, but like belt much better. I havent had a sick day in over two and a half years. Good, eh?





The Gazette



Vol.2 No.2 (2nd Year)

Summer, 1959

FREE to Respos

TJG'S HEART AND HANDS, GINI LAURIE, NAMED VOLUNTEER OF THE YEAR

In a local newspaper Al Tenny, editor, wrote in his editorial: "To those who know her, Mrs. Joseph Laurie's selection as the Cleveland Welfare Federation's 'Volunteer of the Year' was no surprise. It is doubtful that even the Federation is aware of the time and energy that Gini Laurie spends in trying to sustain hope and courage in the hearts of polio patients. It's her career, and no honor could begin to reward her for it. She seeks no reward except the friendship and goodwill of the patients themselves. And those she has in boundless measure."

Gini was cited at a



Welfare Award Winner

fancy downtown luncheon on May 7th and the award was presented by all of the editors of the big Cleveland newspapers.



Federation President, Harry T. Sealy, congratulates Editors of TJG, Sue Williams (center) and Gini Laurie (right).

HARVARD (AND TJG) HONORS POLIO-STRICKEN DONOR OF \$5

CAMBRIDGE, Mass. May 21 (AP) - Harvard University will name a room in one of its new buildings for a man who donated only \$5 towards the \$82,000,000 goal of the "program for Harvard College".

But the \$5 was a big sum to the donor - Dr. Burton H. Fern of Stratford, Conn. He was a promising pediatrician in 1955, when polio left him paralyzed from the neck down. A plaque on the Fern Room will read:

"This room is named in honor of Burton Hoffman Fern, class of 1946, a brave and generous son of Harvard whose gift, like those of many other Harvard men, was large in its measure of personal sacrifice."

(Not to be outdone by Harvard, one of the Editors of TJG will name a room in her home for Dr. Fern, who donated \$5 to TJG. This \$5 will make a bigger dent in our debt than in Harvard's.)

Send Classified Ads to the MARKET PLACE

HANDICAPPED OFFERED FREE MOTEL SPACE

Free motel accommodations for blind and other handicapped persons planning vacations in Sarasota, Fla. are made possible through May K. Houck Foundation. This was created in 1955, and rents sufficient number of rooms to the general public to defray costs for the handicapped. The motels are on the Tami-ami Trail.

Complete information concerning the handicapped person should accompany requests for reservations. Address: Frank W. Moffett, trustee, May K. Houck Foundation, 1896 Bahia Vista St, Sarasota, Fla.

Reprinted from "The Open Window", May '59

UNIVERSITY FINDS NEW KIDNEY STONE SOLVENT

CINCINNATI, O., June 11 (AP) - A new chemical solvent which may rid some patients of kidney stones in a short time was announced by the University of Cincinnati College of Medicine. It is called Renacidin.

Tests have shown it to be most effective in the calcium and magnesium phosphate type of urinary calcification. In some cases, Dr. William P. Mulvaney said, the susceptible stone can be softened or reduced.

JACK PAAR, STEVE ALLEN, THE NEW YORK TIMES AND TJG PRAISE A SENSATIONAL BOOK

"Looking Up" is an autobiographical account written by Jane Boyle Needham that is winning excited comment from all parts of the nation. It has been mentioned on many TV programs, 'Queen for a Day', 'The Price is Right', Steve Allen and Jack Paar shows. It has thrilled every reviewer that reads it.

We of the TJG are so very proud of Jane as a representative to the reading public of the respiratory story.

Through her book she has shown that we are human people with the needs and emotions common to all men. But Jane has added even more. She has glamor; she has humor and a great store of creativity. She has just exactly the right star



Jane Boyle Needham,
author of "Looking Up"

to represent our "race".

We think every respo should have two or three "Looking Up's" in their library to lend out to interested visitors. Thanks and congratulations, Jane.

CHOSEN FRATERNITY QUEEN

CLEVELAND, O., June 1 - Carol Kneebusch (Polio '53) was chosen Queen of Phi Kappa Tau fraternity at Baldwin-Wallace College. She graduated this Spring tenth in her class.

(ED NOTE: We are most impressed by Carol because she accomplished this almost impossible feat in 4 years, under obviously difficult circumstances.)



Carol Kneebusch, Phi
Kappa Tau Queen



OUR EQUIPMENT MAN ANSWERS QUESTIONS

Ira E. Holland, 1422
Manor Court, Merrick,
New York.

Dear Ira: I AM GOING
ON A TRIP THIS SUMMER.
HOW SHOULD I CHECK MY
PORTABLE RESPIRATOR?

This fine equipment
deserves proper atten-
tion. Inside of both
the Thompson AIC AID
and the Monaghan 167-
1670 models there are
two motors. One con-
trols rate, the other
pressure. Each of
these has a pair of
carbon brushes. Check
these frequently!

Spare brushes for the
Monaghan are contained
in a little plastic vial
on the left-hand side of
the cover as you look at
it open.

In the Thompson, they
are usually found (after
the cover is open) at-
tached in a plastic bag
on the left-hand side of
the blower housing. The
changing of the brushes
is a simple operation
and takes but a few min-
utes.

The brushes have a
life expectancy of less
than two weeks (300
hours). Failure to
change these brushes
will result in damage
to the motors and loss
of pressure.

BON VOYAGE!

ELECTRONIC CELL IMITATES NERVES

Bell Laboratories
have built a device
that may reveal neuro-
logical secrets. The
laboratories announced
that a simulated four-
transistor nerve cell
designed by Robert M.
Wolfe, could be used to
build up networks simi-
lar to those of real
nerve cells.

Many secrets of the
nervous system may be
explored with this simu-
lator, the laboratories
said, such as the code
that nerves send to the
brain.

"The similarities to
biological nerves are
at best vague and ap-
proximate," according
to Leon Hermon, who
started the study. "But
by working the problem
back and forth between
the two disciplines -
electronics and physio-
logy - we may learn more
about how the nervous
system works."

--With thanks to THE
NEW YORK TIMES and
PARAPLEGIA NEWS.

Are you reading your own
copy of TJG? If not,
send us your name.

SCOUT TROOP FORMED FOR HANDICAPPED GIRLS

CLEVELAND, O - Mrs.
Norman Von Deran and
Mrs. Sterling Graham
are the leaders of a
new troop in West side
Cleveland for handi-
capped girls. This is the
first such group in
this area outside of a
hospital.

Any interested girls
call the local Girl
Scout Office. (Word of
this new troop came
from Mrs. Bob Walker).



(ED NOTE: Handbooks
for Handicapped Scouts
are available in French,
Chinese, English, Ger-
man and Spanish. Work-
ing with blind children
would be a terrific
combination for a re-
spiratory leader)

SPRING ART SHOW PLANNED FOR RESPOS

Martha Scott, well-
known artist and art
entrepreneuse, will
direct the Spring
showing of art exclu-
sively for respos.

See page 27.



The
Country
School

Jean Ryan, "respo", mother of three made a craft shop from a deserted country country school. Jean turned the little brick school building into a gift shop for the crafts of handicapped.

"We scrubbed and scraped. In place of desks, we put in quaint old cupboards, bins and tables, even a black iron cook stove. Brimming from them are items crafted by the handicapped."

Jean says, "Send us leather goods, belts, aprons, jewelry, ceramics, baskets, place mats, toys, etc. Articles are accepted on a consignment basis. Send to: THE COUNTRY SCHOOL, Route 2, Dundee, Illinois."

RADIO MAN OF THE YEAR

Sandy Burgess named "Man of the Year" by Canadian Broadcasters.



Sandy Burgess

Once a week, Sandy's mother comes from Camrose to a hospital in Edmonton to operate the tape recorder and hold the CFCW mike for him.

Sandy plays records from his collection, sounds off on a varied collection of subjects

Sandy plays records from his collection, sounds off on a variety of subjects, interviews celebrities. Sandy has a mouthstick-operated wheelchair and typewriter.

Excerpted from "The Caliper", Spring, 1959

honor were dressed in pink and blue lace and carried ice blue carnations.

After a short honeymoon, Mr. and Mrs. DeRush are now at their new address, 3550 Mul-lane St., Perry Heights, Ohio.

RESPO AND ORDERLY WED IN BEAUTIFUL CHURCH CEREMONY

Evelyn Peters bride of Ex-Marine



Fr. Swartz, Mr. and Mrs. LaVerne J. DeRush

A beautiful traditional wedding was solemnized June 6 in St. Mary's Catholic Church. Miss Evelyn Peters became the bride of Mr. LaVerne J. DeRush.

Evelyn was dressed in a ballerine length gown and wore a pearl studded satin pill-box hat with finger tip veil. She rode down the aisle in her new pale blue wheelchair. The bridesmaid and matron of



CAPT. *DOT NICHOLSON***

DOT has started a telephone shuttle service since Donna McGwinn moved to Grand River. Dot never realized how many messages she would receive and how many would call during the good T.V. shows. It is "bon voyage" to the Nicholsonsons on their Tulsa, Oklahoma adventure.....

SUSAN ARMBRECHT was one of the earlybirds to attend the Drive-in-Theater during April. She only used two extra blankets to keep her warm. Susan looking forward to opening of Cain - Park.....

ELAINE DUNN and her small-fry enjoyed the goodies and rides at Euclid Beach.....

DON KOLLAR claims he is so busy with his college course that he must even study while watching the Indian ballgames. He says that he reads in between pitches.



DIANE SOLOMAN went to a Whodunnit party as a young lady out of the Gay Ninety Era. She was a punch-pourer for the sophomore welcoming. The alumni party for Sunbeam and a Wedding are next on the agenda.

CAROL KNEEBUSCH has graduated from Baldwin Wallace with top notch honors. We are proud to say that Carol ranked tenth high in her class. Carol took part in her roommates wedding party, she wore a light blue taffety and lace dress. Bet she looked yummy//.....

MIKE GOODIEL has experienced several Firsts lately, such as, a trip to the barbershop, restaurant, and the movie Shaggy Dog. A science club adopted Mike and took him to the Cleveland Museum of Natural History. Mike uses the chest-piece very little.

AL KEHOE had been out of Fenn College for the past quarter but started back in June. He will graduate in the June of "60". Lucky Al, has the start of a Hi-Fi Set

ing "univac", she introduced her nurse to a neighbor, the two will be married. Robbi doubts the wisdom of her match-making as she is now without a nurse.....

GAPT. *SALLY RUSSELL***

SAL loves her work on Jr., still wishes that she lived in Cleveland, so she could be of more help/ Says Derby Day was sure HOT (95°). Sal had some polo friends over Derby Day to watch the race, Sallys' horse ran last. JOHN LAMBOUR writes Timmy just turned seven, daughter Cris made her first Holy Communion. Florence busy as usual being her wonderful self. John took a turn at being OFFICE BOSS while his boss was away. Everyone gave him their cooperation and all was well.....

RITA FORD had a radio broadcast from her home called "The Brunch Time" 23 ladies came and they all had so much fun drinking coffee and talking.....

RUTH SHEMA says she likes her job Monitoring but there just isn't enough work. Her latest feat is riding a bike.

GAILLORD SCOTT was contacted by a spy, he just laughed up a storm, his sense of humour is still working.....

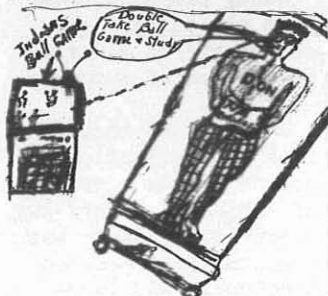
HARVEY FOX attended fish-fry with sons. He has been elated over detouring colds, his prescription is to eat one orange & grapefruit daily.....

CAPT. *MARY JO SANDS***

MARY JO and Jack are busy scheming and dreaming of the new home they will be moving into shortly. Fortunately, they can redecorate and attend to the numerous details a new home dweller is involved in at their leisure.

JANET PAYNE has been attending Sunbeam School and is a first grader. Her family is planning to install a walking bar, then Janet can have her walking practice.....

JACK SHADLEY was not able to accept a phone call as he had gone fishing. We will be interested to hear about the ones that got away/.....



Don has found an attendant who really can handle him and it surely is a big help. The Kollar household is buzzing with plans for Dons' sisters wedding, which is coming up in September.....

CAPT. *MICKIE MCGRAW***

MICK participated in the Ring ceremony at Regina High along with one hundred and fifty other juniors received her class ring. Needless to say this was a very important day in her life. Mrs. McGraw and Sheila accompanied Mick to Mother and Daughter Night and the Choral Concert at school.....



RALPH MACHOVINA reports an address change to 7580 Avon Belden, Elyria, Ohio.....

ROBBI POLLACK has been play-

CAPT. *DONNA MCGWINN***

DONNA MCGWINN received an autographed picture of Senator John Kennedy (she has gone temporarily Democrat) Switched from Classical Music to Jazz for summer. (change for the seasons, keep thinking I'm a "tree") Entered short-story contest.....

PATTY LOGAR received new light weight leg braces. Pat Pat looks forward to seeing her girlscoout pals.....

SANDRA WIPULA is now wearing a neckbrace. She has a new aqua wheelchair, it can recline and has balloon tires. Ummmmmm-----how jazzy/ FRANCIS HUVLER youngsters missed her very much while

she was at the hospital. Success with your book, Fran. **ERIC FREDERICH** is able to walk now. He has been attending school and also at work building an addition on his home. We hope for luck in his job-hunting..... **JANET RUEHLING** has taken an avid interest in "contesting" and has found it rewarding. She won a Max Factor lipstick, compact, and Gay Gibson dress. Has high hopes of winning a T Bird....

CAPT. *RUTH DAVIS***

RUTH is trying hard to keep a few steps ahead of her children. Son David marched in the Memorial Day Parade..

EILEEN KOELLEKER has been newly elected to the executive board of the Garfield Heights P.T.A. as "sunshine chairman".....

THOMAS CRAIG has moved to 18221 Fairville, Cleveland 35, Ohio.....

EVELYN DE RUSH nee **PETERS** has won the beautiful **MRS TITLE** of Massillon, Ohio. Congratulations to both of you newlyweds, may the future hold much happiness...

RICHARD JASKELA says he has been doing less than nothing. No parties, no beer blasts, no weddings, no funerals, no nothing/ ha.....

ANDREW PANIC is working at Geo. Worthington Co except for a few vacations at Toomey. We're glad his ulcer turned out to be a DUD/...

CAPT. *BECKY KRIEGER***

BECKY states that things are as usual at her house birthday parties, measles, and Flu. She would love to hear from her friends.....

SANDRA BRUNN was nominated Huron County's "Miss Polio" of 59. Stricken at the age of two and a half in the Fall of 55. Sandy spent 2 years in the hospital, four months in a lung. She can now walk with braces and is steadily improving..

LOUIS DABNEY tells us the insurance business is picking up a little as he goes along. I am told it takes several years to become established, if their is anything that I have its time.

JERRY HILL hangs his hat up at Andrea Rd., Brunswick, O.

SALLY CARLTON survived a 41 step trip several times a day this past school term, thanks to two willing helpers. Sally has graduated to a low-back chair and can now walk 500 ft. Here is

Sally walking from her back door to the garage...



CAPT. *LOUISE GODEC***

LIZ ARNOLD returned for her first check-up at Toomey since her return home, looking healthy and happy.....

DANNY INNOCENZI has graduated from High School and plans to go on to college. Danny has recently undergone surgery.....

ANNA FISH was back to Toomey for surgery/ So glad Anna is now able to walk abit. Trips to the local beauty shoppe are greatly enjoyed by Anna.....

CAPT. *JEAN LANG***

JEAN is looking forward to a visit with her sister... **ADELE MOCKHEE** and Chuck have been busy beavers redecorating their home. They just recently returned from a Kentucky trip.....

EILEEN SWAYDE has captured all of our hearts, we have all come to treasure her friendship.....

MARILYN MARTINKA has been working with Miss Bova over her future teaching career. Summer job hunting has been number one on her hit parade with driving lessons taking a close second.....

CAPT. *RUTH MECKLER***

BETTY O'LEARY had a nice telephone chat with Becky, they decided they're both glad for the warm weather..

BETTY LEWANDOWSKI is enjoying her new Kitchen. Hubby Bob was to take an advanced math course at Western Reserve.....

JULIE LUDWIG sits up four hours each day at home. Julie and Hubby Gene take many short drives and have been busy planting tomatoes.

BOB FISHER visited Toomey

and informed us of the new center soon to be in full swing much closer to him...

CAPT. *VERN COLBURN***

All of us who knew Mrs. Colburn, wish to express our kind thoughts and sincere sympathy to you, Vern... **SUE WILLIAMS** latest highlight of her life was seeing our dear Gini receive her most deserving Volunteer of the Year Award.....

MARION STIGER enjoys cooking Sunday dinners and plans to redecorate her own bedroom. She would welcome movie star pictures and magazines...

ROBERT RUCK tells us his spare time is taken-up in church activities. He will be directing again this summer for the Ohio Conference of Congregational Christian Churches.....

DON HESTON has been back in Toomey since his wife was hospitalized. We all wish her a quick recovery....

CAPT. *IDA BRINKMAN***

Yours truly reports that Johnny is having fun managing the "little leaguers" and vice versa. Both of us burst our seams with pride when son Dean won two bowling trophies. Thank you all so much for letting me take part in my favorite magazine.

KATHY HARRIGAN has many souvenirs and autographs from wrestlers. Her brother Tom graduated from the eighth grade. Brother Mike is all wrapped up in Jr. Achievements and doing a swell job.

MARGARET MORRIS likes her new home at 14727 Covella, Van Nuys, California. She heartily recommends California for post polios. Ground floor living is so practical and even the public buildings are conveniently ramped.....

MARGARET TWITCHELL has had trouble with her teeth, we surely hope she is much better. Margaret says she's a slow but sure berry-picker. Enjoyed the Farm Club Picnic.

STEWART MILLER was commended by Principal for first grade work. He swims, wrestles and plays with his kittens and polywags.....

ALAN SCHONAUER has a check-up and possible admission to Warm Springs in Aug. Alan has accomplished so many hurdles. Loves his tropical fish and parakeets.....

JOHN BACON looks forward to week-end rides. Dot moved

to Strongsville for new convenience in their lives....

VOLUNTEER & STAFF***

MR.&MRS.PETE THOMPSON were blessed with a bouncing baby girl. Their new bosses' name is Carolyn Bell.....
FLORA SEILSTAD will be leav-

ing us for San Francisco. Our best wishes go with her and how we will miss her...
MRS. GOTTFRIED was stricken with a heart attack. We are all pulling for a quick recovery for her.....
GLORIA MCINTYRE visited her polio friends while doing private duty at Toomey...
MR&MRS.FRITZ DETER (Miss

HOCK)and son visited Mick McGraw. Hubby gained forty pounds since their marriage. Gad, that gal's a cook/...
MARTY GREGOR will be returning to those lucky patients in California. May good fortune smile on you, Marty...
GWENN COCHRAN (Goldstein) taking part in T.V. modeling on the Bill Gordon Show...

Our most rare orchids to: Ida Brinkman for collecting, typing and layout of the Alumni News; to her father and son who did the illustrations; and to Ida's whole household for weeks of cutting and encouraging.

April 10, 1959

Dear Editors and Readers of The Toomeyville Jr. Gazette:



This is a time of mixed emotions for me, as my writing coincides with my imminent departure from Toomeyville. Were it possible to remain here and also be a full-time mother and homemaker, I should be most happy. Such duplication of time and place being impossible I must bid, "Adieu". This is not to say that I shall never return for the slightest excuse will bring me back a visiting, perhaps even for a little work.

I can not express how enjoyable have been my years with the Respirator Center and I shall not try, except to say the patients and staff, whom I have come to know, are wonderful people. Thank you and best wishes to you all and may the Gazette continue to thrive.

Sincerely,
Leticia B. Thompson, R.P.T

RESPIRATORIES! FREE TRADING POST "Yellow" Page Space For Respiratory Polios ("Respos") ONLY. No charge for your ads. Send your swaps and wants and ads to: TJG, Box 149, Chagrin Falls, Ohio, U.S.A. FREE!

CHESSMATES WANTED

Wanted to play by mail. Thos Meath Jr., 84 Rachelle Ave, Stamford, Conn.

FOR SALE

AUTOMATIC PAGE TURNER: never used, Reck type, feather switch, extra tape. Sacrifice. Anita R. Good, 6400-31st Pl, N.W., Washington, D.C.

LAKELAND PAGE TURNER: never used, automatic, Reg. \$170. Best offer over \$125. Ruth Meckler, 24415 Sittingbourne Lane, Cleveland, 21, Ohio

PRESTON PAGE TURNER: used once. Value \$90. Make offer. Will include special bed tray. Mrs. J.E. Menning, 573 High St, Fall River, Mass.

TOY INVENTIONS WANTED

Don's friend who owns a toy factory will develop inventions by respiratories, manufacture, distribute, and pay the royalty to the inventor. Write to Don Heston, 232 E. South St, Bryan, Ohio

WANTED

Used Electric Wheelchair
Mary Ann B. de Hopkins, Matamoros 13, Magdalena, Sonora, Mexico

TRAVEL GUIDES

"Where Turning Wheels Stop", listings of U.S. motels, restaurants, hotels, amusements for wheelchair riders. Only a dime! Paraplegia News, 240 Lee Ave, Stroudsburg, Pa. Bon Voyage!

TRAVEL GUIDES

"Guide to Enjoyment for the Handicapped in New York City" by Sandra Schnur, 2255 Cruger Ave, Bronx, 67, N.Y.

SWAPS

UNWALKED ON SHOES, size 7 1/2 B, swap for same, but different. Reason: boredom. Sally Russell, 6405 Regal Rd, Louisville, 7, Kentucky

books, magazines by and/or about handicapped:

"How to Get More Business by Telephone" by Jack Schwartz, 256 pp, illus. \$5. Box 24491 Village Station, Los Angeles, 24, Calif....We, The Handicapped, Inc. 15327 San Juan, Detroit, 38, Mich. Write for list of books....

RESPIRATORIES' FREE MARKET PLACE "Yellow" Page Space for Respiratory Polios ("Respos") ONLY. No charge for your ads. Send your swaps and wants and ads to: TJG, Box 149, Chagrin Falls, Ohio, U.S.A. **FREE!**

CRAFTS BY HANDICAPPED

Illinois: THE COUNTRY SCHOOL, Route #2, Dundee, Ill.
California: FLOYD BURT, 5928 N. Burton, San Gabriel, Cal. (Both shops run by respos. Send in your crafts for sale)

ELECTRIC APPLIANCE REPAIRS

All small appliances. Dick Anton, 6312 Pleasant Valley Rd., Independence, Ohio

FOODS

TEXAS CITRUS FRUITS: Complete line of fancy and family Texas fruits. Tommy Robertson 1105 Ash St, Mission, Texas. Write for brochure and prices

MAPLE PRODUCTS: syrup, candy, spread. **PAISLEY FARM PRODUCT** Pickles, relish, peppers, etc **RINGNECK PHEASANT:** frozen, oven-ready, year-round. Send for prices. Bud Colburn, R.D. #4, Willoughby, Ohio

FLY TYING

By that expert angler, Jack Shadley, R.D.1, Salem, Ohio

FOOT-CONTROLLED STEERING

Cameron Enns, 13637 S. Madsen Ave, Kingsbury, Calif. Send for prices and testimonials.

GREETING CARDS - NOVELTIES

Indiana: Basil Wiley, 205 Scott St, New Haven, Ind.

Maryland: Chas. F. Theis, 319 Glenburn, Cambridge, Md.

Ohio: Ida Brinkman, 224 East 326th St, Willowick, O

Ohio: Jean Lang, 296 E. 255th, Euclid, O

Ohio: Becky Krieger, 269 College St., Wadsworth, O

Ohio: Marian Stiger, R.D.#1 Nash Rd, Collins, O

HESTON'S BARGAIN SPOT

Big Sale will be announced in this spot next issue. If you can't wait, write to Don at 232 E. South St, Bryan, Ohio.



INCOME TAX - BOOKKEEPING

California: Chas. R. Lyser, 717 Liberty St, El Cerrito
New York: Mrs. Ivan Angel, 210 Gibson St, Bath, N.Y.

INSURANCE

Utah: Ross Eagar, 215 N. 400 West, Cedar City, U. Farmers Insurance Group.

Maryland: Louis R. Dabney, 8534 Edgedale Rd, Baltimore, 4, Md. Fire and Auto.

LEATHERCRAFT

Indiana: Basil Wiley, 205 Scott St, New Haven, Ind.

Texas: Robert B. Breiten Jr, Box 33, Dunlay, Texas

MAGAZINE SUBSCRIPTIONS

(ALL can meet any advertised "special" on any magazine)

Arizona: Lois T. Jenkins, 2540 E. Monterosa, Phoenix

California: John K. Graves, 26348 Ventura Ave, Hayward

California: Alice Mauss, 327-D California St, Arcadia

Indiana: Basil Wiley, 205 Scott St, New Haven

New York: Ira E. Holland, 1422 Manor Court, Merrick

Ohio: Susan Armbricht, 1792 Radnor Rd, Cleveland Hts, 18

NOTEPAPEP, MOUTHSTICK-PAINTED

Mary Lou Spiess, 977 Litchfield Ave, Sebastopol, Calif.

Irene Ridgeway, 8415 Luxor St Downey, Calif.

PARTY SUPPLIES

OHIO PARTY SHOP managed by Blaine Hart, Fairview Rd, R.D. #3, Salem, Ohio can supply anything needed for any party Write for catalog.

PRINTING

KOLLAR'S PRINTING SERVICE: Don Kollar can handle all your printing. 336 Halle Dr, Euclid, 32, Ohio. AN 1-0733

RADIO & PHONOGRAPH REPAIR

If you bring it to me, I'll fix it. Rudy Sokach, 16512 Invermere Rd, Cleveland Hts, Ohio. WA 1-7170

MICRO-SWITCH REMOTE CONTROL

"Switch-O-Matic" invented by Herbert S. Merrill, Down-East Lane, Scarborough, Maine. Micro-switch controls appliances, including rocking bed. Write for details. \$99.50

SPECIALTY AIDS

Dr. Duncan A. Holbert (respiratory post-polio) and Mr. Fleming, RPT have mail order supplies of wheelchairs, lifts, intercoms, cushions, etc., and have machine shop to fabricate your specialty. Free catalog. 439 Locust St, Santa Cruz, California

TAX STAMPS (OHIO ONLY)

Send to: Bob Arnold, 68 West St. Akron, Ohio

TERRY CLOTH SLIPPERS

Elastic tops, soft soles, all colors. \$1.50 adults. \$1 children. Janet Ruehling, 900 Bryce Rd, Kent, Ohio

WATCH & JEWELRY REPAIRS

Dick Hasenflue, Box 94, Birmingham, Ohio

MISCELLANEOUS SPECIALTIES

TOMMY SEXTON: Magazines, greeting cards, insurance, printing. 1723 Evansdale, Toledo, 7, Ohio

TOM ROGERS PRODUCTS: Write for brochures: 1001 - 25th Ave Ct, Moline, Illinois **Chrome-Plated Closet Rod**, from \$3.50 for a 3' up. **Birthday Board** \$9.50

CHARLES E. RYAN: 6085 Grosvenor Rd, Sand Lake, Mich. **Electric Eraser**, \$4.95 **Cyclo-Massage Unit** for car, plugs into lighter, special price \$59.00. Send for ads.

S*E*N*D I*N Y*O*U*R A*D*S

TJG
Box 149
Chagrin Falls, Ohio, USA

Respirator Care & Rehab. Center
Cleve. Metrop. General Hospital
3395 Scranton Rd. Cleveland, O.

Address Replies and
Undeliverables

To:

T.J.G.
Box 149
Chagrin Falls, Ohio
U.S.A.

Return Postage
Guaranteed

PRINTED MATTER

Form 3547 Requested

TO



SPONSORS of this issue:

At the moment, T.J.G. is not backed or supported by any grant, foundation or fund. It is solely through the generosity of individuals such as these that this magazine is distributed to respiratory polios.

Arizona

Mr and Mrs Dean B. Service, Phoenix

California

Katherine Alcorn, Merced
Patrick E. Carey, Hawthorne
Mildred Cooke, Covina
Mrs. Carol DeVaney, Fresno
Cameron Enns, Kingsbury
Mrs. Carolyn Hanson, Redondo Beach
Marian McGendless, Redondo Beach
Muriel Rosenberg, Los Angeles
Mrs. Miriam Rudulph, Los Angeles
Mr and Mrs Richard Schaeffer, Chino
Mrs. Carlton L. Shmcock, Arcadia
Jerome Sills, Hayward
Mrs. Ethel Sutherland, Lynwood

Colorado

Mrs. May Hoover Clack, Westminster
Lois Mae Yost, Sterling

Connecticut

Dr. Burton H. Fern, Stratford
Wille T. Schuster, Mystic

District of Columbia

Mrs. Roger C. Good, Washington

Florida

Leslie B. Rosenblatt, Tampa

Indiana

Capt. Walter G. Ehrman, Fort Wayne

Iowa

Howard Tupker, Des Moines

Kentucky

Mrs. Grace Gotthrath, Louisville
Mrs. John O'Bryan, Louisville
Mrs. Sally Russell, Louisville

Louisiana

Steele Burden
Roy E. Flowers, Pineville

Maryland

Eleanor Billmire, Baltimore
Robert P. Fisher, Towson
Mrs. Margaret Stoner, Kensington

Michigan

Mrs. John Augenstein, Detroit

Missouri

Mr. W. C. Ayer, St. Louis
Lemar M. Kishlar, Webster Groves

New Jersey

Mrs. F. E. Anderson, Morris Plains

New York

Mrs. Charles W. Bast, Long Island

Dr and Mrs Paul Essert, New York City
Winifred Fisher, New York City
Stephen M. Jones, New Hartford
H. Marshall Lydamore, Westport
Dr and Mrs Francis Shoemaker, N.Y. City

Ohio

Anonymous, Pepper Pike
Manfred O. Aws Jr, Columbus
Gale Bard, Solon
Arlene F. Bovee, Parma
Clyde T. Foster, Lakewood
Benjamin S. Gerson, Shaker Heights
Margaret Nicola Hurley, Cleveland
Bob Rigenbach, Twinsburg
Charles Michael Zenko, Youngstown

Ohio, Chagrin Falls

Junius Eddy
J. O. Hillshaffer
J. S. Laurie
Mrs. Thomas Mullen
Mrs. Graham Russell
Mrs. Betty Smith
Dr. Willard C. Stoner Jr
Mrs. John Townsend
Kristie Williams

Oklahoma

Bobbie Slatten, Elk City

Oregon

George Gates, Grants Pass

Pennsylvania

Berle Karlip, Lancaster
Mr and Mrs W. H. McCullough, Pittsburgh

South Dakota

Mrs. Milford B. Mott, Sioux Falls

Tennessee

Miriam Moore, Nashville
Mrs. Mary Lou Pendley, Old Hickory

Texas

Vinnie E. Goss, Corpus Christi

West Virginia

Tommy Davis, Hamlin

Wisconsin

Eugene Rulff, Madison

Wyoming

Edward D. Dunkeson, Torrington

CANADA

Joel Berg, Montreal, P.Q.
M. A. Brown, Winnipeg, Manitoba
Clifford McIntosh, Peterborough, Ont.

NEXT ISSUE SPECIAL: PROFESSIONS : WRITE AND TELL OF THE WORK YOU ARE DOING OR PLANNING—
DOCTOR? LAWYER? MERCHANT? THIEF?
T.J.G. is FREE TO ALL RESPIRATORY POLIOS! SEND IN YOUR NAME!